

Chiswick Herald

Rupa Huq MP
Speaks out on Sexual
Harrasment

**Ealing Mental Health
Centre**
Reopens

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Chiswick Police Station To Close

- ▶ Station will close on December 17
- ▶ Building will be sold on
- ▶ ‘Will create investment’ in Police

Chiswick Police station is to close in plans outlined by London Mayor Sadiq Khan. This week it was confirmed that in total, more than half of London’s 73 remaining police front counters are to close. Under the controversial new plans, 37 police stations face imminent closure. This means only one 24-hour police station will be open to the public

in every borough across London. Many of the buildings may be sold on for regeneration in a bid to raise significant capital for City Hall. One Chiswick resident said, ‘It’s ridiculous. Shutting Police stations in a city where we live with the constant threat of terrorism and on-going street crime will only see peo-

ple’s confidence in the Mayor deteriorate.’ Mr Khan confirmed police will continue to patrol in so called “crime hotspots” adding that they will do so to get to the scene of an emergency quickly. There will also be an introduction of dedicated neighbourhood police teams who will have the aim of working

Chiswick Police Station Will Close Under Controversial New Plans



Chiswick Police Station on the High Road

closely with the community in every borough. Plans to restructure policing in London will save £8million, the equivalent of the cost of 140 police constables. Mr Khan said: “Keeping Londoners safe is my number-one priority, and supporting officers out on the beat in our com-

munities is more important than keeping open buildings that are simply not used by the vast majority of the public, and where just eight per cent of crimes are reported. “Nevertheless, I understand and share some of the very legitimate concerns of Londoners about these closures.

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Sky Supports CS9 Plans

Sky plc, Europe's leading entertainment company and major employer in West London, is backing the CS9 cycle route plans.

Bella Vuillermoz, Director of Sky's Property Service Group, said, "Like many organisations in London a growing number of Sky's employees cycle to work, but an even larger proportion of our employees would cycle to work if they felt comfortable and safe on the roads."

"Sky has a long and passionate history with cycling, we have a professional cycling team and our partnership with British Cycling resulted in over 1.7 million more people now cycling regularly compared to 2008."

"We harness our passion through to our colleagues by providing excellent facilities to make it easier to cycle to work; free cycle servicing and discounted parts from our onsite cycle shop, showers, drying rooms, lockers, cycle parking and a Cycle to Work initiative with over 1,000 participants."

"However, we recognise that safe cycle routes are vital to increase the take up of cycling



CS9 Will Run Through Chiswick High Road

as a commuting option in outer London.

"In light of this, Sky welcomes TfL's CS9 proposals; as a cycle superhighway connecting Hounslow to central London, it will provide a continuous connection for more of our staff and visitors. In addition to the current plans, we

would also like to see the original plan of extending the route to Hyde Park in the east, and Heathrow Airport in the west developed and progressed."

Poppies In Bloom As Borough Gets Set To Remember



Giant poppies are adorning streets throughout Hounslow as the borough gets set to mark this year's Armistice Day and Remembrance Sunday. Councillor Sue Sampson, Mayor of Hounslow, saw a fundraising campaign by Feltham resident Mike Foston who with the local community, was looking to raise £3,000 to purchase 1,000 poppies. With less than three weeks to go before Remembrance Sunday, he had raised just over £600.

Impressed by this initiative and wanting to put the poppies up across the whole borough, the Mayor spoke to Hounslow Highways which agreed to sponsor the poppies at a cost of £4,500, creating a special "poppy path" linking all war memorials in the borough.

A sum of £250 was also donated by Tesco, Dukes Green, Feltham. The Mayor also worked in partnership with Andre McGill, Chairman of the Hounslow branch of the Royal British Legion, to co-ordinate volunteers to put up the rest of the poppies in the borough. The aim is for the poppies to be a visual reminder of the sacrifices made by men and women from past and present conflicts.

Councillor Sampson said: "We wanted to make sure that the appreciation of the people of Hounslow to those who gave their lives for us, is marked in this way."

"It has truly been a great example of the community spirit we have in this borough. Everyone has been passionate about getting the poppies up

in our high streets for all to see and we made it happen by working together.

"As we get closer to the annual services held every November to remember the brave men and women of our armed forces, it is wonderful to see the poppies as a vibrant reminder of the ultimate sacrifices they made."

Pictured above: L-R Andre McGill, Royal British Legion Hounslow branch chairman and poppy organiser, Mohammad Saj, Lead Fresh Manager, Tesco Dukes Green, Michelle Dent, Borough Chairman for Hounslow, Tesco Dukes Green, Councillor Sue Sampson, Mayor of Hounslow, Martin Clack, Divisional Director, Hounslow Highways and Mike Foston, Feltham Community.

Charity For Visually Impaired Backs CS9 Cycle Route Plans

In a response to the Transport for London CS9 consultation, Martin Greaves, Senior Operations Manager for Middlesex Association for the blind stated:

"One service that we are actively looking to be able to provide is the opportunity for visually impaired people to cycle. This is through the use of two seater tricycles which take a sighted guide seated alongside a visually impaired rider. This provides a much needed opportunity for the visually impaired to participate in cycling and to exercise.

Safer roads to cycle on will provide us with greater opportunities to take the trike clubs to different regions thus allowing us to operate more clubs. In addition, this will provide our members with opportunities to cycle at different venues rather than being limited to a single venue.



Proposed CS9 map

the CS9 route will thus help us to expand upon these possibilities. They will also make

London a more attractive city in which to build and run our services."

The protected cycle lanes of

Ruth Cadbury Fighting For Local Schools

MPs Ruth Cadbury and Seema Malhotra put pressure on the Education Minister, demanding more for schools.

In a meeting with councillors, head teachers and parents, the MPs questioned Education Minister Nick Gibb over real-terms cuts to school budgets. Teachers and parents strongly criticised the cuts, which are affecting schools in the constituencies of Brentford and Isleworth and Feltham and Heston.

Ruth Cadbury said "These totally unacceptable real-terms cuts are clearly damaging schools and harming our children's opportunities. My constituents are reporting increased class sizes, cuts to the curriculum and staff not being replaced. It's unfair to expect our schools and teachers to maintain our very high standards of education with an ever-decreasing budget. The discredited austerity philosophy of this government is failing to provide adequate funding for our children's education."

The Head-teachers, Council-

ors, MPs and Parent asked Nick Gibb for:

- * Increase flexibility of the schools funding formula so that school funding accounts for cost-pressures such as inflation, N.I. contributions, pensions and the apprenticeship levy to prevent real-term cuts.

- Allow greater flexibility for Local authorities to address budget shortfalls.
- More budgetary forewarning for financial planning, especially regarding real term cuts to allow time for adjustment.

- Advanced warning of any Teacher pay increases and additionally funding to provide these rises, which London teachers desperately need as most can't afford to live in London and are leaving the constituency.

- Greater influence on the creation and location of new free schools locally so that any free schools can collaboratively grow in the area so as to not exacerbate issues with places and funding.



Ruth Cadbury Labour MP for Brentford and Isleworth

Chiswick Police Station To Close

Continued from front page...

That is why we held the widest possible consultation with public meetings in every London borough and we have listened very carefully to the feedback."

The front counter at Chiswick Police Station will close in Dec 2017. Eventually the building will be sold, saving £380k+ per year.

Hounslow Police Borough Commander, Chief Superintendent Raj Kohli said, "From the recent area forums and the public meeting that were held to discuss public access to the police on Hounslow Borough concerns were raised about an increased level of crime and disorder in the general area. It was also suggested that if the police station was closed then crime would increase.

"I have listened to your concerns and I hope, the following will provide some re-assurance. As ever can I thank you for the service you



Chiswick Police Station Will Close Under Controversial New Plans

provide to the people of Chiswick, as well as being my eyes and ears for your part of the Borough. Your enthusiasm and energy is second-to-none" The Met says Making these changes in Hounslow Borough will save more than £300k per year – equivalent to the cost of more than five police constables.

Cressida Dick, Commissioner of the Metropolitan Police, added: "The most effective place for our officers to be is out on the streets. Be that on patrol responding to the public, proactively out tackling crime on operations or in their communities forging stronger, better links gaining vital local information".

The Chiswick Herald

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Porpoise Spotted In The Thames



On Sunday, several Londoners filmed what they thought was a dolphin, swimming in the River Thames in West London.

According to experts, however, the creature was likely to be a porpoise and it is now being tracked by the RSPCA. The creature was seen in Put-

ney, Kew, Chiswick and Richmond.

Fuller's Launches Vintage Ale 2017

Chiswick based brewer Fuller's has released its 2017 edition of Vintage Ale, the annual limited-edition brew made using this year's cream of the crop when it comes to ingredients.

All bottles are individually numbered and will be available from Fuller's Brewery Shop in Chiswick, online at fullers.co.uk.

The 2017 Vintage Ale (8.5%ABV), is the 21st edition in the range and has been created by Fuller's recently promoted Head Brewer, Georgina Young. In the spirit of all things new, this brew uses a malt and hop combination never seen before in a Fuller's beer. Pouring a deep amber colour, Vintage Ale 2017 opens with distinctive citrus aromas from the Denali hop, an experimental American hop variety. It has been used both late in the boil and for dry-hopping, dovetailing the classic British hop varieties Target and Goldings. This brew also includes a new



malting barley – a British variety called Laureate. New malt varieties do not come along very often, so it seemed fitting to use this one alongside a new American hop for this year's Vintage Ale. Fuller's Head Brewer George Young said: "I am honoured and privileged to be able to put my signature on this year's Vintage Ale and carry on its legacy. "As with every Vintage Ale, I

am extremely excited to see how these new ingredients work together as the flavours of this bottle conditioned beer develop over time. Bottle conditioning means that a little yeast is left in the bottle, which will mature slowly over the years like a fine wine or whisky – well beyond the 'best before' date that we are obliged to state."

Contract With Carillion: Management Of Parks



Beaversfield Park in Hounslow

Hounslow Council and Carillion have announced that agreement has been reached for management of parks in the west London borough to be handed back to the Council.

Subject to a Cabinet decision later this month, the service

will be delivered by wholly-owned Council company Lampton 360, from April 2018.

Councillor Samia Chaudhary, Cabinet Member for Green Policy and Leisure, Hounslow Council, said: "We believe that by bringing this service

back in-house, we can integrate it with wider leisure and cultural services, improve what is a service valued by residents and save money."

Management of library services in Hounslow transferred back to the Council from Carillion in August 2017.

Rupa Huq Speaks Out Being Sexually Harrased

Labour MP for Ealing Central Rupa Huq has spoken out about her experience of sexual harassment by a male MEP when she was in her 20s.

As the topic of sexual harassment in Westminster continues to heighten in importance, Rupa told news sources that the attack happened when she was a post-graduate student in the 1990s.

Rupa said the MEP's "wandering hands found their way onto me, which I did not like and I did not do anything about because it was such an imbalanced power relation". Rupa added, "It shocked me when I felt these hands slithering towards me and I think I was quite startled more than anything else, and I can't believe I'm the only person he did that to, to be honest."



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Chiswick Resident Receives Award From PM

Chiswick resident Alison Hitchcock has received the Prime Minister's Point of Light Award for her work with the charity From Me to You.

Alison wrote more than 100 letters to Brian Greenley, who had been diagnosed with Stage 4 cancer, changing both of their lives and creating the From Me to You campaign. The campaign aims to encourage people to write letters to friends and family who are suffering from cancer as a way to keep a connection at the time when people feel most disconnected. The campaign, now extended to allow people to write anonymous letters to cancer patients in hospitals, led to Alison being honoured with a Point of Light award by the Prime Minister.

At From Me to You, they run letter writing workshops,

and campaign for people to rediscover the art of letter writing, specifically to cancer sufferers. Their website hosts writing tips and inspiring stories from letter writers and receivers.

Despite Alison and Brian only being acquaintances when they first started correspondence, the two of them are now best friends who acknowledge that the letters changed their lives. Brian is 4 years clear of stage 4 bowel cancer and writing a health and wellbeing blog for men over 50. Alison, on the other hand developed her writing skills and completed an MA in Creative Writing, going on to publish several short stories and write a novel.

In September 2016, Brian and Alison were recorded talking

about the letters for Radio 4's The Listening Project which was chosen for broadcast on Christmas Day. Inspired by the enthusiasm of the production staff at the recording, they have now set up From Me to You which has already become a full-time project for the pair.

"People are shy and often embarrassed about writing letters to someone with cancer," says Alison. "We aim to show them not only the huge difference that receiving a letter can make to the patient but also how to overcome the fear of not knowing what to say. People come out of our workshops with a completely new way of approaching the issue."

Shopkeeper Fined For Flytipping In Ravenscourt Avenue

A Hammersmith shopkeeper has been fined £500 for fly-tipping in Ravenscourt Avenue, following an investigation by Hammersmith & Fulham Council.

Ali Ashrafy, owner of Saffron Supermarket in King Street (trading as 'Saffron Supermarket'), admitted depositing controlled waste on the public highway when he appeared at Westminster Magistrates' Court on 4 October.

He was also ordered to pay £1,135 costs and a £50 surcharge.

"We won't tolerate dumping of rubbish on our streets," said Cllr Wesley Harcourt, H&F Cabinet Member for Environment, Transport and Residents' Services.

"We will do all we can to keep our streets tidy and to help us become the greenest borough in the country.

"We want local businesses to thrive, but that can't come at the cost of local residents.



Ali Ashrafy Dumped Rubbish In Ravenscourt Avenue

This shopkeeper now has a hefty fine to pay, which could have been avoided."

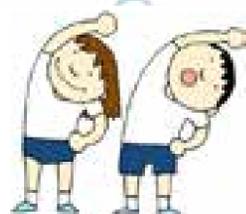
The court was told that H&F Council's environmental enforcement officers were doing routine inspections in Ravenscourt Avenue on 5 and 6 January this year, when they spotted bags of dumped waste.

The bags contained food waste, boxes and plastic and cardboard packaging, which

was believed to have built up due to Christmas trade. The court was shown photos of the messy scene, with bags strewn along the pavement and the shop's bin overflowing. Convicting Mr Ashrafy, District Judge Blake, gave a reduced fine for his early guilty plea. He was ordered to pay the full fine and costs in monthly £200 instalments.

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Chiswick Churches For Justice And Peace Raise £300

Chiswick Churches for Justice and Peace raise £300 for Quaker Peace Charity - Chiswick Churches for Justice and Peace (CCJP) held a public meeting on 17th October as 4th in its "Peace in War" series on the centenary of the Great War. This year's theme was 'Hope for Peace in an Insecure World'.

As in the previous year, CCJP were fortunate that Torin Douglas chaired the event, which was held at Christ Church, Turnham Green. The event was opened by Simon Rodway, the Chair of CCJP and a prayer was said by the Curate, Revd. Denis Adide.

The event marked the death of Cardinal Cormac Murphy O'Connor who was to have spoken along with journalist and broadcaster, Peter Osborne and Celia McKeon, the coordinator of the Ammerdown Group which last year published a discussion paper, Rethinking Security. The talks by Peter and Celia, were complemented by readings from the Cardinal's memoirs and the 2017 New Year Peace Message of Pope Francis. Over £300 was raised in the retiring collection for the Quaker Social Peace and Witness programme, one of the supporters of the Ammerdown Group.

Just back from a week-long visit to Israel and the West Bank, Peter Osborne spoke of the centenary of the Balfour Declaration with Palestinians not being consulted just as the civil rights within the declaration are still not provided.

One hundred years ago the Great War was about a num-



Peter Osborne, Celia McKeon and Rev'd Denis Adide

ber of empires with their own imperial ambitions who mobilised enormous armies. Today, we have nation states and tribes of groups of people and modern day war is often between modernity and tribalism. This often leads to clashes between modern nation states and external 'sponsors' such as the Saudis and the US which is perhaps a kind of empire. In many cases a form of ethnic cleaning was taking place, and stateless people were being subject to hate campaigns.

This was followed by Celia McKeon who is the coordinator of the Ammerdown Group which published the discussion paper "Rethinking Security" in May 2016. Examining the popular views of the meaning of "security" and "peace" she spoke of nations such as the UK, when facing today's complex security threats tend to respond by exerting control. This often means prioritising national security over security of peoples in other parts of the world. She spoke of the three dimensions of a fresh strategy being: investing in the conditions of security, addressing systematic drivers of insecurity and

building of equitable relationships based on justice and mutuality. There followed the readings. These included extracts from Cardinal Cormac Murphy O'Connor's memoirs reflecting his non-violent message and the comment "There will be no peace in our world without justice" alongside moving statements by Pope Francis in his 2017 New Year Message, "Nonviolence: a style of politics for peace" were powerfully read by actors, Clare Byam-Shaw and Ewan Stewart.

Then a lively discussion was held with questions from the audience. The speakers and Denis Adide gave fascinating views on a number of related topics.

After this, Ruth Cadbury, the local MP gave her personal reflections on the evening's talks.

Finally, the Chair of CCJP thanked all those involved in helping to make the evening a most stimulating and worthwhile one and in particular the Secretary. He added that this was the 14th year that CCJP had addressed many crucial issues and then ended with a prayer.

Donate Winter Woollies At Chiswick Barnardo's

West London residents are urged to have a pre-Christmas sort-out and donate their pre-loved winter woollies to the Barnardo's store in Chiswick.

Stocks of winter clothes, such as jumpers and coats, are flying off the rails at the shop in Turnham Green Terrace. As the weather turns colder, the children's charity desperately needs more adults' and kids' winter clothing as well as unused and pre-loved quality toys in a bid to meet the demand.

Shoppers not only have the chance to buy quality items at bargain prices but are also doing their bit to help London's vulnerable children and young people. All money raised in the shops is ploughed back into Barnardo's services supporting vulnerable children, young people and families across the capital, including those who are sexually exploited, who are at risk of homelessness or who are leaving care.

Leanne Rich, manager of the Chiswick Barnardo's store,

said: "We really need people to look in their wardrobes and dig out any good quality coats, jumpers, and winter warmers that they haven't worn for a while and bring them down to us in Turnham Green Terrace. We'd also welcome any accessories, toys, books and bric-a-brac.

"The money raised from the sale of these items fund our work with disadvantaged children and young people in London, and local families

will have the opportunity to buy vital warm clothes and presents at an affordable price. It also helps clear out much-needed space around the house in time for Christmas."

Barnardo's Chiswick store is at 72 Turnham Green Terrace, London W4 1QF. It is open 10am to 6pm Monday to Friday, and 10am to 4pm on Sundays.



Brian Eno Art In Hammersmith Hospital

If you need a pick-me-up when you next visit Hammersmith Hospital just look around you.

Four unusual and stimulating works of art by former Roxy Music member and David Bowie collaborator Brian Eno now brighten up otherwise blank walls.

The abstract works, which show the influence of expressionist Mark Rothko, are on display in the imaging department of the hospital in Du Cane Road, White City.

In total, 2,000 works of art by different artists are scattered across healthcare sites in London; the aim being to create a more welcoming, comfortable environment for visitors and patients.

Brian Eno, who studied art before making music his primary career - releasing 25 albums of his own, and producing 43 others for the likes of U2 and Coldplay - explores light in the four Hammersmith Hospital works, with the colours altering as you move in front of them.

The hospital is in good company as an exhibition space. The 69-year-old Eno has re-

cently had works displayed in New York's New Museum of Contemporary Art and the Pompidou Centre in Paris.

Lucy Zacaria, who organises the collection, said: "These striking prints are a fantastic addition and have a tremendous impact on patients and staff, creating a calming and welcoming environment." She thanked gallery owner Paul Stolper for donating one of the prints.

The artwork forms the only hospital-based collection in the country given museum status by Arts Council England.

The collection includes art by David Mach, Henry Moore, Julian Opie, Chris Orr, Bridget Riley and Clare Woods.

A 2014 survey carried out found that 69 per cent of patients credited the art collection with making them feel more relaxed in hospital. Works also hang on the walls of Charing Cross, Queen Charlotte's & Chelsea, St Mary's and the Western Eye hospitals.



Sainsbury's Essex Place In Chiswick

Proposed Safe Areas For Acton

Ealing Council is seeking the views of residents after proposing to install alley gates in a number of footpaths across Acton to clean up the area.

The proposed gates will be used in certain footpaths linked to Valetta Road, Davis Road, Dordrecht Road, Warple Way and Jeddo Road in Acton. (See image).

The Public Space Protection Order (PSPO) is different to the existing order in the borough, as this one is seeking to restrict public rights of way in an attempt to prevent an "easy escape" in a long-term approach by installing alley gates, rather than specifically giving powers to the police and council enforcement officers.

Key driving forces behind certain crimes and types of anti-social behaviour in this area of Acton have been identified in research carried out by council. It has highlighted fly tipping, loitering, drug use and theft are the most



Proposed Alley Gates In Acton As Part Of The Public Spaces Protection Order.

common criminal behaviours which the installation of gates will aim to minimise if not prevent. Council has had pre consultation with The Police, Ward Councillors, residents and lo-

cal businesses who are all in strong support of the PSPO. Read the full story and see the suggested PSPO alleys on ealingnewsextra.co.uk/features/acton-safe-areas.



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#Game4Grenfell Fundraising Figure Confirmed

#Game4Grenfell, the community fundraising event held at Loftus Road on September 2nd in support of all those affected by the tragic Grenfell Tower fire, proved to be a glowing success – with the latest fundraising figure standing at a remarkable £454,124.67.

On a memorable day in West London, a near sell-out crowd witnessed #TeamFerdinand prevail 5-3 on penalties against #TeamShearer, with Olly Murs scoring the decisive spot-kick, after the game finished 2-2 in 90 minutes.

And in further good news, RBKC (the Royal Borough of Kensington & Chelsea) have agreed to match the latest fundraising figure, taking the total to in excess of £908,000. Funds raised from the game will be distributed to survivors through the London Community Foundation and the Evening Standard Dispossessed Fund, and towards community projects.

QPR Co-Chairman Tony Fernandes, who alongside Direc-



tor of Football Les Ferdinand and Columbia Records' Ferdy Unger-Hamilton came up with the idea of a #Game4Grenfell, told www.qpr.co.uk: "I am so proud of everyone involved.

"I've seen a lot in my time, but the way West London and the wider community united for a #Game4Grenfell will remain with me forever.

"The day itself is one I will never forget, and the fact we've managed to raise so much money, which will not only help the survivors but the wider community in general, makes it even more special."

Ferdinand added: "A #Game4Grenfell will live long in the memories of everyone, not only those who came along to Loftus Road to watch the match, but also those who viewed the game live on their TV screens.

"To see so many survivors in the crowd made it a day to remember for everyone.

"As someone who grew up in the area affected by the fire,

it didn't surprise me in the slightest to see that special West London community spirit come to the fore, because I know that's what West Londoners are all about.

"It showed that people care – and showed that we as a football club care."

Marcus Mumford – lead singer of Mumford & Sons – who was a driving force behind a #Game4Grenfell and played an active role in the free summer football programme for the residents of Grenfell, said: "Our focus now is on creating a legacy – a legacy for Gren-

fell and the wider community. "The money that has been raised for wider community projects will be key in driving this forward."

Cllr Elizabeth Campbell, leader of the Royal Borough of Kensington and Chelsea, added: "I attended the match myself and the organisers of #Game4Grenfell did an incredible job.

"My personal thanks go to all those people who donated to this vital fund."

British Airways Helps Brentford Man On First Flight Since Injury

British Airways stepped in to help customer, Joe Dowd on a milestone journey from Heathrow to Dublin this month. Though not a long journey, it was a very important one for 47 year-old Brentford based Joe as it was his first flight since he suffered a life-changing brain injury in 2014, which left him with significant physical and cognitive challenges.



Joe Dowd Suffered A Life-Changing Brain Injury In 2014

His wife, Liz, got in touch with the airline to tell them Joe's story and to ask for support with his first flight. Liz explained that her husband had previously worked in banking and regularly travelled the world, but his condition had left him unable to fly. After a long period of intense rehabilitation Joe defied medicals and learnt to walk again, but one of his big goals had been to fly. Joe worked hard to become strong enough to trial flying again and the couple planned a short flight to Dublin, to visit extended family in Ireland.

After receiving a heartfelt let-

ter, British Airways stepped in to make the journey as memorable as possible for the deserving pair, with a few surprises along the way. A behind-the-scenes video captured the journey.

Surprised by a British Airways ambassador at their home in Brentford, Joe and Liz were whisked off to Heathrow in a Rolls Royce Phantom and surprised with a montage of well-wishes from his family and friends who are supporting them as Joe rebuilds his life. As Joe had explained that when he was young his dream was to be a pilot, he was met

by Captain Ben Collins for a tour of the flight deck, before being invited for a day at British Airways flight simulator with his sporting hero, Chris Froome.

Joe and Liz had previously lived in Australia, with Joe's ultimate goal being to fly back to visit one day. On landing at Dublin the couple were surprised by the airline with a pair of complimentary Club World (business class) tickets to Sydney as an incentive for him to step from one of British Airways nearest destinations to the furthest.

Joe said "It's been an amaz-

ing experience from start to finish. From being met by the British Airways ambassador to meeting Captain Ben and then surprising us with the Australia tickets, it was a day I'll never forget!"

Liz said "When I wrote to British Airways telling them Joe's story, I never imagined they would help make the journey so special. It was such an incredible and emotional milestone, Joe's specialist team feel that he has returned even stronger. The whole experience was truly memorable and magical."

Carolina Martinoli, British Airways director of brand and customer experience, said: "When Liz wrote to us and told us about Joe's bravery, we wanted to do everything we could to make sure he had an enjoyable and seamless journey. Our ambassadors, ground staff, cabin crew and pilots worked hard to make sure it was a trip Joe and Liz would never forget. They are a truly inspirational and deserving couple."

Missing Ealing Teen



Jasleenjitt Banwait

Police are appealing for help to find a teenage girl who is missing from Southall. Jasleenjitt Banwait, 15, was last seen at 17:30hrs on Saturday, 28 October.

Jasleenjitt is of Indian heritage. She is described as 5ft 9ins tall, of slim build, with dark brown hair - with a hint of burgundy - and brown eyes.

When last seen, she was wearing a black jumper, blue jeans and knee-length black boots. She was also carrying a cream cotton bag.

Jasleenjitt's family and officers are growing increasingly concerned for her welfare. Anyone who has seen her is asked to contact officers at Ealing via 101 or @MetCC

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Chiswick School Head Speaks On Ofsted Result

Chiswick School's new headmaster has spoken out on the recent results of their Ofsted report.

Headmaster Philip Masterson said "I'm overall disappointed for the school and stakeholders but very pleased with the comments the report made around effective new leadership as one of our key

strengths moving forward." "It is unfortunate that they came on the 3rd of October, only a month into the school year; this was not enough time for myself and the senior leadership team to provide evidence of the great work we're doing!"

"We are posed for imminent impact and achievement, but

I feel like not enough was done between the last report in 2015 and this one. We achieved a lot in the months leading up to this inspection, but unfortunately this wasn't enough."

"However, we are moving straight on to dealing with this and making positive change. It's a fantastic

school, and since I started here I have had such a positive time."

Chiswick School has this year had a new senior leadership team and 25 new teachers, so Masterson believes that there's no reason they can't move on upwards from the disappointing inspection result.

"I've been getting to know the school and I know it can be an outstanding school over the next three to five years, and certainly a good school in two years."

"It is a truly comprehensive school and there's no reason we can't go from strength to strength. This is a fantastic opportunity to turn this school into a great place. Everything that we do to improve the school we will do because we believe it has an impact in every lesson, and every classroom."

Chiswick School's New Headmaster Philip Masterson



Last Chance To Have Say On Heathrow Expansion Plans

Hounslow residents have until Tuesday 19 December to put forward their views to new evidence in the government's revised draft Airports National Policy Statement.

The new consultation for the public includes information on long-term aviation forecasts and the new government national air quality plan. Chiswick Residents can have their say by visiting revised draft airports National Policy Statement.

Councillor Steve Curran, Leader of Hounslow Council, said: "Our position on Heathrow Airport remains, as it has always been, that we'd like to see a better not bigger airport. "The government's recommended expansion at Heathrow will have a huge impact on the residents and businesses of Hounslow. The Council



Residents Are Being Encouraged To Comment On Expansion Plans

wants to ensure that issues of noise, pollution and additional congestion are properly addressed.

"This Department of Transport consultation is an important step towards a final decision and I strongly urge all Hounslow residents and

businesses to make sure they have their say online.

"Have a look at all the information and put your views across. The consultation is open to everyone and we want to ensure voices from our borough are heard."

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The London Awards for Excellence

Theatre Pops Up... In A Hammersmith Front Room

The latest theatrical production in Hammersmith is a compact, intimate show, staged in somebody's front room!

The precise location of the play, an absurdist comedy based on Czech playwright Vaclav Havel's Vanek Trilogy, will only be revealed to ticket holders 24 hours in advance.

As only 20 tickets have been issued for the show on Saturday 25 November, it has instantly sold out... but its popularity suggests there's future demand for similar productions.

The concept revives the 'living room tradition' of Czech drama, adopted when actors were denied public performance space by the authorities during communist rule, and had to mount clandestine shows in private homes.

Hammersmith & Fulham Council aim to make the borough one of the leading places in the country for the arts as outlined in its new Arts Strategy.

"This is an unusual type of theatre, with the audience



Playwright Vaclav Havel's Vanek Trilogy Revives The 'Living Room Tradition' Of Czech Drama

squeezing on to sofas, chairs and floor cushions in someone's home," said Cllr Andrew Jones, H&F Cabinet Member for Economic Development and Regeneration.

"It's wonderful that it is taking place in Hammersmith as we want to make the borough the best place to work, live and socialise in the UK. And this play is not only fun and highly original, but it's a tribute to the writers and actors who helped achieve freedom."

Decisions by the select audience (fortified by chilled Czech beer) will steer the drama's direction in an interactive show organised through the Czech Republic's embassy in Kensington Palace Gardens. Performed by the Oneohone

Theatre Company, and directed by Asia Osborne, it features Matthew Hawes, Charlie Mulliner, Lindsay Dukes and Eleanor Rushton.

Havel wrote three thinly veiled autobiographical plays between 1975 and 1978 centred on a character called Ferdinand Vanek, a dissident playwright who is forced to work in a brewery, where he is spied on by the owner.

The playwright served four years in prison for campaigning for human rights in Czechoslovakia, then became the Czech Republic's first president. He died in 2011 at the age of 75.

"One could never find sense in life without first experiencing its absurdity," Havel once declared.

Bedford Park Society Talk

What does the future hold for London's historic environment and for suburbs like Bedford Park?

Emily Gee, London Planning Director for Historic England, will talk about the prospects for the conservation of key areas of London and Bedford Park in particular.

She will discuss the work of Historic England, including current priorities and pressures in the capital, and how we can all work together to celebrate and protect our historic environment. The talk will also focus on how people and societies can contribute their knowledge.

Emily has worked at Historic England since 2001 and was previously Head of Listing Advice. She has a degree from Smith College, an MA in architectural history from the University of Virginia and a diploma in Building Conservation from the Architectural Association. She has published on Victorian and Edwardian housing for working women and on listing, including post-war buildings and issues of diversity. The talk has been arranged by the Bedford Park Society as part of the celebration of the 50th anniversary of the listing of 356 houses in Bedford Park, which led to the creation of the conservation area. Tickets are £10 per person, available online [https://www.ticketsource.co.uk/



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date/419176] (plus a 70p administration fee per ticket) or from Postmark in Turnham Green Terrace.

Drinks will be available from 7.00pm.

This is an open event and all are welcome.

For further information about the Society email: information@bedfordpark.org.uk or check the website: www.bedfordpark.org.uk

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Ealing Mental Health Centre Reopens

The Solace Centre has reopened its doors in West Ealing coinciding with World Mental Health Day (10 October 2017).

The centre and Marron House have had extensive refurbishments with the community and service users on hand to celebrate.

The service offers a safe, accepting and inclusive environment encouraging social inclusion over isolation and loneliness for people with mental health problems who live in the London Borough of Ealing.

Celebrating the day by officially cutting the ribbon was Councillor Hitesh Tailor, cabinet member for health and adults' services who played a vital role in campaigning for the centre to be back in service.

Accompanying Cllr Tailor to reopen the centre was mental health champion, Cllr Abdullah Gulaid, who celebrated with around 140 guests including service users, people from the community, carers, family and friends to enjoy

the special occasion.

Since April 2016, the Solace Centre (out of hours social inclusion centre) and Marron House (24hr Mental Health Residential Housing) has been leased to Equinoxcare, part of the Social Interest Group Charity within council-owned premises.

For 22 years, the centre has been a place where people with mental illness can meet in a relaxed environment, build confidence and make new friends. It can help with respite, long-term self-management, resilience and sustainability.

Staff help users to resolve day-to-day mental health problems, ranging from advice on budgeting through to thoughts of suicide.

Solace Centre Equinox Manager, Mirna Scholey, said: "On behalf of Solace Service Users and Solace Equinox staff, we would like to thank Ealing Council, particularly Cllr Tailor who officially opened the Solace Centre and Marron House's new premises. It was a momentous occasion



Claud Councillor Hitesh Tailor Cuts A Ribbon To Officially Reopen The Solace Centre. e Parkinson

securing social inclusion for our current and future mental health service users."

Councillor Hitesh Tailor, said: "It's effectively taken three years to come to this point and to also reopen on World Mental Health Day was symbolic. I recognised early what the centre meant to the community by ensuring the service continued within a re-

built centre. The new purpose built building in the heart of Ealing will give current and future users much needed support.

Having the Solace Centre is vitally important and creates a friendly and supportive environment for the users to enjoy while gaining friends and advice from staff. This centre is one of a number of places

and methods residents can seek help in Ealing."

Visit Solace Centre's new website (<https://www.thesolacecentre.co.uk/>) where you'll find information about joining the supportive service. For information about local sources of support visit the Ealing CCG website (<http://www.ealingccg.nhs.uk/your-services/mental-health-ser->

vices.aspx).

If you are in a crisis, contact West London Mental Health NHS Trust's Single Point of Access phone line on 0300 1234 244, go to your GP or A&E.

Wendell Park Transformed

Friends and neighbours in Shepherds Bush are hoping to attract funding from Hammersmith & Fulham Council to bring their vision for their local park to life.

The newly-formed Wendell Park Gardening Friends group are hoping to attract the funding from the council's new crowdfunding site, H&F Hive. The council has made £200,000 available for community-led projects via the Spacehive platform. And as well as raising funds from local people or organisations, project organisers can now bid for small grants from the council.

"We are encouraging people to continue making positive changes in their community and have set up the H&F Hive to help people to do this," said Cllr Sue Fennimore, H&F Council Deputy Leader. "It's great to see neighbours taking such a keen interest in their local park."

Simon Grange, chair of the new Friends group, said: "Wendell Park is a great little park that is very much loved

by the local community. When I posted my idea for improving the park, the response from my neighbours was incredible. People were keen to get involved and we came up with a plan to get together to plant new flowers and shrubs."

The Friends have big plans for the future of Wendell Park. The community around Wendell Park began talking about their ideas for the park on neighbourhood social network Nextdoor, and decided to form a group to coordinate their activities, the Wendell Park Gardening Friends.

After working with the parks team at H&F Council to finalise their plans for replanting a large 400m2 herbaceous border, the Wendell Park Gardening Friends posted their project on the H&F Hive. They are now asking the local community to help them raise funds for the shrubs, bulbs and gardening equipment.

"We have been amazed at the enthusiasm in the local community," Simon added. "We have already held two



The Newly-Formed Wendell Park Gardening Friends Group

bulb planting sessions with children from Wendell Park primary, and many other neighbours have been coming along to help us.

"It's really bringing the local community together – and we

would love to raise the funds to be able to make all our plans come to life."

The Friends have big plans for the future of Wendell Park and see this project as the first of many.

"We have a vision to make our park a very special focal point of all members of our community," he said. "And we would love people to help us to achieve this aim by donating, or even volunteering

their gardening skills."

'World War 2 Ordnance' Found Near Turnham Green Tube



Police Attended The Scene At Turnham Green

On Tuesday October 24th reports were circulating of a suspected 'World War 2 ordnance' found near Turnham

Green station. Just before 12pm, officers were called to the scene on Thornton Ave, and the area

surrounding the station was evacuated as a precaution. The area reopened just after 1pm.



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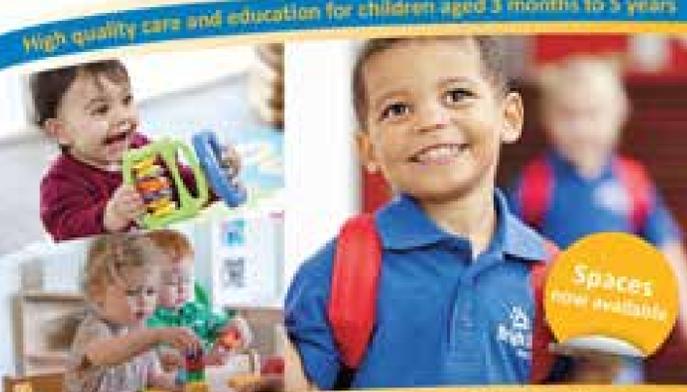
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Ruth Cadbury MP: Monthly constituency report

MP for Brentford and Isleworth **Ruth Cadbury**, writes about the dangers of localised air pollution and what we can all do to reduce its impact

The EU Withdrawal Bill

We expect to start debating the Bill from Nov 13th. I have signed a number of Labour and cross-bench amendments which seek to improve on the worst elements of the Bill. I aim to speak on the issue of Air Quality standards. Unless we can get amendments passed on this, we risk leaving the EU with no UK regulatory framework and an increased chance of the Government watering down the standards. This then makes it easier for the Government to push through decisions that will increase pollution, such as Runway 3.

Taking Hounslow School Cuts issues to the Minister

Seema Malhotra MP and I took Cllr Tom Bruce, three headteachers and a parent representative to meet Nick Gibb MP, the Schools Minister. We explained how the stand-still budget funding, along with inflation, the apprenticeship levy and rising costs of pay and pensions, has meant every local school has had to make budget cuts year-on-year. These are really having an impact on children and on schools' ability to support them properly. This is all before the Government's "fairer funding" takes effect, which will make many schools will even worse off. Gibb was listening but came out with the usual Government mantra about "austerity".

WASPI

I was pleased to host a meeting in Parliament of WASPI (Women Against State Pensions Inequality). The campaigners got support from MPs and advice about turning their campaign into change in Parliament.

Protect the Protectors Bill

I was in the chamber to support Chris Bryant MP's Private Member's Bill to create a new offence of assaulting an emergency worker. This is supported by all the key unions, and now by the Government. If passed, police, hospital staff, lifeboat crews and others will be properly protected at work.

HEATHROW – Government figures go the wrong way; Parliament debate and Hounslow public meeting.

Exactly a year after the Government opted for Runway 3 at Heathrow, they released figures that show that build-



ing another runway there will never comply with current air quality standards, will provide little net economic benefit to the UK and even provides less benefit to the economy and to passengers than building a second runway at Gatwick. Neither Heathrow, the airlines nor the Government are prepared to fund the £4bn- £17bn in transport infrastructure needed. I made these points in a short parliamentary debate, after joining MPs from all three main parties and community campaign groups on College Green to reiterate our opposition to the Runway 3. The Government consultation on the revised draft airports National Policy Strategy closes on Dec 19th.

Chiswick Royal Mail delivery office

I'm working with Chiswick Labour branch to oppose the closure of the delivery office and stop the Royal Mail moving it to Acton. This would make deliveries later, collections difficult for those without a car, and add 14 post office vans to our already congested roads. We've collected hundreds of signatures and I

will be writing to the CEO of Royal Mail to ask them to rethink.

Chiswick and Brentford Cycle Superhighway

I met traders and the Catholic church concerned about the impact the proposed segregated cycle track will have on them. I understand their specific concerns on the details and am raising these with Transport for London and Hounslow. However I support the proposal in general as it is an important plank in Mayor Sadiq Khan's strategy to reduce London's congestion and pollution and make public spaces more attractive. The full set of proposals will work to encourage people to walk, cycle and use public transport more, and their cars less often.

Hounslow Town Centre Businesses

are affected by the closure of the various car parks whilst redevelopment goes ahead on key sites. I've met with a group of them, and am pushing the Council to find temporary car parking facilities so as not to deter customers from shopping in Hounslow.



Brentford Lock West Residents Association

– didn't just want to talk about rubbish collections, parking and anti-social behaviour (although these were important and I was grateful that Cllr Steve Curran came too), but they also wanted to discuss Brexit and Heathrow expansion!

Tom Davies Eyewear bringing jobs & apprenticeships to Brentford

The luxury bespoke eyewear firm is moving their production line from China to Brentford, despite fears that a Brexit-based downturn will hit sales in the UK and Europe. Tom showed me round the factory

just behind the Great West Road. He's been recruiting locally, providing high quality and properly paid apprenticeships in a great work place.

Contact Ruth Cadbury:
Constituency Office
Tel: **0208 581 3646**
Email: **ruth@ruthcadbury.org.uk**



Hounslow Council clamp down on landlord for illegal rent out of basement

A Chiswick landlord has been fined over £12,000, for illegally renting out a basement underneath an outbuilding at his property.

It followed an investigation by Hounslow Council's planning enforcement team of the address at 171 Gunnersbury Lane, W3 8LJ.

Gurcharan Singh of the same address, was issued with a warning in 2013 by the Council to take the basement out of residential use. Singh ignored further warnings and continued to rent out the basement until early 2017.

The property was found by Council planning enforcement officers to be cramped, having no natural light and just one access route via a flight of stairs.

Singh pleaded guilty at Willesden Magistrates Court on 2 October and was fined £12,081.25.

Councillor Steve Curran, Leader of Hounslow Council and Cabinet Member for



Hounslow Civic Centre

Planning, said: "Some landlords are trying to let out sub-standard illegal housing to vulnerable tenants in the hope of making a quick profit. We are taking and will continue to take, the strongest action possible against these

individuals until this blight on our borough is eliminated once and for all."

Hounslow Council Welcomes Changes To Universal Credit

Hounslow Council has welcomed the government's announcement that charges of up to 55 pence per minute will be scrapped for the Universal Credit claimants' helpline.

As the first borough in the country to experience full rollout of Universal Credit [Full] Service, Hounslow is still urging the government to pause the rollout while issues are fixed.

A recent motion to the recent Hounslow's Borough Council calling for a pause, was supported by all councillors present.

Councillor Katherine Dunne, Cabinet Member for Housing, Hounslow Council, said: "While the scrapping of helpline charges for Universal Credit claimants is welcome, we remain concerned about the rollout.

"Hounslow has more claimants than any other borough, with 12,687 households in receipt of Universal Credit. This has caused real problems for residents and the Council, with 73 per cent of council



Councillor Katherine Dunne, Cabinet Member For Housing At Hounslow Council

tenants who receive Universal Credit, being in rent arrears. "People are unable to cope with the long delays that are built into the system and are turning to foodbanks and charities for help.

"We are concerned that the problems will only get worse

with the acceleration of the Universal Credit rollout and urge the government to call a halt. Both Labour and Conservative councillors in Hounslow support the call to pause the rollout."

Ruth Cadbury wins Yellow Jersey in Poppy Appeal Race

Local MP Ruth Cadbury wins Yellow Jersey in Race Against Service Personnel in Support of The Royal British Legion's Annual Poppy Appeal.

On Wednesday 01 November Ruth Cadbury raced against the Speaker of the House of Commons, the Rt Hon John Bercow MP, the Director General of The Royal British Legion, and over 90 Members of Parliament raced alongside serving members of The Armed Forces on an exercise bike to raise money for The Royal British Legion's annual Poppy Appeal.

The 12 hour bike ride was held from 08:00 to 20:00 in Portcullis House, Parliament and aimed to raise money for the Legion's national Poppy Appeal. Ruth Cadbury MP represented her constituency of Brentford and Isleworth by cycling as far as she could in 5 minutes, with the hope of topping the leaderboard, beating their fellow colleagues. Ruth managed to cycle 3.29 in 5 minutes, making her the fastest woman to compete.



The bike ride was organised by the Industry and Parliament Trust (IPT) and The Royal British Legion following on from the successful bike ride held in 2016 (where 77 MPs and Peers cycled a total of 128.8 miles in 12 hours).

This year's race emphasised that The Royal British Legion will once again be asking the nation to 'Rethink Remembrance' and consider the meaning of the poppy as a symbol of Remembrance and hope. MPs were encouraged to donate as they take part, with

all of the money raised on the day going to help The Royal British Legion provide life-long support for the Armed Forces community. The Central Parliament Poppy Appeal is the only charity that can fundraise in Parliament.

Ruth Cadbury MP said: "I would like to thank the Industry and Parliament Trust and The Royal British Legion for arranging this event. The Royal British Legion provides invaluable support to The Armed Forces community; I am pleased to have been able to support such a worthy cause. Nick Maher CEO of the IPT said:

"The work of The Royal British Legion is essential to the lives of the whole Armed Forces community across the UK and I am delighted that MPs and Peers are supporting us in our efforts to raise money for such a worthwhile cause. The support and enthusiasm from parliamentarians and service men and women has been fantastic."



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Local Nursery Eyes International Expansion

Local Nursery group Buttercups (with nurseries in Chiswick and Homefields) was chosen by the Department for International Trade to be part of its Early Years Education trade mission to China, earlier this month.

As an Ofsted Outstanding childcare provider, Buttercups were representing the UK sector, offering expertise and advice whilst exploring opportunities for collaboration.

More than 700 Chinese partners met with Paul Whitehouse, Buttercups Director, and the 13 other UK representatives, in a number of forums and networking events in Beijing, Shanghai and Shenzhen. Delegates were also able to observe first hand existing early years provision in China and see the scale of investment involved. "The extent to which the EYFS is known and welcomed by many already in China was a real surprise. The scale with which it was implemented was also a shock with some nurseries being 200 or 300 place settings," said Paul Whitehouse.

With the largest education system in the world, China looks set to have an industry worth £340 billion by 2020. It is a measure of their high regard for UK nursery provi-



(above) The 14 UK delegates with Antonia Romeo, Permanent Secretary for the Department for International Trade and their Chinese hosts



Buttercups Director, Paul Whitehouse, discusses nursery provision with one of the Chinese delegates.

sion that they are inviting UK companies to discuss expansion into this booming market. Paul said, "The trip was an excellent chance to imagine expansion for which the barriers, to an organisation of our size, would initially seem insurmountable." As a follow up to the trade mission, representatives from a Chinese Real Estate firm visited Buttercups Day Nursery in Ealing this week.

Charity For Visually Impaired Backs CS9 Cycle Route Plans



How Chiswick High Road Could Look With New Scheme In Place

In a response to the Transport for London CS9 consultation, Martin Greaves, Senior Operations Manager for Middlesex Association for the blind stated:

"One service that we are actively looking to be able to provide is the opportunity for visually impaired people to cycle. This is through the use of two seater tricycles which

take a sighted guide seated alongside a visually impaired rider. This provides a much needed opportunity for the visually impaired to participate in cycling and to exercise.

Safer roads to cycle on will provide us with greater opportunities to take the trike clubs to different regions thus allowing us to operate more

clubs. In addition, this will provide our members with opportunities to cycle at different venues rather than being limited to a single venue. The protected cycle lanes of the CS9 route will thus help us to expand upon these possibilities. They will also make London a more attractive city in which to build and run our services."

Bedford Park Society To Hold Talk On Conservation

The Bedford Park Society have announced a lecture entitled The role of heritage and conservation in the future of London on 20th November 2017 at 8pm in St Michael & All Angels Church.

Emily Gee, London Planning Director for Historic England, will be giving the Lecture.

This special event has been arranged by the Society as part of this year's celebration of the 50th anniversary of the listing of 356 houses in Bedford Park, which led to the creation of the conservation area.

But what does the future hold? Historic England is at the centre of issues concerning the historic environment and its protection and the evening is an opportunity to learn more about the prospects for the conservation of key areas of London and our suburb in particular.

Emily's talk will cover the work of Historic England, including current priorities and pressures in the capital, and will consider how we can all work together to celebrate



St Michael And All Angels, The Venue

and protect London's historic environment, including Bedford Park. The talk will also focus on how people and societies can contribute their knowledge.

Emily has worked at Historic England since 2001 and was previously Head of Listing Advice. She has a degree from Smith College, an MA in architectural History from the University of Virginia and a diploma in Building Conservation from the Architectural

Association. She has published on Victorian and Edwardian housing for working women and on listing, including post-war buildings and issues of diversity.

Interested residents can reserve their places now online at the Bedford Park Society website. Drinks will be available from 7.00pm in the Gabriel Room. This is an open event and all are welcome.

Appeal To Trace Owners Of Recovered Jewellery



The following appeal was featured on the BBC's One Show (Thursday, 19 October) Officers from Hounslow Crime Squad have released photographs of a quantity of jewellery recovered to try to identify the owners.

Police believe the jewellery may have been stolen and would like to trace the original owner or owners. The jewellery was recovered

after officers executed search warrants at various addresses in Hounslow on 26 July. During the course of the investigation some of the items of the jewellery recovered have been linked to burglaries, resulting in several owners being reunited with their property.

Three men aged, [A] 26, [B] 29 and [C] 66 were arrested on suspicion of handling sto-

len goods and money laundering. The have since been released under investigation. Anyone with any information should contact PC Duncan Bullock from Hounslow's Crime Squad on 101 or contact via Twitter @MetCC. To give information anonymously contact Crimestoppers on 0800 555 111 or online at crimestoppers-uk.org.

Man Rescues Woman From River



The Bell and Crown At Strand On The Green In Chiswick

A man rescued a lady from the River Thames at Strand on The Green in Chiswick on Wednesday 18th October. A Met Police spokesman said: 'Police were called at approximately 22:20hrs on Wednesday, 18 October to

Kew Bridge, Chiswick, following reports of a person having jumped into the water. 'Officers attended along with colleagues from the London Ambulance Service.

'The person, a female aged in her 20s, was pulled from the

water by members of the public by Strand-On-the-Green, near the Bell and Crown pub. 'She did not suffer serious injuries and remains in hospital.'



Christmas at Osterley Park

Weekends of 2-3, 9-10 & 16-17 December

Christmas is coming, so get into the festive spirit with a visit to Osterley Park and House. With choirs in the house, Father Christmas grotto and wreath workshops there's lots to do to get you into that Christmas mood.

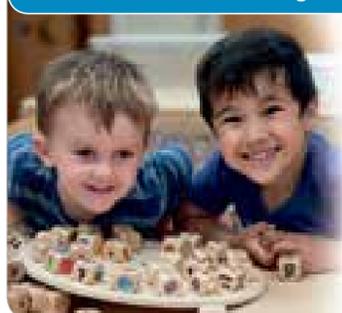
Call 020 8232 5050 for details nationaltrust.org.uk/osterley



When you visit, donate, volunteer or join the National Trust, your support helps us to look after special places in London and South East such as Osterley Park, Ham House and Morden Hall Park for ever, for everyone.

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Ofsted inspection 2015, www.ofsted.gov.uk

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www.childbasepartnership.com

Ref: VMH17

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Two small companies fall down on their knees and how they can get back up

Permjit Singh PhD – visiting lecturer and founder: Cash for Invoices Limited

The Financial Times revealed setbacks at Hornby and Accrol. Turnaround firm Begbies Traynor said there are close to half a million companies in significant financial distress. How can Hornby and Accrol get back on their feet and make sure they are not in those depressing numbers?

Hornby - the household name in toys: Cause: over-stocking, poor product supply chain; a costly reorganisation. Effect: shares down 10% year on year; profit worsened; revenue down 15% Accrol - toilet paper maker: Cause: higher input costs not offset by higher sales prices; larger fine. Effect: Its dividend is under review; covenants might be changed; shares have been suspended; and it has issued a profits warning

Getting back on their feet Hornby's strategies have been multi-dimensional: raising capital, cutting back on its product range, production centres, and investment. In a word: restructuring. It is more focused and per-

haps more efficient in how it processes and fulfils its orders. In the FMCG sector, customer satisfaction is essential to prospering, so ensuring the products are what customers want, they meet standards of quality and safety, and they arrive on time, will help Hornby increase its cashflow. It needs to build a slick and cost-efficient infrastructure to support its production and sales activities. To help it achieve this it has decided to increase its focus so is downsizing its business. Perhaps by regrouping and from a position of profitability and strength it will then decide to grow.

Accrol's input costs have not been passed on to its customers, perhaps because of price competition from other suppliers, or a desire to maintain market share over profit margin. It should review its suppliers. Can raw materials be located from cheaper sources or more efficiently? It needs to identify the precise reasons for

higher input costs. The depreciation of the pound has made imports costlier for many importers. If Accrol is one of them then perhaps it should consider some form of currency protection, or obtain supplies domestically, or price its imports in sterling? Can it save from economies of scale? Should it mimic Hornby's strategy and produce fewer products but more cheaply to boost its profit margin, and its survivability? The possible change to its debt covenants might buy it time and avoid a default. Default could be very damaging to its operational flexibility and future as a going concern and it might drastically increase the return lenders demand – if they have not already marked up their interest rate to reflect Accrol's financial distress.

Sensing the end of Accrol, its suppliers might cut back on supplies or stop giving it credit - which could trigger a cash crisis and its ability to fulfil sales orders. Lost orders would further reduce cash.

Early discussions with lenders and getting their cooperation are essential. Risk equals return in an efficient market, as Accrol's debt providers might have illustrated already. With the dividend affected, further equity investment might

prove harder to find or be on costlier terms. The Accrol's could reflect high operational risk. It should immediately undertake a company-wide review of its operational risk and controls, to ensure no other dangers are

about to explode and cause further fines and setbacks that it could have avoided.



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Pay day for Carillion short-sellers

In July this year Carillion, the listed construction company announced a profit warning, suspension of its dividend, write downs approaching £1 billion and the removal of its chief executive. Not surprisingly, its shareholders dumped their shares as fast as they could and ran for the exits. Its share price the Friday before the announcement had been close to 200p but ended on the following Monday and Tuesday at around 60p. So far, its share price has slumped over 80%.

Poor shareholders. Happy short-sellers.

Short-sellers gambled on the opposite outcome to shareholders, selling Carillion shares in the expectation that at some point the company would snap. To underline how obvious the snap was, Carillion's shares were the most shorted stock on the market. In early July that snap reverberated around the City's eq-

uity trading rooms. Equity analysts at City firms and banks (those people who pore over financial reports of companies and give educated (more or less) sell and buy opinions on companies to investors) have been varied in their opinions for the future for Carillion - except they all agree its outlook is dismal. Analysts' opinions on what will happen to Carillion have (according to Construction News) ranged from the share price falling to nil (short-sellers get ready for another pay-day). Some say the company is ripe for a takeover, or the debt owed by the company will be swapped into shares. A debt for equity swap will dilute the ownership interests and bargaining power of existing shareholders so is likely to be hotly contested. Shareholders might not be so reluctant if they realise the alternative is Carillion's banks call in

their loans, break up the company and have first dip in the pot of money received. That money might not be enough to pay off shareholders so shareholders should quickly see the sense of owning a small piece of a still valuable business versus holding a whole lot of no business. So, far according to the Financial Times, debt covenants have not been breached, but revenue has been flat and profits have fallen 40% - partly because of the write downs. Now with more write downs, market capitalisation has shrunk to just £240 million and net debt is £850 million, an extraordinary ratio of debt to equity (gearing) for a non-financial business. A rights issue would improve its capital structure by boosting equity and lower gearing. Asset sales will raise cash - that can then be used to pay

down debt to a more manageable gearing level, or it could be invested in the business, such as its working capital. Single or conventional invoice finance would be a less drastic, gradual, way to boosting cashflow than selling off the

company's prized possessions.

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Source: The Financial Times

company's prized possessions.

On the couch with Nicholas Rose: Autism Spectrum Disorders Trends and Therapy



Over recent years I have increasingly come across patients where either they or their family members have Autism Spectrum Disorder (ASD) or other associated conditions; some examples include ADHD, epilepsy, dyspraxia, obsessive compulsive disorder, dyslexia.

I have also understood that for parents getting children assessed, stated and into appropriate services the challenge has been getting increasingly difficult. BBC News article What is the provision for children with special needs? 2nd June 2016 states:

"Parents have long complained that they have had to battle to get the right support for children facing challenges with their education. The changes introduced from 2014 were an attempt to improve the system. But many school leaders say

they are struggling to offer adequate support for SEND pupils. A survey by The Key found 82% of mainstream schools in England said they did not have sufficient funding and budget to provide for these pupils".

And a review of annual statistics from the Department of Education that present figures on the numbers of children with assessed Special Education Needs or SEN shows the percentage with an "Autism Spectrum Disorder" as having risen from 20% in 2010 to 26.9% in 2017. And the statistics coming out of the USA are even more alarming. According to the article "Autism cases on the rise; reason for increase a mystery" published on WebMD states that in the 1970's about one out of every 2000 children had autism but now it is estimated that one in every 150 children at the age of 8 has ASD.

It appears that scientists are not entirely certain why diagnosis is on the increase. Is it because we are getting better at spotting the symptoms? Is it because the demands of our education and work environments has been changing in such a way that people with ASD are more easily recognised? Is it that more people are being born with ASD? But at the moment the exact cause of ASD is unknown, current thinking is that it may occur as a result of genetic predisposition, environmental or unknown factors. In essence no one knows at the moment. However from my experience what is most clear is that people with ASD and its associated conditions, suffer in ways rarely understood by those that they come into contact with. At home, work and school they are punished, victimised, bullied and discriminated against and often do

not get either the understanding or support that might enable them to live more fulfilling lives.

People may have ASD and associated conditions if you observe something that you think is different in the way language is used, how they respond to other people, how they interact, whether they avoid eye contact and / or they have a number of specific behaviours. For example, developing a highly specific interest in a particular subject of activity.

And in addition the difficulties people can have maybe compounded by depression and anxiety that comes about as a result of their painful and isolating struggle to live as they see others doing, to succeed as others do and to have meaningful relationships.

In therapy our work with people who have ASD and associated conditions has the same

basic underlying assumption - as we get to know and understand ourselves better we are able to make better choices, be more skilful in our actions - in short know our strengths and weaknesses and increase our understanding of opportunities and threats specific to us as individuals.

When I am working with patients who have ASD the most important thing for me to do is to discard all my expectations of how I should experience this person. It is so tempting to come up with a list of things that someone else might do differently or better to improve their situation however my patients rarely make progress by being told what to do. Progress comes from them being able to explore how they experience life, what they see, hear, feel and think and for them to come up with ways to improve and address the areas

of life that they are finding most difficult. There is help out there so don't delay - go out and find it!

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Rev Martine Osborne

St Michael's Church,
Elmwood Road, Chiswick.

Here I am with my daughter at a school bonfire party last year. And I hope to celebrate with her again this year.

We celebrate bonfire night – not so much because it's something that happened and was wonderful, something we give thanks for. But because it's something that DIDN'T happen. And that was wonderful and we give thanks for that.

Despite all the politics of the day, it's wonderful that our king and parliament were not blown up. That scores of people were not murdered in the Gunpowder Plot. And, despite the barbaric executions that were then inflicted on the perpetrators of the plot, we celebrate being rescued from something bad that didn't happen. From deliverance.

And, as I've been thinking about this, I realise how much all our celebrations are about deliverance.

Now the word deliverance has an eerie and sinister tone to it. Maybe it makes us think of the eponymous 1970s horror film or weird rites of exorcism. Or even the line in the Lord's Prayer that says 'deliver us from evil.'

But just think of the things we celebrate and you will see how much our celebrations are about deliverance.

Take birthdays for example. Of course, today in this country infant mortality rates are very low. But celebrating birthdays used to be very much about giving thanks for a safe delivery and, especially in a child's early years, about giving thanks that a child had survived another year. That's why we still sometimes say, 'happy returns of the day' – meaning we hope you get through another year!

Take national days and independence days. These days are also about

Celebrating deliverance



deliverance. Deliverance from occupation by foreign powers, from oppression and control.

Take anniversaries. They might be seen as deliverance from a time of loneliness. Now, I'm not saying that a single life is necessarily a lonely life. But maybe anniversaries are about celebrating something that was longed for and finally came. Maybe it's about surviving another year together!

Some people even celebrate divorces. And, maybe if you've been in an oppressive and exploitative relationship, it is only right that you celebrate your deliverance from that miserable time.

Some of us celebrate other key turning points in our lives. Maybe the day we gave up drinking. Why do we do that? Because that was the day we were delivered from the power of alcohol over our lives.

Even Christmas – the biggest celebration of the year, that we all participate in – is

about deliverance. It's about Christ saving us, rescuing us, bringing light into the darkness. The famous Bible verse we hear each year is, 'Lo, the people walking in darkness have seen a great light.'

All the great religions are founded on a story of deliverance. For Christians, it's the coming of Christ – who has the power to save us from our sins. For Jews, it's the story of the Exodus and how Moses leads his people out of slavery into the Promised Land. For Buddhists, it's seeing their faith as a path of deliverance from human suffering.

I'm thinking about writing a short book about my life. And, as I reflect on this, I realise that my life has been one deliverance after another. One act of salvation after another. Or, thinking of it another way, one miracle after another.

Because that's what miracles really are. They are deliverances. Deliverances

from what might have been. To live a life of faith means recognising that when we are in dark places, we won't always be able to get ourselves back into the light – in our own strength. That sometimes we will need rescuing. We will need deliverance.

That's certainly been my experience in life. And sometimes the more I've struggled to get myself out of a mess, the deeper I have sunk into my pit. It's only been when I've stopped struggling and cried out for help that I've been rescued. That I've been redeemed from the pit.

And deliverance like that is truly a miracle. It is truly something to celebrate.

Remembrance Sunday service – 10.55am on 12 November
St Michael's Church: www.stmichael-elmwoodroad.org
Join Martine Osborne's online church here: www.martineoborne.com

Chiswick Poet

Jesus Wept

Jesus wept at the tomb of Lazarus.



He was horrified by the concentration camps and the terrible slaughter of World War One.

He is sickened by acts of genocide and all the bombed out and blitzed war zones of today.

He is filled with loathing at every gun crime, act of terror and he abominates racial hatred.

He mourns with refugees and the persecuted.

His Spirit is the conscience of all and it is so easily ignored. And every dictator and torturer ruthlessly tramples it underfoot.

Jesus is filled with outrage every time a woman is raped, a child abused, and an animal is ill-treated.

Just as we are ourselves.

He longs to see a world of light and life; of giving and sharing and wonders why we so often choose the opposite. We never forget the broken-heartedness of humanity.

Let us never forget the broken-heartedness of God.

© Tony Inwood.

Tony Inwood has lived and worked in Chiswick for most of his life and for much of that time has been writing poetry. He is a Christian and a member of Christ Church, Turnham Green.

Alarm over decline in flying insects

Scientists have long suspected that insects are in dramatic decline, but new evidence confirms this.

Research at more than 60 protected areas in Germany suggests flying insects have declined by more than 75% over almost 30 years.

And the causes are unknown. "This confirms what everybody's been having as a gut feeling – the windscreen phenomenon where you squash fewer bugs as the decades go by," said Caspar Hallmann of Radboud University in The Netherlands.

"This is the first study that looked into the total biomass of flying insects and it confirms our worries."

The study is based on measurements of the biomass of all insects trapped at 63 nature

protection areas in Germany over 27 years since 1989.

The data includes thousands of different insects, such as bees, butterflies and moths.

Scientists say the dramatic decline was seen regardless of habitat, land use and the weather, leaving them at a loss to explain what was behind it.

They stressed the importance of adopting measures known to be beneficial for insects, including strips of flowers around farmland and minimising the effects of intensive agriculture.

And they said there was an urgent need to uncover the causes and extent of the decline in all airborne insects.

"We don't know exactly what the causes are," said Hans de Kroon, also of Radboud Uni-

versity, who supervised the research.

"This study shows how important it is to have good monitoring programmes and we need more research right now to look into those causes – so, that has really high priority."

The finding was even more worrying given that it was happening in nature reserves, which are meant to protect insects and other living species, the researchers said.

"In the modern agricultural landscape, for insects it's a hostile environment, it's a desert, if not worse," said Dr de Kroon.

"And the decline there has been well documented. The big surprise is that it is also happening in adjacent nature reserves."



The loss of insects has far-reaching consequences for entire ecosystems.

Insects provide a food source for many birds, amphibians, bats and reptiles, while plants rely on insects for pollination. The decline is more severe than found in previous studies.

A survey of insects at four sites in the UK between 1973

and 2002 found losses at one of the four sites only.

Dr Lynn Dicks, from the University of East Anglia, UK, who is not connected with the study, said the paper provides new evidence for "an alarming decline" that many entomologists have suspected for some time.

"If total flying insect biomass is genuinely declining at this

rate (around 6% per year), it is extremely concerning," she said.

"Flying insects have really important ecological functions, for which their numbers matter a lot."

The research is published in the journal Plos One.

Cancer drugs grown in chicken eggs may lower their cost

Researchers in Japan may have found a way to produce cheaper drugs that could be used to treat a range of diseases from chicken eggs.

They have successfully genetically modified hens to produce eggs containing large amounts of interferon beta protein, a protein used to treat various illnesses, including multiple sclerosis and cancer.

The protein is very expensive, costing between \$300-\$1000 for just one microgram, according to pharmaceutical company, Cosmo Bio who co-led the research.

For treating MS, for example, the interferon dosage can start at 30 micrograms and increase from there.

The research was jointly conducted by scientists from the National Institute of Advanced Industrial Science and Technology (AIST), the National Agriculture and Food Research Organization and Cosmo Bio.

According to Mika Kitahara, a spokesperson for Cosmo Bio, this technology will reduce the price of cancer drugs at least by 90% if proven successful in further trials.

The conventional production of interferon needs large aseptic (sterile) facilities, but eggs work as a protein-producing aseptic system, said Kitahara.

sao Oishi, chief researcher from the cell and molecule mechanism research group at AIST said the research was conducted to test whether the

eggs from genetically modified chickens can be used for cheap production of these proteins.

A range of biological systems can be used to try and create drugs, such as bacteria, yeast and some mammalian cells, but "some proteins just don't suit these systems," said Professor Helen Sang from the Roslin Institute at the University of Edinburgh in the UK. For those that don't quite work, "making protein from egg-white is relatively easy," she told CNN.

"Interferon was discovered as a cell-signaling protein molecule in the body which acts against viruses," said Dr. Robert Bermel, director of the Mellen Center for Multiple Sclerosis at the Cleveland Clinic Neurological Institute. Later it was used to treat autoimmune diseases -- where a person's immune system attacks their body -- like multiple sclerosis, he adds.

Multiple Sclerosis (MS) affects the brain, spinal cord and eyes, resulting in a range of symptoms, such as vision problems, numbness and difficulties walking.

Bermel explained that interferon protein molecule is expensive because manufacturing it is a tedious process requiring strict quality control.

"Interferon for MS can be manufactured from bacteria like insulin or from Chinese hamster ovary cells." The quantity of interferon

produced this way, however, is very little. "The new research) sounds like a relatively inexpensive way to mass produce it," he says.

Previously, the Japanese scientists tried to produce the modified protein by inserting the required genes into chicken chromosomes using a virus as a vector, but said this produced an "irregular result." The new method aims to more accurately and stably produce the protein by knocking in edited genes, using a gene-editing tool called CRISPR. The researchers are currently writing up their findings for academic publication. More research is needed and the interferon beta protein will need safety clearance through trials before it can be used to treat patients. However, Sang explained it's not as simple as modifying these chickens to get endless supplies of the drug at a lower cost.

"You'll have to show (the drug) is exactly the same as the drugs that have gone through all the clinical trials," said Sang, whose own team has been working on transgenic chickens for over a decade. As well as simply making the drugs in the eggs, they will also need to be purified and validated through additional research, she said.

If this new source of interferon is shown to be the same, structurally, "then there is a lot of advantage in terms of scale," said Sang. You can

start with a few hens then scale up quickly, she said.

One drug, Kanuma, produced using modified chickens has already been approved by the US Food and Drug Administration to treat Lysosomal Acid Lipase Deficiency, a rare

inherited condition where the body does not produce enough of a protein that helps the body break down fatty material.

The immediate hope is for the cancer-battling medicine to result in affordable medical

products. The team is looking forward as well, with research underway to produce human antibodies using the same method.

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10 amazing Tree House Hotels in the USA

Alex Holman takes a look at 10 must visit Tree House Hotels stateside

Treehouse Point Issaquah, Washington

Tree House Point is a collection of nine rental properties (and growing) all built by the owner, Pete Nilson, who has been building tree houses for over 20 years. As well as accommodating people in the trees they also offer activities such as yoga, massage, tai chi and hypnotherapy on site. If you don't fancy sleeping in a tree you can book yourself on a tour around the houses.

Book now:
treehousepoint.com



The Original Treehouse Cottages Eureka Springs, Arkansas

Designed and hand built by owners Terry and Patsy Miller, Eureka Springs' original treehouses are more elevated cabins nestled in the trees than actual tree houses, but they still count. Eight properties

make up this collection of cottages and everything is hand made from the doors to the kitchen dishes. They are close by to many attractions and local activities and they even have a mile long hiking trail on their private land.

Book now:
treehousecottages.com



Secluded Intown Treehouse Atlanta, Georgia

Also known as Airbnb's #1 "Most Wished-For Listing Worldwide" this tree house comprises of three separate areas, living room "mind", bedroom "body" and hammock-deck "spirit", all connected to each other by rope-bridges. The bed can be rolled

in and out of the room depending on whether you wish to sleep indoors or outdoors under the elements. Being the only rental property on the owner's land you will have complete privacy throughout your stay, with the owners close by to offer support if needed.



Out'n'About Treehouse Cave Junction, Oregon

Located on 36 acres of private pasture and woods, staying at Out'n'About Treesort can be a peaceful affair, if you want it to be! They offer plenty of activities to keep their guests entertained including zipling, horse riding, river rafting, hiking and Arts + Crafts. After long legal battles to open their treehouses to the general public this family run business is now thriving and open to the public.

Book now:
treehouses.com/joomla



Volcano Tree House Big Island, Hawaii

Located on the Big Island of Hawaii, near the Hawaii Volcanoes National Park, and hidden within the Hawaiian rainforest you can find two tree house rental properties built on a 4 acre plot of private land. Built in an eco-friendly fashion using many recycled items, including windows, doors and even the kitchen sink, these little houses built in the trees are surrounded by large windows and lanai's providing a 360 degree view of the surrounding paradise.

Book now:
volcanotreehouse.net



Permaculture Farm Treehouse Miami, Florida

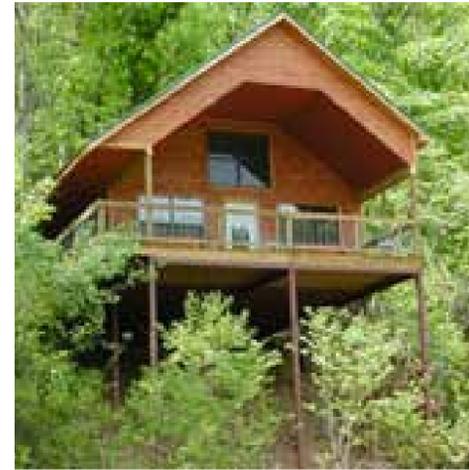
A treehouse built on the land of a local couple, Ray and Leslie, who have turned their property into the Earth N' Us permaculture farm filled with edible organic plants and an animal sanctuary. Ray and Leslie do a lot of community work and host a volley ball game every weekend. Many people who visit Miami and stay here end up hardly leaving the property because of the community vibe within the grounds. There are several rooms available on the property included three tree house rooms, but if you don't fancy staying on site they provide tours for people interested in sustainable living.



Treehouse Cabins

Ozark, Missouri
Treehouse Cabins have an impressive collection of cabins and lodgings situated by the North Fork River, ranked in the Top 100 trout streams in the United States. Offering 350 acres of secluded privacy, spectacular views and modern amenities, these cabins are the perfect location for people who want a trip to wind down and relax. Activities offered include fly fishing, water sports such as kayaking and rafting, and therapeutic massage. There are other local activities available.

riveroflifefarm.com



The Grand Treehouse Resort

Eureka Springs, Arizona
Situating right in the middle of a wildlife forest in Eureka Springs, The Grand Treehouse Resort is an exclusive resort built by the Green family. Here you'll find authentic treehouses, some with trees actually growing right through them, and offering a home inside a tree, with stereos, flat screen TV's, jacuzzis, heating and A/C inside all their houses in the trees.

thetreehouses.com

Winvian Farm

Morris, Connecticut
There is only technically one tree house at Winvian Farm however many of their properties are inspired by nature so much so that, once inside, you may be fooled into thinking that they are also built into the trees. Nestled in the Connecticut woodlands and meadows their tree house appears to be an actual house built into the trees, not a one room wonder, but a whole house with a living room, bedroom and jacuzzi. At Winvian Farm they have a large array of activities on offer for their guests to enjoy.

winvian.com



Post Ranch Inn

Big Sur, California

Post Ranch Inn offer luxurious tree houses with all the moderns the modern traveller needs including wifi, an i-pod docking station, in-room dining service, turndown service and even a terry cloth robe and slippers. Here you get a full hotel experience in a tree house. One of the more magi-

cal features is the skylight above to bed to watch the stars at night if you don't feel like sitting on your private deck surrounded by mountain views. Complimentary activities at Post Ranch Inn include yoga, guided nature hikes, stargazing, swimming pool access and more.

postranchinn.com

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Chiswick schoolgirl Lara Tarabey is currently editing the Entertainment page of The Chiswick Herald as part of her work experience.

Bake Off Finale



The final of The Great British Bake Off has shocked the nation with this year's talented contestants. The three finalists, Steven, Kate and Sophie were given three challenging tasks to complete for the last time.

For the signature bake the contestants made a range of different bread rolls including ciabatta and brioche. In this section Steven didn't perform to his usual high standards but he managed to redeem himself in the technical challenge. This was to create a

selection of ginger biscuits, each with an intricate design piped on top with royal icing. Kate came last as she failed to finish decorating all of her biscuits and Steven came first, with Sophie close behind. In the showstopper Prue called Sophie's cake "amazing" and Paul said he loved it, filling our hearts with hope that she might win. Steven seemed to be in trouble as his bake, although tasting good, was lacking in appearance. As the winner was closer to be revealed we got to see all the

previous contestants this year reunited. Sandi announced the winner to be Sophie who very much so deserved it. We also find out that Steven and Sophie have become best friends leaving all us viewers pleased. Channel 4 have done Bake Off proud and have not let down the wide fan base. Applications for next year's series are now open so for all you aspiring bakers, go sign up and try your luck.

The South Play Live In London



The South

THE SOUTH are back playing LONDON - 02 Islington Academy on Saturday 4th November

When great British pop institution, The Beautiful South split in 2007, some members of the band didn't feel ready to hang up their microphones or instruments just yet...

The South feature former members of The Beautiful South including singer Alison Wheeler and lifelong sax player Gaz Birtles. Since original singer, Dave Hemingway, left the group earlier this year, Gaz has now moved

across to vocal duties. They play the songs made famous by The Beautiful South and bring back the full flavour and excitement with the nine piece live band.

With the new reshuffle complete, The South are a full team again and raring to go! Their live show promises to continue to celebrate and perform the classic Beautiful South songs - A Little Time (the number one single), Perfect 10, Rotterdam, Old Red Eyes Is Back, Good as Gold, Don't Marry Her. All performed again live, these

songs, and many more, span an impressive 20 year career starting way back in 1989! Come on! Let's Carry On... Regardless!

The South are:

Alison Wheeler (Vocals), Gaz Birtles (Vocals), Phil Barton (Guitars), Steve Nutter (Bass), Dave Anderson (Drums), Karl Brown (Percussion), Gareth John (Trumpet), Su Robinson (Sax), Andy Price (Keys).

The Lyric Theatre: BLACKOUT

Produced by Creative Learning at the Lyric Blackout was originally written by Davey Anderson for the National Theatre's Connections festival. It tells the story of James, a young man from a dysfunctional family. The death of his grandfather results in James' dabbling in drugs and alcohol - a path which leads him to court and a possible custodial sentence.

With an atmospheric soundtrack by Chris Warner and physical theatre sequences devised by David Calvert, this high-energy production is followed by a Q&A with a panel of young people with first-hand experience of custody and the judicial system. The Lyric Theatre are presenting the project in conjunction with the Department of Justice NI and Hydebank Wood College. The two performances in the Naughton Studio precede a 4 week tour



of schools and youth groups across Northern Ireland. Directed by Philip Crawford. Cast: Matthew Blaney, Carla Bryson, Desmond Eastwood,

Catriona McFeely and Francis Mezza
Date: 4th November Times: 4pm and 6pm Price: £5

The X Factor Live Shows

The X Factor Live Shows have finally kicked off. This year they're changing things up as instead of having all the contestants perform against each other in one night, the weekend has been split. On Saturday night, it was the boys' vs the girls and on Sunday night it was the groups vs the overs. Each year, X Factor try something new to see how the public react. Not only has this been changed but also, the winner of the entire night will be revealed and they will go up against the winner of the second night to battle it out to win extremely exciting prizes like tickets to see and meet Pink.

The theme this week was express yourself, which is similar to what they do every year at the start of the live shows. This gives the public a chance to learn more about each contestant and see what sort of an artist they would like



to be. This year the contestants are very diverse as there are people from France all the way to the Philippines. They are all very different and unique in terms of their style. A difference many people have noticed, is the how the show went from mainly having pop singers to having pop singers who rap as well. The fact that there are rappers as well, links in with what is

heard in society today, as grime has been taking over the charts. This will attract young viewers which is needed because many young people have complained that the show is getting boring so with all the new twists happening, there should be no room for any more complaints.



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London Borough of Hounslow, Civic Centre
Langton Road,
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Any representations must be received by (please enter the date 28 days from the day following submission of application to the licensing authority). Representations can be received after this date. A person making representations may address members of the licensing panel at a subsequent hearing, although all representations will be considered whether the author attends or not.

The full application can be viewed online at www.hounslow.gov.uk or at the above address during normal opening hours.

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Incentives to get West London buyers moving before Christmas

Buyers can secure £10,000 towards their stamp duty at Brentford Lock West

Homebuyers keen to secure themselves a new home at the award winning, Brentford Lock West development are being offered an additional incentive to reserve their new home now. The developer, Waterside Places, is offering to contribute £10,000 towards stamp duty on selected plots, for purchasers completing before Christmas 2017.

Chalico Walk is the latest release of homes at Brentford Lock West, offering a collection of one, two and three-bedroom apartments and penthouses in a waterside location. Each of the homes has been highly specified to include interior designed fully-fitted kitchens and contemporary bathroom suites. All the homes enjoy the added benefit of a private balcony and many of the homes enjoy water views.

Since the homes were first launched earlier this year, they have enjoyed a strong appeal, with 70% of the apartments at Chalico Walk now reserved. With Help to Buy also available on selected plots, the development has enjoyed significant interest from local first time buyers, many of which have moved from the neighbouring areas such as Ealing, keen to make Brentford their new home.

With access onto the water and green open space on your doorstep Brentford is able to offer buyers a sense of tranquillity, while still offering access to a host of local amenities and connections into the Capital - making it a popular choice among buyers of all ages.

John Robinson, Development Director at Brentford Lock West, commented: "The interest we have enjoyed at Brentford Lock West has been fantastic. Brentford really does have a lot to offer - from the numerous parks close by, to its popular, Sunday market and the regular paddle boarding sessions, which take place right in front of our development. There is a real sense of community here and so many opportunities to get out and get active. We hope that by introducing our stamp duty incentive, we will be able to assist even more aspiring home owners to secure a new home at Brentford Lock West."

Chalico Walk makes up the first of the homes to be released as part of phase two at Brentford Lock West. A waterfront building of 42 one, two and three-bedroom apartments,



Chalico Walk overlooks Brentford's Grand Union Canal. The homes at Chalico Walk will be ready to move into for Christmas 2017.

Just a limited number of two and three bedroom apartments remain. Prices at Chalico Walk start from £565,000. All of the homes benefit from a private balcony or terrace and many of the homes enjoy water views. Help to Buy is available on selected plots. For more information and to book an appointment at the marketing suite, please call the Brentford Lock West sales team at Stubbings Property Marketing on 0203 504 6403, email brentfordlockwest@stubbingsltd.co.uk or visit www.brentfordlockwest.co.uk. The Sales and Marketing Suite is open daily 10am-5pm.

Brentford Lock West forms part of a long-term regeneration project to breathe new life into Brentford



through the anticipated delivery of approximately 500 new homes. Close to local shops, leisure facilities, beautiful parks and waterside

walkways, the scheme has been carefully designed to maximise the water frontage whilst offering stylish homes, community spaces and

commercial buildings in a new desirable west London destination.

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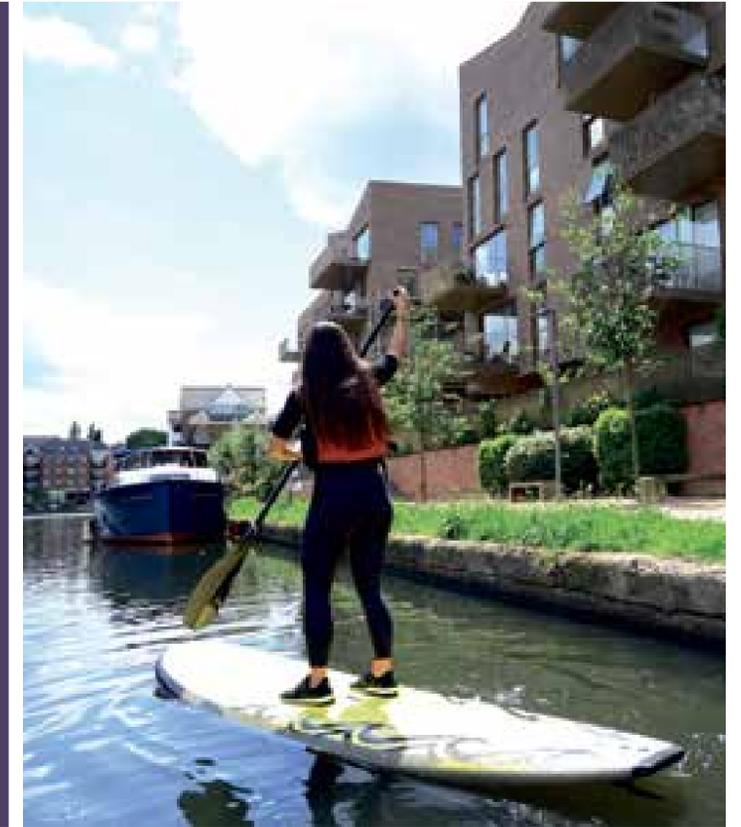
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WATERSIDE
PLACES



*£10,000 towards stamp duty offer on selected plots only. Not in conjunction with any other offer. Terms and conditions apply. Subject to availability.

**Price correct at time of going to print. †Limited availability and subject to terms and conditions. Image not of actual buildings for sale.



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**Beaumont Road, W4****£545,000**

Borthwicks are happy to bring to the market well-presented split level, two bedroom, two bathroom property located on this popular, residential road. Accommodation comprises dining room, large reception room, kitchen, bathroom, two double bedrooms and en-suite shower room. Property has just been repainted inside and outside and has newly fitted carpets through. It would benefit from updating the bathroom and the kitchen. Property is located within easy reach of Chiswick High Street with its many restaurants, cafes, and shops. Good transport links offering speedy connections to Central London. Offered to the market with no onward chain. EPC rating C.

**Dewsbury Court, W4****£315,000**

One bedroom, lower ground floor flat in Dewsbury Court off Chiswick Road. The property has an open plan kitchen into living area, separate bathroom and a double bedroom with access to a communal rear yard. Ideally located in a highly sought after area of Chiswick within a minutes' walk to Chiswick Park tube station, Salisbury's and Chiswick High Road. Perfect Buy To Let investment. EPC Rating :C

**Corney Road, W4****£1,075,000**

Borthwicks are delighted to bring to the sales market this four bedroom Edwardian family home in ever popular Grove Park area of Chiswick. Accommodation comprises double through reception, eating in kitchen with doors leading to south-west facing garden. Three double bedrooms and family bathroom on the first floor, with stair leading to additional top bedroom and bathroom. Property also benefits from large cellar that could be transformed into additional bedrooms, gym or play area (STPP). Corney Road is conveniently located close to both A316 and A4 providing speedy links in and out of the city.

**Chiswick Village, W4****£456,000**

Beautifully presented Share Of Freehold property comprising large reception room with dual aspect and south facing balcony, double bedroom with ample handmade built-in wardrobes and access to the Handless Camden style kitchen has a Corian work top with seamless sink and breakfast bar, integrated Italian appliances The ceilings have been fully soundproofed so there is no noise pollution from upstairs . EPC Rating: D

**Rothschild Road, W4****£275 per week**

A bright purpose built first floor one bedroom apartment located on Rothschild Road. The accommodation comprises of a lounge with kitchen area, double bedroom and bathroom. The property is well located being only a short walk to Chiswick Park Tube Station (District Line) and is within easy reach of Chiswick High Road with its many restaurants, gastro bars, cafes and shops. It is also close to the A4/M4 offering speedy access in and out of the city. EPC - D. Available 23rd November. Fees apply.

**Bridgman Road, W4****£300 per week**

Delightful one bedroom flat with great transport links, a private rear garden and lovely central location. The property comprises a wooden floored lounge and a good sized eat in kitchen which was recently refurbished. There is a double bedroom to the rear of the property that is carpeted and has ample space for storage. The rear garden is accessed from the kitchen and is a grassed area that would be perfect for a summers BBQ or spot of sunbathing. EPC rating D. Fees apply.

**Copenhagen Gardens, W4****£324 per week**

Borthwicks are delighted to offer this newly refurbished modern two double bedroom flat in a secure gated complex. Just minutes walk from Acton Over ground station and Chiswick Park Tube Station. The property comprises of a bright reception room with double doors opening onto a Juliet balcony, bathroom with shower and fully fitted kitchen. Benefiting from private parking in this well kept small, private development. Available now and comes unfurnished. Current EPC rating C. Fees apply.

**Heathfield Court, W4****£474 per week**

Luxurious two double bedroom property accessible by lift and with off street parking is situated in a prime central Chiswick location close to all Chiswick High Road's amenities including Turnham Green and within easy distance to Chiswick Park tube station. With secure entry, the accommodation consists of two double bedrooms, a spacious lounge, a fully fitted kitchen and separate shower room. The flat boasts off street parking, communal gardens and a 24 hour care taker with heating & hot water included. Located in a well-respected and maintained block it is moments from Chiswick High Road as well as having easy road access in and out of West London and further transport facilities. EPC rating - C. Available mid-November. Fees apply.

**Cunnington Street, W4****£499 per week**

Borthwicks are pleased to offer this spacious three bedroom Victorian family house located in a quiet tree lined residential street in Chiswick. The accommodation consists of two double bedrooms and a single bedroom, two bathrooms, a spacious double reception and a fully fitted eat-in kitchen. There is a secluded west facing courtyard garden. The house is close to Chiswick High Road and its' superb range of shops, bars and restaurants. Chiswick Park underground station (District Line) is a short walk away and motorists have easy access to Heathrow Airport, the M25 and the West via the A4/M4. EPC Rating = D. Fee's Apply. Fees apply.

**Kent Road, W4****£375 per week**

Borthwicks are delighted to bring to the market this two (and a half) bedroom split level property just moments from Chiswick Park Tube Station. The property comprises of a large, bright and open kitchen with space for dining, a good sized reception room, bathroom and double bedroom. Moving up to the second floor we have a further two bedrooms, one of which would be suitable as an office or nursery due to its size and a further separate shower room. Situated very close to Chiswick High Road and also the great transport links that Chiswick has to offer via car or public transport. Available mid-December. Fees apply.



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Computer generated image of West Park Gate. Internal images depict a typical Countryside home and may include optional upgrades at an additional cost from June 2017.





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The Avenue, Chiswick W4
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Arlington Gardens, Chiswick W4
6-7 bedrooms, 3 bathrooms, 2 reception rooms, kitchen/family room, garden/terrace, parking. EPC: D. Freehold. Guide price: £3,200,000.



FOR SALE

Fielding Road, Chiswick W4
4 bedrooms, 2 bathrooms, W/C, study, kitchen, double reception rooms, sitting room, gardens. EPC: F. Freehold. Guide price: £1,875,000.



FOR SALE

The Coach House, Brentford TW8
4 bedrooms, 3 bathrooms, WC, 3 reception rooms, kitchen/breakfast room, garden. EPC: D. Freehold. Guide price: £1,650,000.



TO LET

Sharp House, Shepherds Bush W12
1 bedroom, 1 bathroom, reception room, open plan kitchen, balcony. EPC: B. Furnished. Guide price: £395 pw.



TO LET

St Albans Avenue, Chiswick W4
4 bedrooms, 2 bathrooms, reception room, reception room, garden, garden room. EPC: E. Unfurnished. Guide price: £900 pw.



TO LET

Vista House, Acton W5
Bedroom, bathroom, reception room, open plan kitchen, balcony. EPC: B. Unfurnished. Guide price: £395 pw.



TO LET

Renaissance Square, Chiswick W4
Bedroom, bathroom, reception room, open plan kitchen, private patio. EPC: B. Furnished or unfurnished. Guide price: £1,850 pw.



TO LET

Napier House, Acton W3
Open plan studio room, bathroom, balcony, built in wardrobe. EPC: C. Furnished. Guide price: £275 pw.



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Activity is revving up at Triumph House

New homes at former motorcycle dealership in Acton prove popular – with 30% now reserved

Triumph House, an impressive collection of 14, studio, one and two bedroom, new build apartments located moments from Acton High Street have proved popular among new home buyers, with 30% of the homes now reserved, off-plan.

The aptly named Triumph House, which sits on the site of a former motorcycle dealership Whitby's, boasts an impressive array of new build apartments, with a range of layouts and sizes available. All the apartments have been highly specified and include access to their own private balcony.

The homes enjoy a central location, with easy access onto Acton's high street and all that this emerging part of west London has to offer. With seven train stations to its name, Acton is well connected, offering residents at Triumph House excellent connections into the city and beyond. Acton Town tube sta-

tion is a short walk from the development, while nearby Acton Central and Acton Main Line Station, which forms part of the Crossrail programme, are both within easy reach.

Gary Durden, Director of Portdevon comments: "It's been great to receive so much interest in Triumph House. The apartments enjoy a great location, right in the heart of Acton. The area has so much going for it. There's a real sense of community here, it's got a bustling high street, it offers access to a large number of parks and green open spaces and it's so well connected too – making it a popular choice among young professionals and investors alike. With Help to Buy available on the development too, we hope to see the interest we have experienced to date continue."

Each of the homes at Triumph House will be well specified, comprising fully fitted high gloss kitchens and contemporary bathroom suites. Each apartment also benefits from its own private balcony, providing sought after, outside space.

The site, which has now been developed into contemporary, new build apartments enjoys a strong motorcycling past. Previously home to the locally acclaimed Whitby's dealership in the early 1900s, the premises were then purchased and run by motorcycle enthusiasts

Brian Hunter and Tom Dickie – both famous within the motorcycling circuit in the 1960s and 70s.

In 1966 Tom Dickie won the Manx Grand Prix, before going on to win the 24-hour endurance race Bol d'Or in 1970. In addition to com-

peting alongside his friend and colleague, in 1969 Brian Hunter took part in the Trans-Atlantic Air Race between London and New York, transporting the eventual winner for the UK leg of the race on his Triumph Tiger 110.

Two bedroom apartments at

Triumph House start from £499,950. Help to Buy is available on selected plots.

For more information contact Portdevon on 020 3301 0513 or visit www.triumphhouse.co.uk



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W3

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CHISWICK OFFICE SALES 020 8996 6000



KEW BRIDGE ROAD, KEW BRIDGE, TW8

This stunning four bedroom flat is bright and incredibly spacious and boasts two balconies, two bathrooms and gorgeous views over towards the River Thames. EPC: B81

○ **£1,650,000** L/hld Foxtons.co.uk/11879557

CHISWICK OFFICE SALES 020 8996 6000



WESTCROFT SQUARE, CHISWICK, W6

This fantastic five bedroom house is spacious arranged over four floors and features a beautiful dining room and a spacious kitchen with an AGA. EPC: E40

○ **£2,250,000** F/hld Foxtons.co.uk/1183853

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VALETTA ROAD, WENDELL PARK, W3

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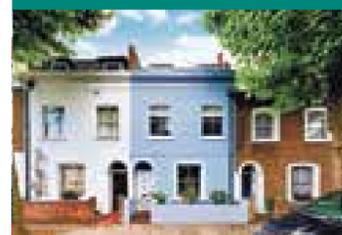


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Brentford continue unbeaten streak



Neal Maupay is one of Brentford's summer recruits

On Wednesday night Brentford visited St Andrew's stadium for their league match against Birmingham in the hope of extending their unbeaten run to eight league matches. However, it did not seem this was to be the case as although Vibe had three chances saved by Birmingham goalkeeper Kuszczak, the best chance of the first half fell to Birmingham. Just before the break, midfielder Kieftenbeld struck the post from 30 yards with a great effort.

With only fifteen minutes left, Birmingham conceded a penalty after substitute Maupay was able to draw a foul from Morrison. It was Watkins who stood over it and converted it with ease with a low, drilled finish into the bottom left corner. The summer signing is definitely proving to be a great prospect having scored five goals in his last seven appearances. Brentford were able to double their lead ten minutes later through substitute Maupay

after his tricky turn created the space for himself to fire the ball into the bottom left corner from fifteen yards. The match finished 2-0 leaving Birmingham in 21st position and only points from the relegation zone. Brentford on the other hand have risen to 15th and their play-off hopes are looking a lot more realistic now they're only six points from sixth position.

Chelsea suffer first European defeat

On Tuesday night Chelsea visited Roma in the Champions League hoping they could earn all three points with a victory which would see them progress to the round of 16. However, an immediate blow was dealt these hopes after Dzeko nodded down Kolarov's cross to El Shaarawy, who was able to find the back of the net from 25 yards with a spectacular effort putting the home team ahead after only 39 seconds.



Roma's Stephan El Shaarawy

Just over twenty minutes later came Chelsea's best chance to equalise after an error from the Roma defence allowed Morata space to shoot from the edge of the six yard box, but his attempt is poor and flies over the crossbar. Just over ten minutes later Chelsea were made to rue their missed chance after Rudiger should've simply cleared a poor through ball attempt, yet he's somehow unable to allow El Shaarawy to simply flick the ball into the bottom corner and double his teams lead. Any chance Chelsea had at

getting back into the game was eradicated in the 62nd minute when Perotti was allowed to cut in just outside the box and fire the ball low into the bottom corner sealing Roma the 3-0 victory. Chelsea

dropped to second in their group, now a point behind Roma, and they need just one victory from two games to secure their place in the next round of the competition.

Spurs secure knockout round qualification

In the last round of Champions League matches the most notable from a neutral standpoint would have been Real Madrid's visit to Wembley to face Spurs. Both teams were sitting at the top of their group with an identical amount of points, goals scored and goals conceded, setting it up to be a group deciding match.



Harry Kane worked tirelessly and showed no ill-effects from his recent injury

Fortunately for the home side Kane was named on the team sheet despite questions of his fitness after his hamstring injury. However, it wasn't the prolific striker that opened the scorer, it was Alli just inside the first 30 minutes, making his first European start after completing his ban. Trippier with a wonderful first time volley across the face of goal put the ball onto a plate for Alli to simply touch into an empty net.

Only nine minutes into the second half it was Alli once again who doubled the home sides lead after beating Casemiro twice with fancy footwork allowing him the space to shoot, his shot took a fortunate deflection off Ramos giving keeper Casilla absolutely no chance. Spurs were able to seal the victory less than ten minutes later after they hit the trailing away side on the break and Eriksen calmly converted Kane's pass into the bottom corner to make the score 3-0. With ten minutes left on the clock Real Madrid were able

to create a consolation goal when Marcelo did well to keep the ball in play and fire it into a crowded Tottenham area. Eventually the ball landed at the feet of Ronaldo who's drilled shot took a deflection off Dier to deceive Lloris and make it 3-1. The game finished this way meaning Spurs are at the top of their group and through to the knockout stages with two matches still to come.

English clubs run rampant in Europe



Spurs after win over Real Madrid

Currently four of the five English clubs in Europe are perched at the top of the Champions League group after this week's round of matches. Manchester United are six points clear at the top of Group A after Tuesday's comfortable 2-0 victory at Old Trafford which secured them a place in the knockout stages.

Liverpool are also top of Group E with one point more than Sevilla, on Wednesday they secured this first position with an assertive win at Anfield in which they put three

past Maribor and kept a rare clean sheet. Manchester City came from behind away at Napoli in an action packed midweek fixture in which they won 4-2 and Aguero became City's all time top goalscorer. They are now top of Group F with twelve points, three ahead of Shakhtar Donetsk who are in second. Tottenham have also become top of Group H on Wednesday with an emphatic 3-1 victory against Real Madrid at Wembley. Although Madrid seemed surprisingly poor and unorganised, that will mean little to Spurs who will be in great spirits after securing a position in the knockout stages with two matches to go. The one English club that are not currently at the top of their group are Chelsea who were leaders of Group C before Tuesday, however their worryin 3-0 away defeat to Roma meant the home side overtook them and Chelsea are in second place on seven points, only one point behind leaders Roma.



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QPR victorious over league leaders

by Sport Editor Louis Yamani

Queens Park Rangers hosted an in-form Sheffield United at Loftus Road on Tuesday night in the hope of ending the visitors' four game unbeaten streak and build on their own previous victory against Wolves which ended their winless run of seven games. The home side were gifted a great opportunity to achieve exactly this when after only four minutes Sheffield keeper Blackman made a huge mistake. When attempting to deal with a simple lofted ball into his box as he collided with his team-mate Carter-Vickers and spilt the ball perfectly into the path of a pleasantly surprised Sylla, who casually rolled the ball into the back of an empty net to put Queens Park Rangers 1-0 ahead. Sheffield suffered an even heavier blow as Blackman was unable to continue the match and had to be stretchered off due to a head injury.

Queens Park Rangers continued to put pressure on the visitors with Sylla almost scoring his second goal just over ten minutes after his first as a spectacular effort from range was only just caught by

substitute goalkeeper Moore, however, the ball almost made it past the line after the keeper seemed to stumble, he was just about able to recover. Once again a chance fell to Sylla in the 33rd minute when he was able to rise highest to reach Washington's cross first, but he was unable to get over the ball and his headed attempt flew over the crossbar. Only a minute later came a great chance for Sheffield to equalise with their first clear cut chance of the game after Brooks' perfectly weighted cross reached Clarke at the far post who was unable to control his volley which he fired inches over the crossbar.

Minutes before the end of the first half, another chance fell to the goal scorer Sylla. The Sheffield defence were unable to properly deal with a lofted free kick played into the box and their poor clearance was headed back into the centre of the area by Scowen, which was met by a leaping Sylla who couldn't control his header properly and the ball narrowly glided past the wrong side of the post.

On the stroke of half time

came Sheffield United's best chance to find an equaliser after Clarke latched onto Stevens' low, drilled cross and was able to fire a shot towards the second post. Smithies was able to smother the close range effort to keep the home team ahead going into the second half.

After the break, another great goal scoring opportunity was created by the home team after a headed clearance from a Sheffield United defender following a cross was picked up by Luongo on the edge of the box. He was able to beat an oncoming opposition player with a neat, first time turn which allowed him the space to fire a curling shot towards the far post, yet his effort was only just wide.

With fifteen minutes to go it was the leading team QPR who were on the front foot and they almost doubled their lead after Freeman was able to beat his man on the wing and stride into the opposition box, once he reached the by-line he cut the ball back to substitute Mackie and as the ball was played to took a deflection. Mackie was unable



Goalscorer Idrissa Sylla (right)

to control the bobbling ball properly and could only blaze the ball way over the bar. Sheffield United were unable to create any clear cut chances in the final minutes of the game meaning the home side won 1-0 through Sylla's early winner following the error from goalkeeper Blackman. After back to back victories QPR have now risen

to 12th position and their aim is looking a lot more realistic. Sheffield United, who suffered their first defeat in four games, dropped three positions from top of the table and are therefore now perched at third, having been replaced by Wolves at the summit of the Championship. Considering these two wins

are following a seven game winless streak for Queens Park Rangers the atmosphere at Loftus Road seems to have change dramatically, manager Ian Holloway was overjoyed with the result "It feels great. It's so important to find that buzz and the fans are starting to trust their team."

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Fulham lose at Craven Cottage

Fulham were looking to end their winless streak with a victory against Bristol City when they visited Craven Cottage. Fulham almost went ahead during the early stages of the match when a through ball was played into the path of Sessegnon who fired the ball powerfully from the left side of the box, but could only watch as his shot struck the crossbar and went out.

In the 29th minute Fulham were caught on the counter attack and after a lofted ball was played to the back post to Brownhill, he was able to find Reid in the centre of the box, who calmly slotted the ball into the back of the net, his tenth goal of the season putting the visitors ahead.

Just over ten minutes later matters were made worse for Fulham when they were caught on the break once again when O'Dowda was able to stride into the home teams box unchallenged eventually reaching the by-



Bristol City continued their strong run with a 2-0 win at Fulham

line at which he cut the ball back into the centre of the box to find an unmarked Smith who clinically drilled the ball into the bottom corner. Just under twenty minutes after the break, the situation worsened for Fulham when Kamara was shown a red card

for violent conduct for an incident off the ball, his clash with Wright left the Bristol player on the floor. With only ten men, Fulham were unable to create any clear cut chances, the 2-0 loss extended their winless streak to four games.