

Chiswick Herald

RAYMOND GUBBAY presents
MOVIE CLASSICS
THE MOST ROMANTIC FILM SCORES OF ALL TIME
Tuesday 14 February at 7.30pm
barbican Box office 020 7638 8891 barbican.org.uk



The Independent Newspaper for Chiswick | www.chiswickherald.co.uk | @chiswickandkew

Friday 13th January 2017 | Complimentary

1,066 children 'in need because of abuse & neglect'

1,681 children have been classed as in need in the borough of Hounslow with a startling 1,066 registered as being 'in need because of abuse and neglect.' The shocking figures have been released by The Children's Society in a report for Ruth Cadbury MP.

A spokesperson for The Children's Society said, "We are particularly concerned about the lack of protection for 16 and 17 year olds, who are much more likely to experience abuse and neglect than any other age group – 1.97% of 16 and 17 year olds in England are classified as in need due to abuse or neglect. Despite this, they do not yet receive the same legal protections as younger children. In Hounslow there are 450 16 and 17 year olds classified as in need."

In an open letter to Ruth Cadbury

MP, Chief Executive of The Children's Society Matthew Reed said "For too many children, issues from mental health problems to homelessness and family debt reduce their well-being and limit their life chances."

He continued, "The Children's Society is dedicated to helping the most disadvantaged children tackle the issues they face and succeed in life. We are a national charity with a local focus, running projects up and down the country and working with parliamentarians to change the law to protect children."

We look forward to working with you in the year ahead as a champion for vulnerable children in Brentford and Isleworth."

Councillor Tom Bruce, Cabinet Member for Education and Chil-

dren's Services, Hounslow Council, said: "The Council receives a very high number of referrals of concern about children which is the result of the high level of awareness and proactivity from other services such as the police, health agencies and schools. These referrals are responded to by the Council with immediate action as is necessary and to the highest standards."

"The 2015/16 Children In Need Census [CIN] that was published, shows that there were 1884 children in need cases, open to Hounslow Council."

"This figure includes children with a status of child protection, looked after children and children in Need (CIN) and of this figure, there were 233 children aged 16 and 17 years."

"Under the principles of the Children Act 2004 and the legal protec-

tion that this act affords all children for whom the Council is responsible for, the Council ensures that the care they receive is very well supported, of extremely high quality and tailored to the direct needs of each child and looked after young person, including 16 and 17 year olds."

"The Council also have a dedicated team of social workers who focus and respond solely on the needs of 14 to 17 year olds, as it recognises the particular vulnerabilities of this age group."

"The figures are proof of how seriously the Council and its partners take their safeguarding responsibilities so that the children and young people in need of protection are receiving the service they deserve."

New anti-Heathrow expansion campaign group to hold first meeting

A new campaign group fighting plans for expansion at Heathrow Airport is inviting residents to attend its first meeting.

Concerned local residents, Victoria Timberlake and Christina Smyth

formed h&fnothirdrunway last summer and the group is hosting its first meeting in Hammersmith on Monday 30 January at 7.30pm.

The event will take place in the Holy Innocents Church, Paddenswick

Road, Hammersmith and will include guest speaker, John Stewart, chair of airport campaign group Hancan.

"The campaign against a third runway continues and we really want to

get as much local support as possible," said Christina Smyth.

Continued P.12

Knight Frank
Chiswick
RESIDENTIAL
PROPERTY
SALES &
RENTALS
Selling or renting, call us for a valuation
of your property TODAY
020 3757 6230
Knight Frank

Piccolo
Pre-school Ofsted
Chiswick
Ofsted registered
Piccolo Play Centre, Duke Road,
Chiswick, W4 2JR
0203 643 2574
07525 773 659
info@piccoloplaycentre.co.uk

INDEPENDENT FAMILY BREWERS
ESTD 1855
FULLER'S
Brewery Tour
Discover the secret of
our success on a tour
of the Griffin Brewery
For full details call 020 8996 2000
or visit fullers.co.uk
Fullers, Chiswick Lane South W4

B **BORTHWICKS ESTATE AGENTS**
For unparalleled local knowledge on buying, selling and letting in Chiswick and West London
SALES: 020 8994 8442 • LETTINGS: 020 8994 8441
3 Chiswick Rd, Station Parade, Chiswick, London W4 5NF • borthwicks.co.uk

LOCAL NEWS

LOCAL NEWS

Chiswick Herald™
 Published EVERY FORTNIGHT FRIDAY

Got a story? Call 020 3623 0567
 newsdesk@chiswickherald.co.uk
 www.chiswickherald.co.uk

Pick up a copy of The Chiswick Herald from the following outlets:

Sainsbury's
 Essex Place,
 Chiswick W4 5UT

MORRISONS
 228-246 High St,
 Brentford TW8 0JG

Chiswick Library
 Chiswick Park Station
 Chiswick Town Hall
 Fuller's Pubs
 Strand On The Green Post Office

SUBSCRIBE FOR £10 per year:
 Subscribe to the Chiswick Herald and we'll deliver direct to your door. Call 020 3623 0567 for details

Contact information

Editor/Publisher: Paul Williams
 paulwilliams@chiswickherald.co.uk
 020 3623 0567

Advertising Sales Manager: Annmarie Frankland
 annmarie@chiswickherald.co.uk
 020 3623 0567

Business Development Manager: Amita Shankar
 amita@chiswickherald.co.uk

Production Manager: Catherine Clarke
 production@chiswickherald.co.uk

The Chiswick Herald
 Unit 22, 295 Chiswick High Road
 Chiswick, London W4 4HH
 © PWR Media 2016. All rights reserved.

Stitching Room

Where sewing becomes an art.....

Tailoring and alterations studio
 10 Devonshire Rd, London W4 2HD
 020 3643 0576
 www.stitchingroom.co.uk

Tiled murals for Turnham Green Bridge

Liberal Democrat run Southfield ward forum have donated to the funding of a scheme to create a tiled mural along both sides of the Turnham Green bridge. Contributions have been made from Hounslow Council and Transport for London.

Karen Liebreich, from Abundance London who created the project, said: "We are delighted that the Southfield Ward panel has decided to support our Turnham Green Bridges project. The area under the railway arches along Turnham Green Terrace has been an eyesore for many years. Abundance London first proposed this project several years ago, and now has permission from Transport for London to create a lovely mural. This will be a landmark piece of public art including a timeline of historic maps showing the development of Chiswick through the centuries."

ACTON HOMELESS CONCERN
 Advice • Support • Hope

25 YEARS
 1989-2014

Our mission is to provide advice and support for those who need shelter and help.

DONATE OR VOLUNTEER:
 actonhomelessconcern@yahoo.com
 020 8992 5768
 www.justgiving.com/actonhomelessconcern

Appeal for witnesses to serious stabbing in Ravenscourt Park

Police in Hammersmith and Fulham Borough are appealing for witnesses and information after a teenager was stabbed in Ravenscourt Park. Police were alerted to the stabbing at around 1950hrs on Thursday, 5 January and the victim, aged 14, was found near a bus stop on Goldhawk Road, near the junction with Ashchurch Grove, W6.

He was taken to a central London hospital by London Ambulance Service suffering a stab wound. His injury is being treated as potentially life threatening.

It is believed he was stabbed in nearby Ravenscourt Park.

Detectives from Hammersmith and Fulham CID are appealing for any witnesses or anyone with any information to contact them.

Anyone that can assist the investigation is asked to call police via 101 or tweet @MetCC.

To give information anonymously contact Crimestoppers on 0800 555 111 or visit crimestoppers-uk.org.

Interim head appointed at Chiswick School

THE GUNNERSBURY
 chiswick

This historical Inn & coach house has been serving food to travelling tourists since 1830, a good example of a warm and welcoming Victorian building.

We have an honestly priced, well balanced menu with something for everyone. We are open from breakfast time to dinner time. 8.30am - 9.30pm. Please see our website for full menu details. Kids choices too.

We are "the talk of the town" for our Traditional British Sunday Lunches.

10% OFF ALL MAIN COURSES INCLUDING PIZZA WITH THIS AD

THE GUNNERSBURY
 590 Chiswick High Road W4 5RP
 info@thegunnersbury.com | www.thegunnersbury.com
 Reservations: 0208 742 7466

Chiswick School
 Let's make it happen.

The current Headteacher at Chiswick School, Mr Tony Ryan, has left the School citing 'personal and professional reasons' with Interim Headteacher Jill Coughlan taking up her post at the start of this current term.

In a statement the school confirmed, "The following Headship changes have taken place at Chiswick School. Tony Ryan has taken the decision to leave the School for personal and professional reasons and Jill Coughlan CBE has been appointed as the interim Headteacher and has taken up her post today.

Mrs Coughlan is a highly regarded education specialist with an outstanding record in delivering sustainable school improvement in a number of schools. Most recently, Mrs Coughlan was Interim Headteacher of the Green School in Hounslow and subsequently became the Chief Executive of the Green School Trust.

The Board of Governors would like to extend its thanks to Mr Ryan for his commitment, hard work and dedication to making the significant changes and improvement that have taken place at Chiswick School over the last 6½ years."

Following the departure of Headteacher Tony Ryan, Chiswick School has also announced the appointment of three new Parent Governors.

In a letter to parents, Chair of Governors at the school, Nicholas Lee, said "I am pleased to say that we have had an unprecedented level of interest from parents in the recent Parent Governor elections, with a total of fifteen nominations and over 400 votes cast.

As a result, the following parents have been elected: Jo Flanagan, Julie Carter and Rachel Jerrome."

New website launched highlighting West London's rich artistic heritage

Arts & Crafts Hammersmith have launched a new website for the New Year, highlighting West London's rich artistic heritage at www.artsandcraftshammersmith.org.uk. The website is part of a Heritage Lottery Fund supported project that aims to reveal the continuing impact of the Arts & Crafts Movement in West London.

It demonstrates how many artists and craftsmen were drawn to Hammersmith in the late 19th century to be near its two most influential protagonists – William Morris and Sir Emery Walker.

The website launches as the William Morris Society's premises at 26 Upper Mall and Emery Walker's House at 7 Hammersmith Terrace reach the end of major renovation and refurbishment. Visitors to the website will be able to find out more about both men, their lives, friendships, homes, work and continuing influence, through a range of activities from visits to the respective historic houses, learning and participation initiatives, and opportunities for volunteering.

And you may be inspired to walk off the New



Designer, poet and radical thinker Williams Morris

Year's excesses by following in their footsteps with an online heritage trail. This takes you along the Thames Path between Hammersmith Terrace, where Walker lived to just before Fumival Gardens, where Morris had set up home at Kelmscott House, a trip both men made every day for six years when they called

in on each other. Now you can walk along the riverside route, using the website to find out about the various artists and social activists who have lived along this scenic path over the years.

Arts & Crafts Hammersmith are looking for volunteers to join their friendly team, so take

a look at their website and see if you'd like to make helping out at this fascinating, local heritage project one of your new year's resolutions!

Woman assaulted in Chiswick

Police are appealing for information and witnesses following a violent assault on a 19-year-old woman. At around 00:30hrs on Thursday, 29 December, the victim got off a bus in Burlington Lane, Chiswick near to the railway station.

The victim crossed the road and moments later she was attacked from behind by an unknown male. The man hit the woman on the back of her head and then punched her repeatedly as she lay on the floor.

The woman was taken to hospital by ambulance.

She was discharged later that day.

The attacker is described as a white man, over 6ft tall, of broad build and aged around 40 years.

Anyone who witnessed the assault, has information that may assist the investigation or believes they may know the identity of the attacker should call Hounslow CID via 101.

To give information anonymously contact Crimestoppers on 0800 555 111 or visit the crimestoppers-uk.org website.



Chiswick distillery Sipsmith and Beam Suntory join forces to deliver global growth

Sipsmith Gin today announced that they have partnered with Beam Suntory to accelerate the global growth of Sipsmith and its authentic super-premium London Dry Gin. Sipsmith will continue to be operated by its founders, Sam Galsworthy and Fairfax Hall, and the operations will remain in London, where the business opened the city's first gin distillery in nearly 200 years.

Sipsmith's award winning London Dry Gin will continue to be made in the traditional way, hand-crafted in small batches. Beam Suntory has a long track record of sustaining the heritage, culture and craftsmanship of businesses in which it invests.

The Companies aim to pursue ambitious export plans for Sipsmith by leveraging Beam Suntory's strong global routes to market. Super-premium gin is the fastest growing segment of the attractive and growing global gin category.

"This is a momentous occasion for Sipsmith," said Sam Galsworthy, Sipsmith Co-Founder. "As leaders of the gin renaissance in the UK, we have worked tirelessly to share our gin of the highest quality with discerning sippers. In this new chapter, we have found the perfect partners to take Sipsmith to all four corners of the globe, and do so whilst retain-

ing our quality gin, astonishing team and Chiswick distillery in London. The team at Beam Suntory shares our values and pursuit of excellence. Fairfax and I will remain fully involved in the business, working harder than ever to achieve our vision of a gin that will stand the test of time and be sipped around the world."

"With incredible skill and passion, Sam and Fairfax have built an extraordinary super-premium gin that is synonymous with London and the utmost craftsmanship," said Matt Shattock, chairman and CEO of Beam Suntory. "We're thrilled that Sam and Fairfax will continue to

lead the business and make their gin true to their brand vision. We really admire what they've accomplished, and we're very excited to team up with them to maximize the global potential of Sipsmith. Sipsmith's pioneering spirit and Beam Suntory's strong routes to market around the world are a winning combination."

Sipsmith has generated strong growth since its founding in 2009, and more than two-thirds of its current sales are in the United Kingdom. Sipsmith employs traditional copper pot distillation to make its authentic, award-winning flagship London Dry Gin, as well as innovations such as V.J.O.P. (Very Junipery Over Proof

Gin) and Sloe Gin.

The transaction, which is structured to give Beam Suntory a controlling interest in the business, is expected to be completed this month. Specific terms were not disclosed.

Unlikely allies unite to back independent aviation noise authority

HACAN and Heathrow have set out their support for an Independent Aviation Noise Authority (IANA), one of the recommendations made by the Airports Commission. The Government has said it would support the introduction of the IANA and will consult on its role and scope this year.

Ahead of that, the two organisations have agreed a joint position on the role and structure of the Authority.

The IANA's primary role should be to provide an impartial source of expert advice on noise, acting independently of industry, government or local groups.

In a letter to Transport Secretary Chris Grayling Heathrow Airport and HACAN set out their joint support for an Independent Aviation Noise Authority (IANA) to oversee efforts to reduce aircraft noise in communities around Heathrow.

The establishment of a noise authority was first proposed by the Airports Commission in its final report and the Government has since said it supports the introduction of the IANA with a consultation on its role and scope to follow in the new year.

The two organisations share the view that the IANA's main roles should be to provide an impartial source of expert advice on noise, coordinate independent research, adjudicate on noise complaints that can't be managed locally and ensure that communities have access to information about noise and how airports are managing issues.

John Stewart, Chair of HACAN, said: "It is well-known we don't agree with Heathrow on everything but on this issue we are speaking with one voice. A strong, independent noise authority can bring reassurance to local communities but can also encourage airports to take their noise responsibilities seriously."

John Holland-Kaye, Heathrow's Chief Executive, said: "We want to be a good neighbour, and reduce the impact of aircraft noise on our local communities – something on which we agree with HACAN. An independent aviation noise authority has an important role to play in building trust that we are meeting our commitments."

BRENTFORD SCHOOL FOR GIRLS & SIXTH FORM CENTRE



"TOP 100 NON-SELECTIVE STATE-FUNDED SCHOOLS IN THE COUNTRY"
NICK GIBB, MINISTER OF STATE FOR SCHOOLS (FEBRUARY 2016)

VISION | CREATIVITY | EXCELLENCE



Luminis
BEAUTY SPA

A luxury beauty
spa & haven of
relaxation, nestled in
your local Chiswick
high street

Luminis Beauty Chiswick, 59-61 Turnham Terrace,
Turnham Green, W4 1RP

Tel. 0844 800 2152

www.luminisbeauty.co.uk

74% of MP's now back Heathrow expansion

74%* of MPs now say they back a third runway at Heathrow airport, a record level for the project. As the Government announced its backing for the project in October, MPs ranked an expanded Heathrow as one of Britain's top infrastructure projects, believing it will provide the most long-term benefit to the economy and benefitting all the regions of the UK.

With support for the project remaining at a similar level both immediately before and after the Government's announcement, the ranking suggests MPs views may be driven by a belief that an expanded Heathrow will help to create jobs in Britain and rebalance growth across on the country.

A jump in Conservative support from the last poll in August from

71% to 80% of Conservative MPs saying they would vote for a third runway at Heathrow demonstrates that Tory MPs are now decisively in favour of the project.

In further show of Parliamentary unity, 75% of Labour MPs declared they would back a vote on a third Heathrow runway, meaning that there would be an overwhelming Parliamentary endorsement of the

project if a vote were held today.

Heathrow CEO John Holland-Kaye said:

"Heathrow expansion has more political support than ever before because MPs understand that a third Heathrow runway equips our country with the tools we need to thrive in the 21st century. This is why we have the confidence to invest in and

to deliver Britain's new runway."

*ComRes surveyed 130 MPs online and by paper self-completion questionnaire between 4th October and 18th November 2016. Data were weighted to reflect the exact composition of the House of Commons in terms of party representation and regional constituency distribution.

Police officers rescue people trapped in Acton pub fire

A team of Ealing officers helped rescue those celebrating the start of the New Year after a large fire started in a busy Acton pub. Shortly after 00:40hrs on Sunday 1 January, police became aware of a fire at the Aeronaut pub in High Street, W3. The pub was packed with approximately 300 people at the time. Officers bravely swooped into action helping to evacuate the building and rescue those trapped inside. PC Ben Jacques entered the burning building, and during a search found a trapped woman having an asthma attack due to the smoke engulfing the ground floor. He dragged her out of the premises and his actions may well have saved her life. Another

man was helped out with a laceration to the hand caused by his desperate attempt to smash a window and escape the fire.

London Fire Brigade (LFB) attended and officers put cordons up in the area for public safety.

Acton Police Station, which is next door, was evacuated as a precaution due to the severity of the fire.

Eight people - five police officers with smoke inhalation and three members of the public with minor injuries - were taken to hospital for treatment.

The fire has left the pub gutted.

Chief Superintendent, Paul Martin, Borough Commander for Ealing said: "I'm proud of the bravery and determination shown by my officers who went into a burning smoke filled pub to help rescue those inside and ensure an orderly evacuation.

The damage inside is extensive. Thankfully no one has been seriously injured and that is largely thanks to the efforts of police who acted decisively in the face of danger. I'd like to wish all those injured, including the five officers who suffered smoke inhalation, a speedy recovery."



The Aeronaut was packed with New Year revellers

THE SAFFA GARDENER

Rhs qualified, I cover all aspects of garden maintenance:

Tidy up's, pruning, hedge trimming, lawn care, bed cultivation & weeding, planting & feeding, window box displays, jet washing, sourcing plants, green waste removal and much more.

64 Eastbury Grove, Chiswick, W4 2JU
Call Craig 07737 216660
thesaffagardener@hotmail.com

SCOTT ACKROYD
Painter & Decorator
INTERIOR • EXTERIOR

W4-based, covering west London for over 10 years.
High quality preparation & finish.
All work carried out by myself.
No job too small.

020 87471278 / 07779 738396
ackroyd.scott@googlemail.com

Chiswick Pupil Snapped up to Star in BBC Drama

A talented boy from Chiswick and pupil at Falcons School for Boys Preparatory School in Richmond has been cast in a brand new six-part drama for BBC One based in Yemen. Toby Woolf, (8), will be debuting his acting career in The Last Post, written by BAFTA winner Peter Moffat, which is due to air later this year.

Set in the mid-60s the drama centres around a unit of Royal Military Police Officers and their families. The story is based on Peter Moffat's childhood memories, his father's life as an officer in the Royal Military Police and his mother's struggle between being what the army required her to be and what she felt like being.

Toby will be playing George Markham, son of the man in charge, Major Harry Markham and Mary Markham, the woman everyone goes to for help.

Incredibly, Toby originally auditioned for a Steven Spielberg film to practise his interviewing skills, ahead of his 8+ exam. Despite, thousands of boys globally auditioning for the role, Toby made it to the final few. The casting agent saw a natural talent in him which resulted in Toby being asked to audition for

The Last Post. Toby will star alongside famous names such as Jessie Buckley (War and Peace), Amanda Drew (Broadchurch), Ben Miles (Coupling, RSC's Wolf Hall), Stephen Campbell Moore (History Boys, The Go-Between) and Jessica Raine (Call The Midwife).

Toby is currently filming in South Africa and his proud mother, Marnie Woolf commented: "He is really sporty and loves football and rugby, we had no idea he would do so well when we took him to the open casting, it has been a complete surprise to discover he has this talent."

"Everyone who has come into contact with him has talked about how professional he is. The cast has been so kind to him and Falcons School for Boys have been incredibly supportive. He is still doing his school work on set so he isn't falling behind."

Head teacher at Falcons School for boys based at Kew Foot Road, Deon Etzinger commented: "Toby has surprised us all with his natural acting ability. This is a very exciting time for him and we all can't wait to watch The Last Post to see him hard at work. We fully support this adventure and we like to celebrate the excellent achievements of all our pupils here."

MP calls for action on Air Quality in Brentford & Chiswick



Ruth Cadbury

MP for Brentford and Isleworth has called on residents to attend a meeting with local activists to discuss air quality in Brentford, Chiswick and surrounds. The MP also says she plans to continue to campaign against expansion at Heathrow, in Parliament and in the community.

Ruth said, "It's not a done deal, as the Government's support for expansion was qualified by the assumption that noise and air pollution would not be significantly worse, and that is unachievable.

"The A4/M4 corridor has some of the worst air quality in London, and expansion at Heathrow is set to make things worse. With local community activists, I have organised a public meeting to discuss Air Quality with Prof Frank Kelly speaking. The meeting takes place as the Mayor considers the responses from his recent consultation on London's air quality."

Air Quality Public Meeting, 7.30pm - 9.30pm, Tuesday, 17 January 2017, Brentford Free Church, Boston Manor Road TW8 8DW



Toby Woolf outside his trailer on set

NHS announce downgrading of Ealing and Charing Cross Hospitals



The NHS has confirmed that despite widespread public opposition, it is pushing ahead with a 10-year plan that will see Ealing and Charing Cross hospitals downgraded.

Last month (December 2016), the NHS published a £500million business case that sees blue-light ambulances, critical care and potentially all surgery removed from Ealing Hospital by 2022.

After Ealing is downgraded to a 'local' hospital, the NHS would then do the same to Charing Cross Hospital – helping it save £1.1billion over the next decade.

There is widespread public opposition to the plans and numerous protests and marches have taken place across West London.

Ealing Council has confirmed that it will hold a public meeting at Ealing Town Hall on Wednesday, 15 February 2017 at 7pm. Residents are invited to attend to find out more about what it means for local health services including those provided in hospitals as well as planned improvements to primary care. The council will then be responding to the NHS' public consultation which is starting early in the new year.

Councillor Julian Bell, leader of Ealing Council said: "Despite huge local opposition the NHS is hell bent on carrying out the biggest reconfiguration experiment in its history and using the people of Ealing as its guinea pigs.

"While we want investment in improved out-of-hospital and preventative care, we can-

not support the closure of A&Es and the downgrading of Ealing and Charing Cross hospitals. This plan signals the death knell for emergency services in Ealing. It would leave our borough, which has a population the same size as Cardiff, without an A&E. This is not safe.

"To add insult to injury we have also learnt that the investment in the remaining site is being cut with the existing hospital getting a 'make do and mend' refurbishment rather than the new hospital being promised."

Councillor Hitesh Tailor, cabinet member for health and adult services, said: "I would urge as many people as possible to attend our public meeting in February.

"The NHS belongs to all of us and we need to defend vital local health services - once they have gone they will be lost forever."

Last year Ealing and Hammersmith and Fulham commissioned an independent inquiry led by Michael Mansfield QC that has provided a strong evidence base for why the proposals are wrong.

To find out more about the NHS plans and how you can get involved:

1. Come to the public meeting in Ealing Town Hall on Wednesday, 15 February at 7pm
2. Speak with friends and neighbours to make sure as many people as possible understand what is proposed.

Alice Gross memorial award launched for young musicians



Alice was a keen and talented musician



Ealing Council's Music Service is launching a new award inviting young Ealing singer-songwriters to apply for the chance to record a song in a professional music studio following the launch of its new Alice Gross Memorial Song Writing Award.

The song writing award has been added to seven existing categories for young musicians and singers that are already offered by Ealing Music Service. These awards are designed to help talented students progress to their fullest potential and are particularly aimed at pupils whose families find it difficult to support the increased cost of tuition in line with their progression.

The British Grove Studios in Chiswick, founded by Mark Knopfler from Dire Straits is supporting the council's, Alice Gross Memorial Song Writing Award, by offering the prize of a one day recording session at the studios for the award winner. Applicants for the award must be in year 10 or 11 and either live or go to school in Ealing.

Alice Gross was a promising musician and song writer who attended Brentside High School in Ealing and tragically lost her life in September 2014. Alice hoped, one day, to have a career in music.

Cabinet member for children and young people, Councillor Binda Rai said: "As a council we wanted to honour Alice's memory and the love she had for music making and song writing by creating this award in her memory to give the opportunity for other young people to share their music.

"We have a lot of talented and creative young people in our borough and there are several awards suitable for a range of musicians from seven to 26-years-old. I would like to encourage applications from young people of all abilities and backgrounds to apply for these awards."

Details on all Ealing Council's Music Service Awards can be found at www.ealing-musicservice.com/awards

Alice's family have also set up Alice's Youth Music Memorial Fund in support of the National Foundation for Youth Music to enable disadvantaged young musicians and singers to follow their musical passions. For more information on the Alice Gross Memorial Fund, visit www.alice.poppymadeleine.gross.muchloved.com/

Appeal for witnesses to serious stabbing in Ravenscourt Pk

Police in Hammersmith and Fulham Borough are appealing for witnesses and information after a teenager was stabbed in Ravenscourt Park. Police were alerted to the stabbing at around 1950hrs on Thursday, 5 January and the victim, aged 14, was found near a bus stop on Goldhawk Road, near the junction with Ashchurch Grove, W6.

He was taken to a central London hospital by London Ambulance Service suffering a stab wound. His injury is being treated as potentially life threatening.

It is believed he was stabbed in nearby Ravenscourt Park.

Detectives from Hammersmith and Fulham CID are appealing for any witnesses or anyone with any information to contact them.

Anyone that can assist the investigation is asked to call police via 101 or tweet @MetCC.

To give information anonymously contact Crimestoppers on 0800 555 111 or visit crimestoppers-uk.org.

New Stamford Brook bike shop is the wheel deal



Andrew Wagerer, co-owner of Bike in Stamford Brook

Everyone has their passion. For Andrew Wagerer, it's bicycles.

The 41-year-old has spent most of his life on and around the two-wheeled mode of transport. So it was of little surprise to those who know him when he opened a bike shop in Hammersmith earlier this year. Probably even of less surprise is what the business is called. Just 'Bike'.

Bike opened its doors about six months ago and is already well patronised by pedalling locals.

Toronto-born Andrew co-owns the shop with Brazilian business partner Paul Carvalho and offers everything from tiny beginner 'balance bikes' for toddlers to learn on, to £10,000 time-trial machines for those with serious ambition and seriously deep pockets.

"Our premise here is two things; building bikes for people so they have something special and just to get more people riding.

"The more people riding the better the area becomes really. They have even shown house prices go up when there is more cycle friendliness," he added.

While bleeding the hydraulic brakes of a customer's mountain bike – they offer repairs, as well as bespoke builds and off the shelf bikes – Andrew muses the factors that might stop someone riding locally.

Making Hammersmith gyratory less intimidating, for example, and improving the west-to-east cycle path down King Street towards West Kensington.

He rides his young son to school every day, so welcomes H&F's plans to make cycle routes that avoid main roads and can be used by be-

ginners or those less competent, as well as to make the borough the greenest in the country.

Bike in Stamford Brook

"It's not really very cycle-friendly," he says. "If you can get around without having to get off and walk, that's would be really efficient and when you're a cyclist you want your travel to be efficient. When you have to get off and walk it is not.

"Protected cycle lanes that are wide enough would be perfect."

Andrew came to London – a city he has fallen in love with – 14 years ago and in that time says there has been a remarkable shift in awareness towards cycle safety.

He is currently running owners' mechanical courses. "I have worked in the bike business for more than 20 years now and always liked it. I have tried other careers and just kept coming back to bikes and I always wanted to own my own shop," said Andrew.

"I live just round the corner in Stamford Brook and know the area well. I had held out for this shop for three years and eventually the lease ran out and I got to know the landlord and rented it directly from him. It is the perfect location, the perfect shop and affordable rent.

"Today you can tell drivers are a lot more aware, where before it was a lot more dangerous," he added. "Anything that helps get bums of saddles make it safer for everyone."

Co-owners of Bike Paulo Carvalho (left) with Andrew Wagerer

Multi-award winning Cove Spa is renowned for its 'personalised' and cutting edge service where exceeding your expectations is our philosophy.

- gift vouchers
- vip benefits
- spa packages
- online shop

50% OFF 3D LIPO TREATMENTS
300 - 302 Chiswick High Road W4 1NP 020 8995 2293 thecovspa.co.uk

Health Centre to get more 'out of hospital' services

Under new proposals put forward by the Clinical Commissioning Groups (CCGs), Chiswick Health Centre will see investment to help facilitate so called 'out of hospital services' in a bid to ease pressure on existing procedures at local hospitals. But, says MP Ruth Cadbury, the government is still ignoring the underfunding of essential NHS services at local level.

Last week, details of the future plans of the NHS for health facilities in our West London were revealed. The Clinical Commissioning Groups (CCGs) released their plans to a meeting of MPs in Westminster, saying that the future of NHS services have to shift with more focus on prevention, suggesting patients receive treatment at home or in local health centres with less dependence on high-cost acute beds.

Ruth Cadbury MP said, "We know that a third of hospital beds are occupied by people (often older people) who could be better cared for elsewhere, preferably in their own homes. The NHS says there are too many small hospitals,



and specialist clinical resources are spread too thinly.

In Chiswick the IMBC proposes investing in more out-of-hospital services at Chiswick Health Centre (along with Brentford and the Heart of Hounslow centres).

West Middlesex hospital will be a "Major Hospital" with growth in Accident and Emergency services and the number of acute beds. However Charing Cross Hospital will become a "Local Hospital" in due course.

Ruth continued, "We are being told that Charing Cross will continue to have a blue-light A&E until at least 2021, and there is as yet no information as to what services will be retained there, until further work is done around plans for St Mary's Paddington.

"We all know about the financial crisis of the NHS. The IMBC says that these plans help reduce the problem – saying "do nothing" means a forecast deficit of £114m for the NW London CCGs, whilst these reconfiguration plans could bring a "sustainable income and expenditure surplus position of £27.6m at 2012/25".

"Of course this remains to be seen, the devil is in the small print, of which there is lots. My frustration is that all discussion about the future of NHS services ignore the elephant in the room. That is, the refusal of the Government to acknowledge that too many of the NHS's problems are caused by woeful underfunding of adult social care, now the biggest element of our Council's budget.

"We cannot expect the NHS to deliver good health services for all, if the care of our elderly and disabled people is being cut and cut." What do you think about the proposals? Leave your comments below or email Ruth direct: ruth@ruthcadbury.org.uk

Austins Solicitors

Austins Solicitors is a Chiswick based firm specialising in property, (residential and commercial), landlord & tenant, probate, trusts and wills.

We have assisted clients and companies in the Greater London area since 2004.

We are accredited by the Society of Trust & Estate Practitioners (STEP) for probate, wills and trusts and adhere to their will writing code.

In addition we hold the Law Society's Lexcel quality standard for legal management and Conveyancing Quality Standard (CQS).

We pride ourselves on our approachability, efficiency and transparency. Fixed fees are available on most matters.

For more information on our work and achievements to date, visit our website at WWW.AUSTINSANDCO.CO.UK

t: 0800 3777716
e: property@austinsandco.co.uk
Building 3, Chiswick Park 566, Chiswick High Road, W4 5YA.
Authorised and Regulated by the Solicitors' Regulation Authority SRA No: 439875

LOCAL NEWS

Brentford School for Girls Art Exhibition at the Watermans

Brentford School for Girls is delighted to be showcasing students Art, Textiles and Photography GCSE and A-level work.

The work is in response to one of the school 'values': 'Creative' (other values are: Ambitious, Confident, Flexible, Inquisitive and Reflective).

The exhibition represents a broad section of work produced for examination and end of year exhibition. Some of the work is thematic and was developed in collaboration with the London Museum of Water and Steam and some is response to portraiture, figurative studies and other themes.

At A-level, students choose their own work themes and therefore outcomes become more personal in nature, perhaps focusing on a particular issue and entrenched with meaning.

Students are able to look at a variety of artists and photographers and respond appropriately

in their preferred media.

Brentford School for Girls is intent on developing our students' creativity and receives outstanding results in Art & Design, Textiles and Photography.

Annually a good number of students go on to study these subjects at leading Art Colleges and Universities and gain jobs within the Creative Industries.

The staff and students at Brentford School for Girls are grateful for the support of Watermans as this is a fantastic opportunity for students to showcase work in a professional arts venue. This opportunity allows for students to gain knowledge and recognition for their first public exhibition.

Brentford School for Girls Art Exhibition at the Watermans
6th January – 31st January 12 noon till 9.00pm
Private view Thursday 12 January, 5.30-8pm



Continued from front page.

"We're really lucky to have John Stewart as our guest speaker. He has expert knowledge after campaigning for many years to protect the rights of residents living under Heathrow's flightpaths.

"Anyone is welcome to come along, whether they are members or not. It's time to get involved."

Christina herself has an excellent knowledge

of all matters Heathrow after being chair of H&F Council's resident-led commission on airport expansion.

With the help of the council, the commission produced a 56-page report on the third runway proposals at Heathrow which was submitted to the Airports Commission, led by Howard Davies in 2015.

At the meeting John Stewart will discuss campaign plans for fighting the proposed expansion and will encourage discussions on what actions can be taken locally.

LOCAL NEWS



WATE Step into Spring and bloom. Celebrate your uniqueness at **Dental and Cosmetic Rooms**

Whatever dental or cosmetic treatment you or your children need, we will create a bespoke treatment plan combining the best of dental services, products, advice and after-care support available in the Chiswick area. We also are a centre for Facial Aesthetics offering anti wrinkle injection, dermal fillers and amazing range of peels and skincare products.

OUR AMAZING OFFERS INCLUDE:

Dental offers:

- A new patient dental exam offer for £50 which includes check up, x rays and a scale and polish
- Teeth Whitening offer £350 (includes Zoom in chair and take home kit)
- Diamond polish hygiene visit £80

Facial Rejuvenation offers:

- Wrinkle reducing injections £220 for 3 areas
- Dermal Fillers £250 per ml
- Mesotherapy
- Free skin consultations

Owner and Principal Dentist
Raffaella Gabassi

Open 8.30am to 8.00pm on Monday, Wednesday and Thursday. Saturday appointments also available. Come in and have a chat with our friendly team. Tel 0208 7479933 • www.whitedentalrooms.co.uk

WATE
Dental and Cosmetic Rooms

Chiswick Open Air Nursery & Forest School
@ Buttercups Homefields

Book your child into our Open Air nursery or Forest School within our safe and secure huge garden.

We have created a wild and wonderful forest garden with fruit trees and bushes for the children to enjoy den-making, camping, digging, exploring, investigating mud kitchen and other forest school activities. Book half day or full day sessions.

The children will eat, sleep and play in the great outdoors with qualified forest school leaders.

**Buttercups Lodge, Homefields Rec Ground,
Chiswick Lane W4 2AT
020 8840 4838
www.buttercups-nursery.co.uk**

Piccolo Pre-school

Piccolo Pre school a loving, safe and stimulating environment
Quality affordable childcare in the heart of Chiswick,

Hours available 8am – 5.30pm
Open 50 weeks of the year
12 months to 5 Years
Childcare vouchers accepted
Registered to accept 2-4 year old free entitlement
Full and Part time places
Ofsted registered
Fully qualified staff

If you would like more info or to book a visit please contact
Telephone: 0203 643 2574 / 07525 773 659
Email: info@piccoloplaycentre.co.uk
Address: Piccolo Play Centre, Duke Road, Chiswick, W9 2JR

Lib Dem Councillor says the recent strikes are harming us all

I have much respect for unions and the role they play in many companies to raise the standards of health and safety. I was proudly a union representative and worked with management to ensure a more productive workplace. But over the past few years, transport unions have cast a sad shadow over their sector. I cannot stand up for many of their strike actions as they could have been avoided with more grown up discussion and some I cannot believe striking is a valid outcome. When residents in Southfield mention strikes to me they

think they are pointless. These residents come from all sides of the political horizon. Many thousands of Chiswick residents and millions of commuters across London, could not easily get to and from work. We see tourists suffering. Hardly the anthem of an open Britain after the BREXIT vote. Transport unions clearly seem to believe that a job should always be a job for life. In the real work industries and technologies change, meaning that we need to adapt and reskill ourselves. If technology allows safe transporting

methods including automations (as we see in other countries and on the DLR) strikers are killing their own reputation and industry. They have lost the support of the public. Clearly there has been an amount of transport unions, co-ordinating their strikes, to cause greater harm than could have been. Perhaps it is no wonder that many unions have falling memberships. Their General secretaries are just bully boys. Also the 24 hour strikes are actually a 32 hours strike given when the strike is meant to finish

at 6pm, those stations will not open. Sadly, I expect to see more strikes. Chiswick and London will suffer. Many businesses will suffer. I know of people who have left to live in Yorkshire to get away from the transport chaos that is London. Liberal Democrats say that all parties should get around a negotiation table, grow up, stalk and make sensible agreements instead of striking.
Councillor Gary Malcolm, Liberal Democrat Councillor, Southfield

Cllr welcomes new mental health support for local schools in Ealing

Cllr Greg Stafford, Opposition Leader has welcomed new measures to transform the way we approach and deal with mental health in Ealing so more children and young people receive support and care.

There will be new support for every secondary school in Ealing. Each school will be offered mental health first aid training to increase awareness around mental health and help to tackle the unacceptable stigma around the issue. To support this initiative, new proposals will outline how mental health services for schools, universities and families can be improved, so that everyone in the community is supported, at every stage of life.

We will also be reviewing children and adolescent mental health services in Ealing. This will help to identify what is already working and what we can improve, so more children and young people get the mental healthcare they need and deserve.

These proposals are part of a wide range of measures to improve mental health in Ealing and make sure no one is left behind. There will be an expert review into how we can improve mental wellbeing in the workplace so employees receive more care. There will be more support in the community so everyone in need can access the best support for their needs, more

online services will be provided and the system will be made fairer for people suffering from mental health problems.

Cllr Greg Stafford, Opposition Leader commented:

“For too long there hasn’t been enough focus on mental healthcare in this country, it has been hidden injustice and surrounded by unacceptable stigma, leaving many to suffer in silence. Changing this goes right to the heart of shared values and making sure we live in a country where everyone is supported.”

“These new proposals will ensure children

and young people in Ealing receive the compassion, care and the treatment they deserve. Mental healthcare will be improved in schools, workplaces and universities and those suffering from mental illness will be able to access the right care for their needs, whilst we tackle the injustices people with mental health problems face.

“This is an opportunity to make sure we are providing attention and treatment for those deserving of compassion and help, striving to improve mental wellbeing and ensure that everyone is supported.”

Labour and Ealing Conservatives happy with benefit cuts to the vulnerable

You want a different sized wheelie bin? That will be £88,000!

At a Council meeting Liberal Democrat Councillors voted to reject plans to reduce the benefits that many poorer members of society receive from the Council. The benefit in question is Council Tax Support Relief, which is given to some residents who have low incomes or are elderly. Many of these residents are classed as vulnerable.

Councillor Gary Busuttill said: “It appears clear that only the Liberal Democrats are standing up for residents. This is the third similar cut made to many thousands of vulnerable residents. Both the Conservatives and the Labour party joined forces to pass their controversial plan.”

As many residents know, wheelie bins were introduced last summer. Only now, are we getting information on some of the costs involved in the process. Recent information shows that across Ealing Borough over three thousand residents exchanged bins. This cost that the Council paid was £88,000.

Councillor Andrew Steed said: “We were critical of many aspects of the process. Accordingly we were contacted by many Southfield

residents unhappy with the size of bin and the difficulties they experienced in trying to obtain smaller or larger bins. The Southfield Liberal Democrats think that if the initial offer to residents had been more honest as to exactly what was available, and the Council had responded with greater flexibility, the cost would have been far less?”

Gunnersbury Station Footbridge: Legal agreement still not signed

A year since the Planning Committee once more* approved an application for the footbridge linking the Chiswick Business Park to Chiswick Park station (10 December 2015), the Legal Agreement needed to allow work to begin has still not been signed, with the need for a bridge ever more urgent say West Chiswick and Gunnersbury Society.

The need for a footbridge is ever more urgent now that occupation of Building 7 on the Business Park (capacity 2500-3000) is underway.

This serious delay in providing the footbridge, despite the recognition that it is an essential piece of infrastructure, confirms the misgivings and concerns expressed by the West Chiswick and Gunnersbury Society, when their request for phased occupation of Building 7 to be tied to the delivery of the bridge was refused. The society’s comments, published in the Addendum to the Planning Officer Report presented at the December 2015 meeting of the Planning Committee, included:

“WCGS understands the need to expedite this application in order that the developer can take advantage of the September 2016 track possession slot offered by Network Rail. We do not intend therefore to raise any objection at this stage. However we do wish to record our misgivings with respect to timely delivery of the footbridge and our grave concerns as to the overcrowding at Gunnersbury Station. These concerns are shared by GSAT (Gunnersbury Station Action Team) attendees from tenant companies at CBP. The need for TfL to introduce additional station management because



Commuter congestion at Gunnersbury Station

“there would be likely to be increased inconvenience and additional delays to passengers accessing the station due to increased passenger numbers” demonstrates the seriousness of the situation at the station.”

Overcrowding within the station is being managed by extra TfL staff. For those travelling from Gunnersbury station during the morning peak, such management now results in being denied access to the platform for longer interval. As peak period trains arrive, TfL staff clear the platform by controlling the stairs as one-way for exiting passengers, holding passengers wishing to access the platform in a queue at the single “in” gate, until staff consider it safe for them to descend the stairs against the flow.

When a second train arrives before the island

platform is cleared, the wait can be for several minutes leading to significant delays if a train is missed.

To access this gate, passengers entering from Chiswick High Road have to walk through the ticket hall and along part of the footbridge from the Grange Road/Wellesley Road entrance.

A spokesperson for West Chiswick and Gunnersbury Society said, “This situation is extremely unpleasant for all concerned – those struggling in the crush to leave the platform, those being delayed from accessing the platform and the unfortunate TfL staff on the front line having to cope with all this stress and frustration. Hardly an Enjoy-Work kind of start to the day!

“Also as we have emphasised, TfL staff only manage overcrowding within the station. The situation with respect to crossing the Chiswick High Road is of real concern. Leaving the station in the morning peak, some of the crowd join the queue for west-bound buses.

“Others, the majority, head across the road and sadly do not always wait for the lights to change. It was reported at GSAT in July that TfL had agreed to install a countdown indicator at the main pedestrian crossing outside Gunnersbury Station to improve control of the crowds crossing to and from the business park.

“This is apparently still held up by linkage to the unresolved issues between TfL and park management concerning bus stops for the No 27 bus. These stops are needed to make the service more useful for workers at the Chiswick High Road of the business park as well as for local people.”

The Society has repeatedly expressed the wish for all interested/responsible parties to work together to facilitate progress on these issues of equal importance to both those living and working in this corner of the borough. They urge the Council and its officers to use all possible means of obtaining the co-operation of the other parties involved.

*The need for the footbridge was recognised as early as 2001 and planning permissions have been granted in 2007, 2012 and 2015.

Southfield Ward Forum funds important local projects

The Southfield Ward Forum, chaired by Councillor Andrew Steed, have approved and funded a number of local projects including:

1 - Trees - Liberal Democrat Councillors have agreed to help fund the purchase of 40 new trees. These will replace those trees identified by the Council as dead, dying, diseased or hazardous. They will be planted in a combination of streets especially where diseased trees will be removed or where none exist currently.

2- Acton Homeless Concern - is the Mayor of Ealing ‘s selected charity for 2016/17. They run a drop-in day centre for the homeless and other disadvantaged groups and provide a

range of services as lunches, clothes, showers, advice on benefits & housing, a GP, a chiropody, an optician, a dentist and an alcohol and drug counsellor.

3 - Scout hut - Liberal Democrat Councillors have funded part of the second phase of the Scout Hut refurbishments which is based on Rugby Road. We have worked with the Southfield Park Triangle Residents Association and the local Scout Group. Councillor Gary Malcolm said: “

We hope that at the end of this process, the Scouts will have a better home. We also hope that other groups in the community can make more use of the Hut.”



TOP HAT CLEANERS



LCN AWARDS

BEST INDEPENDENT DRY CLEANERS

PRESENT THIS ADVERT FOR 20% DISCOUNT

when you drop off and pre-pay for your items. Excludes suede and leather cleaning sent to The Hand Bag Spa. Valid until Feb 28th 2017.

For over 40 years the Moran family have run Top Hat in Chiswick, offering quality dry-cleaning and outstanding personal service.

Today Mike Moran and his team continue this tradition, backed up by AutoValet, which provides a convenient 24-hour collection option.

SPECIALIST DRY CLEANING
Shirts • Laundry • Repairs

DEVONSHIRE ROAD W4

20 Devonshire Road Chiswick — 020 8995 9813 — www.tophatchiswick.co.uk

ON SAT 10th DECEMBER FREE MINCE PIES AND MULLED GROG FOR OUR CUSTOMERS!

COUNCIL NEWS & POLITICS

Ruth Cadbury, MP

Happy New Year!

Well can 2017 be any worse than the old one? Possibly. Brexit spells economic and legislative uncertainty, an unstable narcissist is about to be US President and we have the memory of the murder of a wonderful Parliamentary colleague to deal with.

Looking locally, I'll continue to fight the third runway proposal. It's not a done deal, as the Government's support for expansion was qualified by the assumption that noise and air pollution would not be significantly worse. Clearly that is unachievable. The A4/M4 corridor already has some of the worst air quality in London, and north Chiswick, central Brentford and north Isleworth/Osterley will be directly under the approach path of the new runway.

To kick things off, I have organised a public meeting, with local community activists to discuss Air Quality with Prof Frank Kelly speaking. The meeting takes place at the Mayor considers the responses from his recent consultation on London's air quality. Transport for London (TfL) are planning to implement an ultra-low emissions zone in central London. It will be on Tuesday 17th January, 7.30pm start. Brentford Free Church (Boston Manor Road, opposite the Butts).

Being on Labour's front-bench housing team, means housing will be one of my key areas of focus. My years on Hounslow Council, including a stint as the Cabinet member for housing, mean I am well aware of the housing pressures here and the value of good quality affordable housing. Every week I meet local people affected by the housing crisis; from families worried that their children will never have a home of their own, to couples living with their children in cramped, over-priced

temporary accommodation. We will continue to challenge the Government on their six years of failure on delivering affordable housing and we have committed that a Labour Government will end rough sleeping and tackle the root causes of rising homelessness.

I'll also be working on the growing legal complexity facing many of those owning leasehold flats. On the last day in Parliament before the recess I led for Labour in an important debate on leasehold and common-hold law reform. It's tragic that hard-working people who have saved up to buy their own home, are being ripped off by unscrupulous freeholders and managing agents, and able to get away with it because the law is such a mess. Labour will continue to push for the immediate end to the ground-rent scam, and end the routine use of leasehold ownership in new developments replacing them with common-hold and a review of the law for leaseholders. We owe that to the millions of leaseholders in this country, for now and for the future.

And my other key priority will be education. I'll continue to work with our local schools to highlight their successes, and the challenge they face with the Governments likely funding cuts. Headteachers are already having to make cuts to teaching or specialist staff as costs gallop ahead of the standstill budget they currently receive. But the Government's "Fairer funding" policy seeks to equalise the funding spend per child across England. Currently more is spent on a child in London and some other large cities than other areas, and as we know there will be no new funding we can expect London schools to face very significant budget cuts.

Looking forward to meeting Chiswick Herald readers in 2017.

Hounslow Council supports small steps to greater activity

Hounslow Council is committed to encouraging active and healthy lifestyles for residents of all ages. Regular good habits of exercising and being active is vital in children and young people, so that those good habits once gained, will stay with them into adult life. In Hounslow, only 12 per cent of primary school pupils meet the CMO's guidelines for physical activity [60 minutes seven days a week]. At the 4 to 5 years age group in the borough, one in five children are overweight or obese. Figures show that these numbers continue to rise through primary school years to 39 per cent of 10-11 year olds being overweight or obese, a level which is significantly higher than that of England as a whole.

Children who receive an hour of physical activity each day may perform up to 40 per cent better on tests as research has shown that aerobically fit children have higher academic scores. This is also recognised by Ofsted who report that higher attaining schools have greater levels of participation in physical activity and sports programmes than lower performing schools. The increasing rates of inactivity and obesity are why Hounslow Council, in partnership with Brentford Football Club and Sport Impact, created the Super Active Schools [SAS] programme and which will be launched at the SAS conference on Monday 16 January.

The conference, held at the Holiday Inn, Commerce Road, Brentford, TW8 8GA, has the theme of "confident, motivated children" where the importance of just a small amount of exercise and physical activity added into the daily lives of children and young people, will make a difference and also helps to cut the rising rates of obesity and assist Hounslow residents, children and

young people to live longer and healthier lives. Speakers at the conference include Baroness Sue Campbell, Chair of Youth Sports and Head of Women's Football at the FA [Football Association], Dr Imran Choudhury, Director of Public Health, Hounslow Council, and Elaine Wyllie a primary school headteacher and 2015 Pride of Britain winner, who devised the Daily Mile scheme - which encourages schools to enable their pupils to run or walk a mile a day. Amongst the topics of discussion will be targeted projects to support inactive children to be more active, child healthy weight programmes and school running initiatives.

The Council is looking to support the SAS project across the borough's schools over the next school year, to increase fun, play-based physical activities and ensure that children of primary school age have the opportunity to take part in daily exercise as well as their scheduled physical education lessons.

Councillor Corinna Smart, Cabinet Member for Public Health and Leisure, Hounslow Council, said: "We are working together in partnership to find solutions so that children are getting sufficient physical activity both at and outside school. "We then want to make sure that these commitments become part of the daily culture of school life and continue throughout children's lives as they grow into adults."

"This will make the positive impact on the future wellbeing and health of our children for generations to come."

For further details visit www.sportimpact.co.uk/



COFFEE, BRUNCH, LUNCH, AFTERNOON TEA

WANDER ALONG THE PICTURESQUE BANKS OF THE RIVER THAMES IN CHISWICK AND DISCOVER AN AWARD WINNING COFFEE SHOP



58 THAMES ROAD, CHISWICK W4 3RE t: 020 8747 4996 w: THECOFFEETRAVELLER.COM

LOCAL NEWS

Local business launches The Chiswick App

Chiswick business, PWR Media, has launched a new app for smartphones. The Chiswick App has been developed to support PWR Media's other digital platform, chiswickherald.co.uk. The App allows users to advertise classified and property content for free, keep up to date with local news and upload news stories, articles and photos. It will also soon have daily offers from local businesses that users can take advantage of.

Search for 'The Chiswick App', available for free at the App Store and Google Play.



Nicholas Rose & Associates
Tackling life's struggles through understanding and empowerment.

Chiswick based Counselling, Psychotherapy & Psychology Service for Individuals, Couples, Children, Adolescents and Families

We offer a private and friendly service from our team of highly experienced, registered and qualified clinicians.

"The sessions offer a secure, supportive and open environment. The pace of the conversation and unbiased facilitation helps resolve issues...."

As a team we have broad ranging expertise working with concerns including, stress, anxiety, depression, relationship problems, infertility, post-natal depression, bereavement, anger and addictive or compulsive behaviours. Our expertise also covers working with children and adolescents.

Available Monday to Fridays from 8am to 9pm,
Saturdays and Sundays from 9am to 6pm.
Same day appointments available

Call Nicholas on 020 8996 9551
e: info@nicholas-rose.co.uk w: nicholas-rose.co.uk



The Personal Touch
the results you want...



Whether you want to get in shape using the best equipment, be expertly led in inclusive personal training sessions or classes, play tennis, squash, swim in our mood lit pool, or dine in the Crucial Cafe, our professional, friendly team are on hand to welcome you.

Call Jo or Joe now on 020 8629 1578 and arrange a Club tour.

The Hogarth Health Club, Redbury Avenue, Chiswick, London W4 2NW
www.thehogarth.co.uk 020 8629 1578

Crucial Cafe and Hogarth Spa & Clinic are open to non-members



The family doctor.
Redefined.



GP · Paediatrician · Gynaecologist

020 8940 5009

Mon - Sat and evenings

Clinical excellence hassle-free

New Chelsea FC stadium given green light by H&F Council



Hammersmith & Fulham Council has approved Chelsea FC's planning application to build a new 60,000-seat stadium in Fulham.

The decision was made on 11 January at a meeting of H&F Council's Planning and Development Control Committee.

The new stadium will be built within the grounds of Stamford Bridge in Fulham Road, and require the demolition of the existing stadium.

H&F Council Leader, Cllr Stephen Cowan, said: "Chelsea's new stadium will deliver some real benefits to the borough. But we have also made it clear to the club that we fully expect them to work with local residents to minimise the disruption of the works."

"We are happy to help usher in this exciting new phase in Chelsea FC's history. And we will continue to work hard to deliver as many protections and benefits as possible for the area

by working with the club and local residents."

During the consultation about the scheme, 70 per cent of respondents said they were in favour of the re-development of the stadium.

Community benefits

The council has been scrutinising the application since November 2015 and worked hard to secure £22million in benefits to the local community. This includes a £3.75m contribution to build affordable housing for local residents – not overseas investors. As well as the promised improvement of local leisure, recreation and sporting facilities in the borough.

H&F and Chelsea FC will now finalise the Section 106 grant to capture the community benefits that the club has agreed to provide.

As a condition of the approval, the council has required Chelsea FC to create a new Business and Community Liaison Group to inform residents and businesses of the different stages of

the demolition and construction programme, working hours and to provide a 24-hour contact for residents and businesses if they have a concern about the works.

The club is also required to install bird and bat boxes during the works to help protect local wildlife, as well as creating at least 427 cycle racks in the development. This is part of H&F's push to become the greenest council in the country.

Entrance to the proposed new Chelsea Football Club stadium

The plan

Chelsea FC were founded in 1905 and have always played at Stamford Bridge. The long-running works to the current 42,000-seat stadium were begun in the Seventies but were only completed in 2001. The plans also include a new club shop, kiosks, museum and

a restaurant/café.

The works would see decking platforms built over the District Line to the north-west and over the Southern rail line to the east.

Once the works are completed, pedestrians will be able to walk to the ground on match days from Fulham Broadway Station and Fulham Road, with motorists able to access the site via Wansdown Place.

Chelsea FC now have three years to begin work on the site before the approval expires.

The brick-clad stadium – which won plaudits from members of the planning committee for its look – was designed by architects Herzog & de Meuron, the same firm which created the 'Bird Nest' stadium for the 2008 Beijing Olympics.

Local First World War hero honoured with Victoria Cross



A century ago, one of West London's most courageous residents won the Victoria Cross for an astonishing feat of gallantry during the First World War.

Despite all the officers in his company falling victim to machine gun fire, Lance Sergeant Frederick Palmer, who was born in Hammersmith in 1891, took command, gathered six of his comrades, cut through the barbed wire and rushed the enemy trench in Courcellette in northern France.

He then brought together the stragglers from other decimated regiments in no man's land, and held the captured trench in the face of an incessant barrage of bombs and rifle grenades from front and sides.

Weathering a series of counter-attacks, Palmer and his band of brothers clung on for three hours.

During the eighth enemy counter-attack he was blown off his feet by a bomb, but picked himself up and defended the trench yet again.

"The very conspicuous bravery displayed by this non-commissioned officer cannot be overstated," read the King's citation as Palmer re-

ceived the highest gallantry honour in the land. "His splendid determination and devotion to duty undoubtedly averted what might have proved a serious disaster."

Now modern generations are coming together to pay tribute to Palmer's heroism at a special ceremony on the 100th anniversary of the battle.

The event will be led by the Mayor, Cllr Mercy Umeh, who will dedicate a memorial paving stone to Palmer's memory.

Hammersmith & Fulham's Representative for the Armed Forces, Cllr Alan De'ath, welcomed the tribute to Lance Sergeant Frederick Palmer's gallantry, 100 years to the day since the battle.

"The bravery that Lance Sergeant Palmer showed on that battlefield a century ago still resonates today," he said.

"It is humbling to remember the selfless valour he displayed, and it is fitting that we pause to pay tribute to a remarkable man, and to express our gratitude to all those who have died defending our country and our freedom."

The ceremony

The ceremony takes place at 11am on Friday 17 February at the Shepherds Bush war memorial on Shepherds Bush Green. Among those attending will be Palmer's son, grandson and other members of the Palmer family.

Fr Richard Nesbitt of Our Lady of Fatima, and the Rev Christopher Kellock, chaplain of the Royal Regiment of Fusiliers, will officiate. Palmer, who had worked for a Hammersmith publishing firm before the outbreak of war, had enlisted as a private in the Kensington-based Fusiliers.

Palmer won the Victoria Cross when he was 25; one of nine medals from a military career spanning both world wars. He had already won the Military Medal (MM) in Gallipoli in 1916.

After the action in February 1917, all survivors of the attacking party were awarded the Distinguished Conduct Medal or MM.

The VC was presented to Palmer by King George V in Hyde Park.

Palmer's heroism was recognised at the time by a grateful borough. He attended a special meeting of Hammersmith Council in the town

hall in April 1917, signing his name on the borough's roll of honour immediately below that of Queen Mary.

When Palmer walked into the council chamber, everyone stood and cheered. Palmer said he felt more nervous attending the ceremony than he had during the battle!

He later joined the Royal Flying Corps as an observer, before moving to Malaya in the 1920s, setting up a planting business.

After the outbreak of the Second World War, he returned to England, rejoined the RAF and flew in the Battle of Britain, achieving the rank of Wing-Commander. He retired to Hampshire in 1950, and died in 1955, leaving a widow, three sons and a daughter.

Palmer's VC is on display in the Tower of London.

Hands on care



Our staff believe every aspect of a patient's treatment matters, that's why 98% of patients rated the quality of our care as excellent*

To find out more:

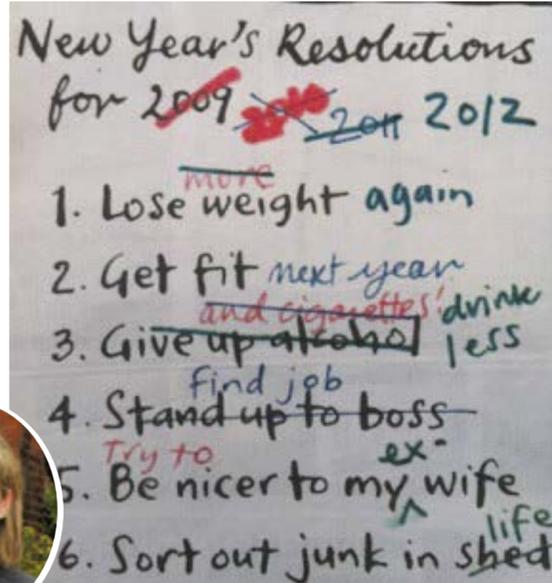
Call 020 8949 9000

Visit www.newvictoria.co.uk

Find us just off the A3
184 Coombe Lane West, KT2 7EG



*NVH patient satisfaction survey 2015



by Martine Osborne

8 steps for turning New Year Resolutions into New Year Realities...

On Christmas Day I led the prayers in Church.

Preparing for this, I had a look at the Christmas Day prayers I'd written for the year before. And guess what? Yes - job done. I barely needed to change a word.

Our planet had travelled 584 million miles in its journey around the sun and yet, in the course of all that, little had changed on ground level. There were still many millions living in states of terror and conflict. There were still huge numbers being driven out of their homes and seeking asylum in other countries. There were still many, both near and far, who were hungry, cold and homeless.

We all want things to change. But what realistic chance is there that I'll not be praying the same prayers again at Christmas 2017?

And the same goes for our personal resolutions.

We want to lose weight, get fit, drink less, be successful and fulfilled in our work - but somehow it just doesn't happen.

So, why not?

Why can't things be different?

Well, the truth is they can be.

But not just by praying or dreaming.

Change requires hard work and sacrifice. And most of us are not willing to put in the effort.

So here are 8 tips that might help to make 2017 the year when things really take a turn for the better.

1. FOCUS - Decide what is the most urgent thing that needs to change in the world, your work or your personal life.
2. URGENCY - Recognise the urgency. What will happen if things don't change?
3. RESOURCES - Assemble the resources and team you need to make the change.
4. VISION - Have a clear vision of a better future.
5. COMMUNICATE - Get others to share the vision.
6. QUICK WIN - Celebrate short term success to keep motivated.
7. OBSTACLES - Remove them!
8. PERSIST - Don't give up when the going gets tough.

This year I've made quite a lot of change that has improved my personal wellbeing and, as I reflect on this, I realise that I have (subconsciously) followed all of the above steps.

First, I decided to make my wellbeing a priority - not because it's the most important thing that needed attention in the world but

The Seasons

In spring we bring fresh eyes to see the beauty of a cherry tree.

When spring is done, in summer sun we play, we bathe and have such fun. Lying under apples trees to see the sky and hear the bees.

In autumn's sad and fading glow we have to let the summer go. In sorrow we're inclined to wallow, till solace we find in misty hollow.

Then all too soon the winter bites, like a savage dog that loves to fight. The unforgiving frost that teems and freeze-frames life itself it seems.

Until we've almost given in, then suddenly - we find it's Spring.

© Tony Inwood.

Tony's latest poetry book, "A Day at the Zoo", is now available on Amazon priced £6.96. It contains 80 poems of diverse verse and has a Foreword by Fergal Keane OBE the BBC Special Correspondent.



by Tony Inwood.

because it is impossible for me to help others or do anything useful if I'm not looking after myself.

Second, I recognised the urgency. I'd been seriously ill in 2015 and for the first time in my life I had realised that I could not take my health for granted.

Third, I signed up to an online programme and community to support me in making changes.

Fourth, I had a clear vision of being energised, relaxed and glowing with health.

Fifth, I told my family and friends about the changes I was making.

Sixth, my psoriasis started to clear - something to celebrate (after thirty years of suffering with this condition.)

Seventh, I cleared out the fridge and cupboards - dumping the hula hoops and red wine; diarsising time to be still and to pray; making my workout a priority.

Eighth, well I'm still working on this - after some veering off course over the Christmas period - but I am now determined to get back on track.

So the big question is what now? And what about you?

Can we all bring the change we so urgently

need?

Can we scale up my small and self-focussed example and bring change for those I was praying for at Christmas?

I really believe we can. And we must.

If we don't address the terror and conflict in our world, what will that mean for our children and grandchildren? How many more massacres - like the one on New Year's Eve in the nightclub in Istanbul - lie ahead?

Let's make 2017 a year when we play our part in bringing change. We can't, of course, singlehandedly solve all the world's problems. But we can do something.

So let's get involved and make a difference this year. Then we will really have something to celebrate after the next 584 million miles!

God bless and Happy New Year!

Rev Martine Osborne is Vicar of St Michael's Church, Elmwood Rd, Chiswick W4 3DZ www.stmichaels-elmwoodroad.org

On the couch with Chiswick Psychotherapist Nicholas Rose

Are you keeping your relationship in the best of health?



"In relationships, believing that we understand our partners and that they understand us is the single biggest cause of trouble" says Chiswick based Couples Psychotherapist and Counsellor Nicholas Rose.

In this article Nicholas explains how to keep your relationship in the best of health. Understanding between partners' comes from a desire for both security and vitality, safety - often closely associated with the idea of loving or being loved. If we feel there is understanding, we are more likely to trust in our partner. Ultimately partners are the people most likely to be relied upon in an emergency and in emergencies nothing is more important that clear communication - it is nothing less than a need born out of a wish for survival.

Potentially it all starts from birth - if understanding does not exist between us and our primary carers then we risk death - therefore the first thing we do as babies is fight for understanding. How we do this varies depends upon what we learn in our attempts to gain attention - is it more effective to be noisy or quiet, happy or sad, laugh or cry, well or sick, tidy or messy, dependent or independent, creative or practical - the list is endless.

Therefore what we learn in the early days is the closest we come to have an approach to life and relationships that is "hardwired". Simply put, we are good at doing or being in ways for which we have felt the existence of understanding.

The implication is we need to challenge our assumption we understand and are understood around the most basic of concepts. For example, love. How love is expressed varies enormously across cultures, communities and families. Just ask your friends how love was shown to them as children and you are likely to get a wide variety of responses from food, fun, talking, not talking, sharing, giving, taking, education, discipline, fairness, holidays the list is endless. Another good example is how people are looked after when sick. In some cultures it is common for everyone to visit sick friends and relatives, in others the patient is cared for by being protected from visitors. Neither is right or wrong but someone who is used to visitors when sick will feel neglected and uncared for if their partner tells everyone to keep away as they need rest! Therefore it is actually the case we only really know how to communicate with those people we have learnt to develop an understanding.

As adults we acquire the ability to enter into relationships on equal terms. Fundamentally a shared language and status provides us with all we need to build and maintain healthy relationships and understanding. It sounds basic and the principle is, however the skills are something to be learnt and developed. Here are some basic rules:

- Words like "love" are short cuts - use them at your peril. Instead never assume that the word means the same to you and your partner.
- It requires commitment from both parties to develop an understanding. (At the extreme, the presence of physical or emotional abuse in a relationship suggests that the commitment does not exist).
- If you feel hurt by something that your partner does or says then (as long as it is not physically or emotionally abusive) it is likely that your defences and theirs are revealing

a conflict of understanding. Do not assume that the intention was to hurt you, instead say how you felt and ask if that was what had been intended. Remember relationships often breakdown due to the conversations that have not been had rather than those that have.

- Never underestimate the possible impact of change, difficult times and stress. Anything that changes your routines or patterns can bring stress that triggers defences - at difficult times in life you might find it difficult to recognise each other. Look out for bereavements, fertility issues, children arriving and leaving, career changes, health challenges and traumatic events.

- If you are struggling then do not hesitate to seek professional help. Many couples seek help when it is too late - when there is too much misunderstanding and hurt and not enough energy and commitment left in order to make the changes required.

Thinking positively to avoid depression

When the phone rings unexpectedly or when an unexpected letter arrives from the Inland Revenue do you expect trouble? Do you instantly start to think that something bad is happening? If you are feeling unwell do you find yourself checking websites and end up wondering if you have the most serious illness listed? When watching news items about difficulties in the economy do you instantly start thinking about losing your job? Do you recognise thinking like "I'm stuck in traffic its going to be a terrible day?" "I made that mistake again, I am stupid?" "I always fail at relationships I will never be happy?" "I am in debt, I cannot manage my finances." Negative thinking is where you are constructing your everyday experience and situations as challenges and threats; you might also describe this as having a pessimistic outlook.

Having negative thoughts does not necessarily mean you are depressed but it can be an indicator of depression and left unchecked having negative thought patterns can lead to depression. Depression is an illness that negatively affects the sufferers' physical, emotional and thinking experience. So depression is not just about negative thinking but it is clear that negative thoughts contribute to negative feelings and this puts us under stress, leading to anxiety and providing a strong basis for the development of depression.

The very first step to tackling your negative thinking and, or depression is to accept that recognising your struggle now means you can take action to improve your situation. If you have any physical concerns or symptoms visit your GP so that these can be either diagnosed and treated or discounted. This then leaves you able to start to deal with the emotional and thinking elements. It is time now to recognise that your negative thoughts and feelings suggest that you are experiencing a healthy response to a perceived threat. The task here is therefore not to stop thinking and feeling but to understand and challenge your sense of being under threat; doing this effectively will lead to a change in thinking and feeling.

It is important that you know that you do have the potential to change the way you think and that what you will need will be the right conditions to facilitate this. Having recognised what is going on you may be able to work through and find a solution and there is a quick guide on how to go about this at the bottom of the page. However your ability to do this on

Nicholas Rose
Psychotherapist, Counsellor, Couples Counsellor and Supervisor
MBACP (accred), UKCP registrant, UKRCP PGDip, MA, Adv Dip Ex Psych

Nicholas Rose & Associates
Counselling and psychotherapy for children, adults, couples and families.

Website: www.nicholas-rose.co.uk
email: mail@nicholas-rose.co.uk

Telephone: 020 8996 9551
Mobile: 07789 488 691
Address: 300-302 Chiswick High Road, Chiswick, London, W4 1NP (located above Campbells Chemist within the Cove Spa)

your own will depend upon the severity and length of time you have struggled. A common problem is that people can be being reluctant to seek help and this is often a wonderful example of negative thinking. "If I seek help it will mean that I am going to be a burden, a failure, pathetic, wasting people's time or, I don't have time or, I don't have the money etc". The reality is that everyone struggles from time to time and left unchecked negative thinking will only create a downward spiral, ultimately it must be argued that not seeking help to a recognised and treatable problem is a mistake. As soon as you realise that your own efforts are not succeeding seek help. A quick guide for challenging negative thinking:

Write down the negative thoughts you are having and the situations in which they occur. What do you notice?

Do you remember the first time these thoughts occurred to you and if so what was going on for you in life at that point. Is it possible that there is a connection?

Consider whether you are being realistic in your thinking. Visualise how you would respond if a friend of yours came to talk to you with this problem - would your advice or judgement be any different to the way in which you are advising or judging yourself?

Now let's get down to challenging those individual negative thoughts - pick the one that occurs to you first. Does the thought contain any element which is based on assumption and not fact? In the example I am in debt, I cannot manage my finances. The first part maybe fact but the second is an understanding and an assumption that is unrealistic. Now repeat this with other negative thoughts as they occur to you.

LOCAL LIFE

2017 News from Ballet4Life.com® and Move into Wellbeing®

Move into Wellbeing® is Chiswick's Charitable Organisation offering dance and movement classes for people with Parkinson's and other mobility restrictions. It was founded by Ballet4Life, a long standing Chiswick dance organisation established in 2004. Both continue to offer excellent dance classes with specially trained teachers.

The Move into Wellbeing® Committee is pleased to announce the addition of a second weekly class, plus a reduction in the class fee due to support from the London Borough of Ealing and Southfield Ward. In addition to their popular Saturday afternoon class from 1.45- 2.45pm, they will also be holding a class on Thursdays from 12.45- 1.45pm.

These envorating, well-structured, social, and enjoyable classes are held in the lovely large dance studio at St. Peter's Hall on Southfield

Road in Chiswick W4 1BB. They can be done entirely seated, or seated, standing, and moving through the room. The E3 bus stops close by, there is parking available on Southfield Road and St. Alban's Avenue and the walk from Turnham Green is under 15 minutes.

For further information please visit www.moveintowellbeing.org.uk or send an e-mail to info@moveintowellbeing.org.uk. Visitors are also welcome to pop by before these classes start and to stay and watch or try the class.

Ballet4Life has added four new exciting dance classes for the community this year. They now have a Beginner Improvers Ballet Class for Mums and Babies, Ballet Barre and Stretch Class, Ballet Barre and Dance Fitness Class, plus the Multi-Lingual Creative Dance Class for Children. These are in addition to their regular and popular Jazz, Pointe, 50+ Ballet, 50+

Dance and Fitness, Intermediate and Beginner Ballet Classes and Courses.

Prices have remained the same to ensure many are able to keep dance in their lives for fun and fitness and they also offer Concession Rates.

For further information please visit www.ballet4life.com or @ballet4lifeuk on Twitter and Instagram.

Term starts on Saturday 7th January at Arts Educational School and St. Peter's Hall, Chiswick W4.



LOCAL LIFE



Let it snow!

Local author Robert Seatter who lives in Askew Village has just published a very timely book inspired by the weather we have all been waiting for - snow!

'I think we all find snow fascinating' he says, 'its sudden arrival and departure, its heightening of our different senses, its way of completely transforming our everyday world'.

He has taken his fascination and translated it into a dazzling new collection of poems, called very directly The Book of Snow. Each poem uses the image of snow to describe and build the arc of a relationship, from start to finish, from good to bad.

Rolled into these poems are some surprising snow images from the real world and the fictional - there's the ice house in Doctor Zhivago, the splinter in the heart of the Snow Queen, the man who first

photographed snowflakes in the 19th century (an obsessive fellow called Wilson Bentley) and the perils of geological excavation in the snow. Just a few of the many different associations that we cluster around 'snow',

and all very transforming. As the collection's opening poem says: This is someone else's weather/I can feel it in my mouth/my foreign, forgetful hands:/how dazed I am in this place I know.

But there are more than just words in The Book of Snow. Paper cuts, collages and collographs (the latter created by

indentation into the surface of the paper) by artist Jessica Palmer intercut the texts.

Seatter adds 'I became very fascinated by the way Jessica makes her art, so wrote a parallel sequence of poems exploring the art of her interpretation. Then these were unified in a stark and powerful,

black and white design by my friend, the graphic designer Sally James. The result is, I hope, a very different sort of book: one to read, look at and savour - every spread is different, every spread unique'.

Robert Seatter, 55, has written poetry for many years, and has won many awards and nominations for his writing including National Poetry Competition, London Poetry, Forward Poetry Prize and Housman Poetry Prize.

He has published four poetry collections. Travelling to the Fish Orchards, On the Beach with Chet Baker and Writing King Kong were published by Anglo-Welsh press, Seren.

The Book of Snow, his latest, was published in late 2016 by Two Rivers Press (available at www.tworiverspress.com or via standard book suppliers).

Educated at Lincoln College, Oxford University where he read English, Robert has had an eclectic career as an English teacher abroad, actor, and local journalist. He now works for the BBC in Shepherds Bush as Head of BBC History.



BOOK NOW or request a free brochure 01904 734 485
Our UK tour advisors are here 7 days a week www.GreatRail.com

Local business shortlisted for West London Business Award

Chiswick-based Denise Quinlan, founder of Insightful Images, is "totally delighted" to have been announced as a finalist for the Creative and Media Business of the Year Award. Denise advises executives and companies how to visually brand themselves for greater impact with influencers and customers.

Denise stepped behind the camera after 23 years in front of it; she held a series of senior business development and partner management roles in IT, notably at US software giant Oracle. In a five-month 're-charge' sabbatical in India and Nepal, she cycled over 5,000km, defeating Himalayan passes that defeated motor vehicles - and still managed to do voluntary work on both sides of the roof of the world.

Insightful Images has also kindly donated its top 'Personal Branding in Business' consultation and

photoshoot for the ceremony's charity fundraising event - a silent auction organised by the The Dame Kelly Holmes Trust. This innovative package will refresh the top bidder's personal business branding impact like no other.

The West London Business 2017 awards recognise the outstanding achievements of organisations and individuals across three themes: sector leadership; sustainable and responsible business; and economic growth. The winners in each category, as well as the overall West London Company of the Year 2017, will be announced at a glittering awards ceremony and dinner on Thursday 2 February at Wembley Stadium.



Denise Quinlan

High finance comes to Hounslow

Dr P Singh, a Chiswick business consultant and author of *The City and global financial services* (www.permjitsingh.com) provides an update on his May 2015 article.

It's not often that the borough of Hounslow is discussed in the same breath as cutting edge finance, global capital markets, financial derivatives, and high-frequency trading. Nor does a Hounslow resident usually have to face up to US heavy-weight law and regulatory enforcement agencies: the Chicago-based Commodities and Futures Trading Commission (CFTC) and US Department of Justice. So what's the connection?

Hounslow resident Navinder Singh Sarao, was a very active financial futures trader but according to US prosecutors' indictment, he: "... wilfully and knowingly, having devised and intending to devise a scheme and artifice to defraud, and for obtaining money and property by means of false and fraudulent pretences... [and he did]: implement a dynamic layering technique and other strategies designed to deceive participants in the market for E-Mini S&P 500 futures contracts" Basically, he engaged in fraud and market manipulation.

On Oct 2016 Sarao lost his long battle against extradition to the US where he would have to face US prosecutors. According to the BBC, US authorities had blocked his assets preventing him from paying bail to stay in the UK. According to Bloomberg, his lawyers argued that his activities were not criminal under UK law and that any court case should be heard in the UK. All to no avail.

It was not soon after he arrived in the US however that he pleaded guilty - to two charges: fraud and manipulation.

So how did Sarao manipulate the market? He placed tens of billions of dollars of dummy sell orders (orders to sell that he had no intention of executing) - designed to give the false impression of oversupply - which tended to depress the price. The precise strategy he used was to 'ladder' his sale orders, ie, to set sell prices at increasing higher points than the best sale price, ensuring that his best price was sufficiently higher than the current offer price so he was unlikely to execute.

As the best market offer price fluctuated, he adjusted his offer prices correspondingly to always stay above the best offer price. When the ladder was in action and prices began to fall he would sell futures then buy them back at a lower price. Conversely, when his ladder was stopped and prices began to rise, he would buy contracts then sell them at a higher price, with the intention of making money from his trades. For example, according to the prosecutors:

On or about 27 April 2010, at approximately 10:22:39.863 a.m., Sarao placed the following five sell orders staying above the best offer of \$1,200.00: (1) approximately 500 lots at \$1,200.50; (2) approximately 600 lots at \$1,200.75; (3) approximately 600 lots at \$1,201.00; (4) approximately 500 lots at \$1,201.25; and (5) approximately 500 lots at \$1,201.50. Sarao modified these orders approximately 1,961 times (approximately 393 modifications per active order). The modifications occurred when the market price changed, so that Sarao's lowest offer typically remained approximately two or three ticks above the best offer. Sarao cancelled all of these orders, with-

out having executed any of them, at approximately 10:29:23.566 a.m. At that point, the prevailing market price of futures was approximately \$1,192.00.

Sarao repeated this conduct approximately 60 times on 27 April, using the above laddering technique (also called dynamic layering) for a total of approximately 212.15 minutes. When the laddering was active, it placed downward pressure on the market price of E-Minis. Sarao exploited the price movements during this period by executing approximately 8,651 buy trades (totalling 95,229 lots) and approximately 9,124 sell trades (totalling 95,229 lots) with a total notional value of approximately \$11.3 billion, and obtained approximately \$821,389 in net profits from his futures trades.

In addition to laddering, Sarao is alleged to have placed flash orders to buy that tended to raise the market price, which he then exploited by placing another order to sell high. For example:

On or about 3 March 2014 at approximately 11:38:27.538 Sarao placed a 2,000-lot buy order at a price of approximately \$1,839.25. Within approximately 0.2 seconds, he placed a sell order of approximately 169 lots at a price of approximately \$1,839.50. Less than one second later, after filling approximately 20 lots of the sell order, he cancelled the 2000-lot buy order before it had any executions. At approximately 11:38:31.826 a.m., Sarao flashed another 2,000 lot buy order again at the price of approximately \$1,839.25, and filled the remainder of his 169-lot sell order within one

millisecond. At approximately 11:38:32.336 a.m., about one half-second after placing the second 2,000-lot buy order, Sarao cancelled it before it had any executions.

Sarao is alleged to have traded futures heavily in the hours leading to the flash crash on 6 May 2010 that contributed to the imbalance between buy and sell orders (sells outweighing buys) that spilled over from the futures market to the equity market and triggered the rapid and massive fall in the Dow index.

Market volatility was preferred for trading and making money according to Sarao. He claimed he made the majority of his fortune in 20 days of trading in volatile periods. The prosecutors allege he made \$9m in the days covered in the indictment and that he made a total of \$40m from his trading in the period 2010-2014, all in S&P futures.

Sarao used standard software that he then had reconfigured by programmers to enable him to engage in rapid automated trading. When the authorities in the US, Germany, or the UK enquired, he concealed his automated activities saying he only used manual trading, albeit rapidly, and that all his trades were always with the intention of being executed.

The market Sarao traded in was the E-mini-futures contracts on the S&P 500 Index, using the CME exchange (he also traded futures on Eurex in Germany). The S&P 500 is an index whose value represents the collective value of shares of the US's 500 biggest companies. Not surprisingly, the price of the index goes up and down like a barometer in response to many external factors, such as political announcements, the economy, and other factors that affect businesses. The futures contract is essentially a financial product (a derivative) whose price tracks the S&P 500 index that speculators or risk managers buy or sell to make or save money.

For example, a pension fund manager worried his portfolio of shares will fall in value can protect it by selling futures contracts whose current price is say 95. When the S&P 500 index falls (reflecting a fall in share prices generally), so will the futures price, to say 75. At that point, he buys the futures contract, making a gain of 20 that offsets a loss on the value of his share portfolio.

Amateurs make up just 1% of the S&P 500 futures market; the rest are all kinds of speculators and risk managers working in hedge funds, pension funds, banks, and various fund managers who manage Ebillions for organisations (asset managers).

According to Sarao, his activity (spoofing) is endemic among market players. In May 2013 he responded to a letter from the CFTC (the US futures market regulator) that warned against spoofing, by saying to his broker: "LoI, guarantee if I switch on my computer I'll see the same people breaking all those rules, day in, day out." and then defiantly continued to spoof.

Sarao has been allowed to return to his family home on bail from the US. His case continues. Bloomberg reported that in July, Michael Coscia became the first person convicted of spoofing after it was made a crime under the US Dodd-Frank act. He was sentenced to three years in prison.

WILCORE
CONSTRUCTION

DAMP PROOFING & PROPERTY PRESERVATION

We provide an array of services such as Damp Proofing, Rising Damp, Basement Waterproofing, Condensation Control, Woodworm Treatments and Property Preservation.

We offer our services to the General Public, Private and Commercial Sector Architects, Surveyors, Local Authorities and Housing Associations.

Basement Waterproofing Specialists

WE TREAT:
Condensation • Dry Rot • Rising Damp • Wet Rot • Woodworm

For a no obligation quote call:
07748 967 824

TaxAssist Accountants
The Accountancy and Tax Service for Small Business
Chiswick

The Accountancy and Tax Service for Small Business

Arrange a **FREE** initial consultation

020 3397 1520

563 Chiswick High Road, W4 3AY

EMBE MAIL BOXES ETC.

www.mbe.co.uk/Londonchiswick 0208 996 0796

Send all your post, parcels & shopping purchases from Mail Boxes Etc.

Mail Boxes Etc. 295 Chiswick High Road London W4 4HH

post, parcel & print centre

Mail Boxes Etc. Stores are owned and operated by licensed franchisees of Mail Boxes Etc. (UK) Limited in the UK and Ireland © 2016 Mail Boxes Etc.

COURSES, JOBS AND NOTICES



Are you unemployed and want to retrain as a Hairdresser or Barber?

Train at London's top Hairdressing and Barbering academy

- No FEE's - this course is Government funded
- No entry requirement
- Train one day a week in our state of the art academy
- Minimum age 19, no upper age limit

Enrolling now for an immediate start...

For more info please contact the LHAA on **020 8953 9344** or visit **www.lhaa.co.uk**

WELLA Centers of Colour Excellence
ITEC Industry Accredited Courses

LHAA London Hairdressing Apprenticeship Academy

LHAA Camden 110 Clarendon Road, Camden, London NW1 8BP
LHAA Chiswick 478 Chiswick High Rd, Chiswick, West London, W4 3TT
LHAA Ealing Paramount House, 15-21 Spina Road, Ealing, W5 6SD
LHAA Loughton 25 Forest Road, Loughton, Essex, IG10 3EK



Thinking about a career in beauty?

ENROL NOW for an ITEC Beauty Industry accredited course in:

- Beauty Therapy
- Nail Technology
- Fashion, Hair & Media Make-up*
- Asian Bridal Hair & Make up*

Study at The London Beauty Training Academy:

- State of the art Beauty Academy
- Small class sizes (8-10 Max)
- Highly qualified staff
- Adult Learner only classes
- Train with M+A-C Pro, Dermalogica and Gelish Harmony Nails

If you are aged 19 and over - you can apply for an Advanced Learner Loan to support the cost of your course. The course fee (excluding student kit) is £3,345.00 inc. VAT.

Advanced Learner Loan For more info visit **nationalcareerservice.direct.gov.uk**

If you are **unemployed** you can study for an ITEC Level 2 Diploma in Beauty or the ITEC Level 2 Certificate in Nail Technology **FREE** as these courses are Government funded.

For more information please call **020 8953 9344** or visit **www.lbta.co.uk**

LBTA Chiswick 478 Chiswick High Rd, Chiswick, West London, W4 3TT

NOTICE OF MISSING FREEHOLDER

MISSING LANDLORD-CORINTHIAN SERVICES LIMITED

LEASEHOLD REFORM HOUSING & URBAN DEVELOPMENT ACT 1993

LANDLORD AND TENANT ACT 1987 PART III

The owners of 2 maisonettes at (i) 33 and (ii) 35 Cleveland Avenue, Chiswick, London W4 1SN c/o Hamlins LLP, solicitors, are leaseholders under leases dated (i) 16 August 1985 and 30 August 1985 and (ii) 16 August 1985 respectively.

The owners wish notice of their desire to purchase the freehold title to be served on the current landlord, which cannot be found.

The landlord registered as freeholder of the aforesaid property is Corinthian Services Limited (addresses given variously as 80 Broad Street, Monrovia, Liberia and c/o Waterloo Chambers, Waterloo Lane, Chelmsford, Essex), the whereabouts of which cannot now be ascertained.

Would any officer of Corinthian Services Limited or any successor in title of Corinthian Services Limited contact:

Ms. S Finch of Hamlins LLP, Roxburghe House, 273-287 Regent Street, London, W1B 2AD; sfinch@hamlins.co.uk
Telephone: +44 (0)207 355 6000 Fax: +44 (0)207 518 9100

NOTICE is hereby given PURSUANT TO S27 OF THE TRUSTEE ACT 1925

that any person having a claim against or interest in the estate of **Mrs Lucyna Wnorowska deceased, late of 31 Beaumont Court, Sutton Lane North, London, W4 4LE** and who died on 10.08.16, is hereby required to send particulars in writing of his or her claim or interest to the undersigned, and to send such particulars no later than **15.03.17** after which the executor will distribute the estate among the persons entitled thereto, having regard only to the claims and interests of which they have had notice and will not, as respects the property so distributed, be liable to any person of whose claim they shall not have had notice.

Aleksandra Huxley,
19 Linden Gardens,
London, W4 2EQ

LOCAL NEWS

3-6 Ferry Quays
 Ferry Lane
 Brentford TW8 0AT

0203 637 1266
 www.harperkitchens.com
 sales@harperkitchens.com



HARPER
 — KITCHENS —
 QUALITY ENGLISH & GERMAN KITCHENS



2 minutes from Kew Bridge, FREE Parking
 www.harperkitchens.com



you know it's time

**join now with
zero
joining fee**

Roko Health Club Chiswick Bridge

at the University Sports Ground

call us on **0208 747 5750**

or visit **roko.co.uk**

**new extended
family access times**



Chiswick Pets Grooming Service

At Chiswick Pets, we provide your dog with a quality Grooming Service in a safe and relaxing environment. We give each dog our full care and attention, and never use cages or drying cabinets.

Grooming includes:

Loyalty Card Offer:
Collect 6 stamps and get your 7th groom free!



Two warm baths

We use "WildWash", a natural shampoo made from 100% essential oils, plants and botanicals, using selected human-grade ingredients.

Blow-dry

Breed Standard or Pet trimming

Hand strip

Ear plucking and cleaning

Hair growing out of the ear canal is a potential source of irritation and infection - we clean, clear and inspect your dogs ears. We also check over the whole body for lumps and bumps, parasites, dandruff and other skin conditions.



Nail Clipping

Bikini trims

Chiswick Pets - 32-34 Devonshire Road, Chiswick, W4 2HD - 0208 747 0715

www.ChiswickPets.co.uk/grooming



*Based upon monthly averages from Jan to Dec 2015

You want your
property seen.
That's why we carry
out 46,000 viewings
every month.*

Foxtons
London's Estate Agent

PROPERTY

PROPERTY

B **BORTHWICKS**
estate agents - lettings **020 8994 8441**
3 Chiswick Park Station London W4 5NF
lettings@borthwicks.co.uk



Burlington Court, W4

£450,000

A purpose built, share of freehold, well presented, ground floor, 1 double bedroom flat within easy reach of Chiswick Mainline station. Fully double glazed throughout, the flat consists of an entrance hall with entry phone, separate w/c, a light reception room with storage, a separate eat-in fitted kitchen, 1 double bedroom and bathroom with storage. Located within a short walk to Chiswick Mainline station (regular services to Watlington every 20 minutes) there are excellent local bus services to central Chiswick and Turnham Green tube station. There are easy road links to the A4/M4 & A316 to the M3 and it is also near to the open space and facilities of Duke's Meadows. Current EPC rating C.



Alexandra Gardens, W4

£469,950

Now to the market is this spacious 2 bedroom top floor flat in Alexandra Gardens with long lease and no onward chain. Accommodation comprises 2 double bedrooms, family bathroom, good size kitchen and large reception room. Property is double glazed. Alexandra Gardens is situated very close to the historical Chiswick House and grounds and has transport links via the E3 bus route into Turnham Green as well as the M4 for speedy links in and out of the city. Great first time purchase or rental investment. Current EPC rating D.



Kent Road, W4

£495,000

Second floor 3 bedroom ideal investment flat in a quiet location within easy reach of Chiswick's many transport links. Accommodation comprises entrance hall with 3 bedrooms, modern kitchen, shower room with w/c and separate w/c, reception room, communal garden with exterior storage space and available with on street parking. Located on the corner of Kent Road and Church Path within easy reach of Chiswick Park tube station (District Line), South Acton station (Overground) and local bus services, restaurants, as well as Chiswick High Road with its multiple local amenities and further transport links. Current EPC rating E.



Weston Road, W4

£950,000

For the first time in 30 years, Borthwicks are delighted to offer this well terraced 3 bedroom, freehold, well-tended family home with a through reception with options to extend (top), close to South Acton train & Chiswick Park tube stations. It comprises a large through reception, w/c, utility room, newly fitted kitchen & paved garden, 3 good sized bedrooms & bathroom. An ideal opportunity to do both a loft extension & side return (subject to planning consent). It is within a 10 minute walk from Chiswick Park Tube Station & close to South Acton train station. It is also within easy reach of Chiswick High Road. Ideal for a family or an investor alike. Chain free. Current EPC rating TBA.

www.borthwicks.co.uk

B **BORTHWICKS**
estate agents - sales **020 8994 8441**
3 Chiswick Park Station London W4 5NF
sales@borthwicks.co.uk



Wilkinson Way, W4

£262 per week

Borthwicks are delighted to offer this bright, 1 double bedroom, first floor flat within an easy bus ride to Turnham Green tube station and the amenities of Chiswick High Road. Accommodation consists of hallway, generous south facing reception room with door to a separate kitchen, 1 double bedroom with built-in wardrobes and bathroom. Situated to the north of Bedford Park, within an easy E3 bus ride to Turnham Green tube station (District & Piccadilly Line) and to Chiswick High Road with its multiple shopping facilities, cafes and further transport links. It is also a short walk to South Acton Station (overground). Available 23rd December. Current EPC rating E. Fees apply.



Cavendish Road, W4

£342 per week

Ground floor, 2 double bedroom, Victorian conversion flat available with a large easy maintained shared patio garden within easy reach of Chiswick Mainline Station. The accommodation consists of communal entrance hall, hallway leading to 2 double bedrooms, open plan reception into kitchen, a family bathroom to the rear & separate toilet. There is a large rear garden and on street parking. It is a short walk to Chiswick Mainline with excellent local bus services to central Chiswick and Turnham Green tube station. Available either part furnished or unfurnished. Current EPC rating D. Available immediately. Fees apply.



Chiswick Village, W4

£285 per week

One double bedroom top floor flat located in Chiswick Village, a well maintained purpose-built development close to the tube and all other amenities. The accommodation consists of one double bedroom, reception room, separate kitchen and bathroom. HEATING AND HOTWATER INCLUSIVE IN RENT. Chiswick Village is a short walk to Gurnambsbury Station (District Line tube and Overland Train). It is within easy reach of Chiswick High Road with its multiple transport links, gastro bars, cafes and shops. The property benefits from large well maintained communal gardens and unallocated car parking. Available at the end of December. Current EPC rating E. Fees apply.



Cedars Road, W4

£579 per week

A spacious and airy 5 bedroom house on Cedars Road consisting of five large bedrooms, reception room, family bathroom, downstairs WC, kitchen along with front and rear gardens. The property is located with a 10 minute walk from Gurnambsbury Tube Station and Chiswick High Road's multiple transport links, shops and restaurants. The property is also situated with a minute from the M4/A4 corridor offering speedy access in and out of the city. The house is suitable for a large family needing extra space within a prime location. Current EPC rating E. Available NOW. Fees apply.



Monmouth Close, W4

£380 per week

Modern two double bedroom property comprising a separate kitchen, living area and bathroom with a bath and a separate shower. One of the bedrooms has built in wardrobe. The flat has recently been redecorated and re-carpeted and comes with private off street parking. The flat is conveniently located just a short walk to Chiswick Park tube station and also Chiswick High Road. Early viewing is highly recommended and is available December. Current EPC rating D. Fees apply.

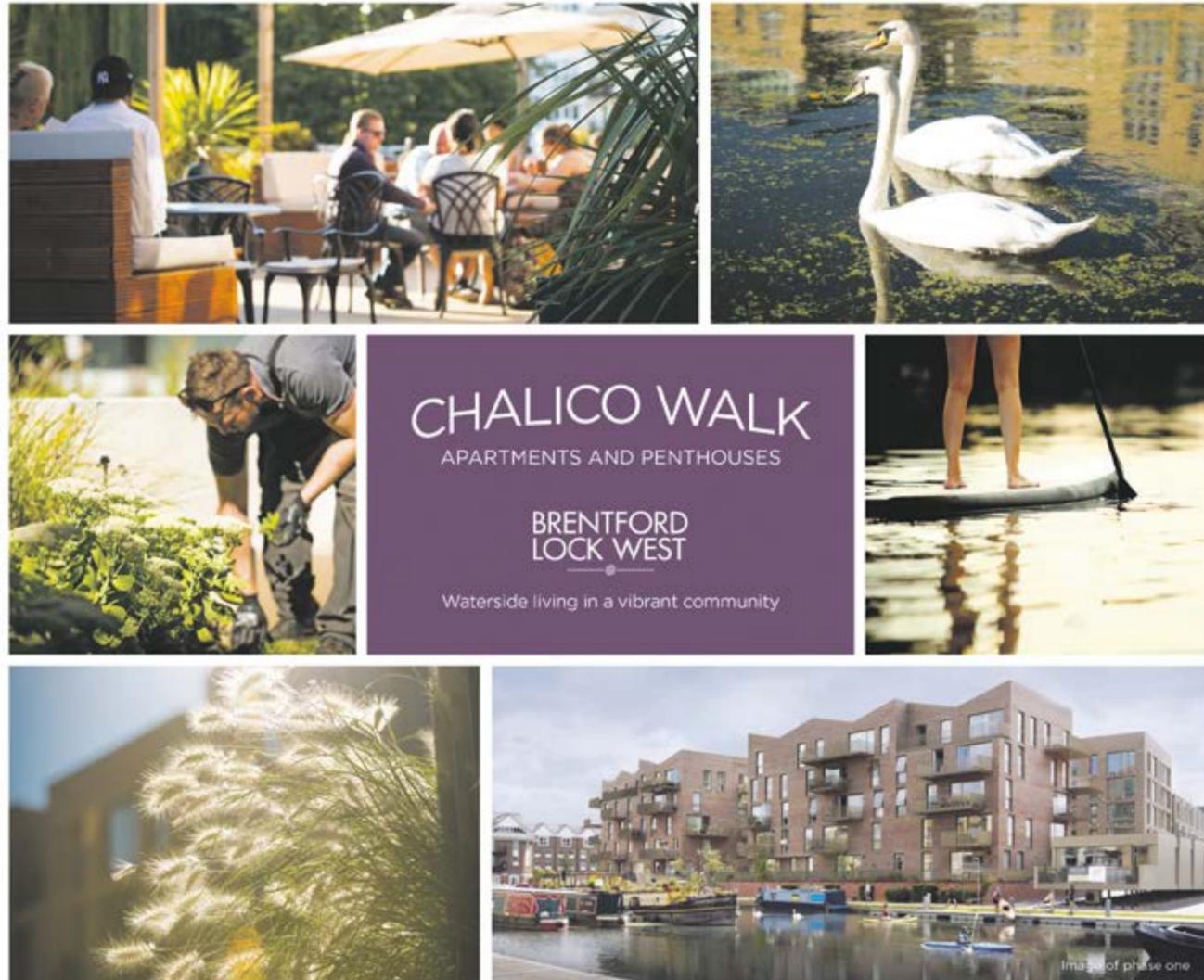


Chiswick Village, W4

£363 per week

Spacious 3 bedroom property in the popular Chiswick Village development. The property has just undergone full redecoration. Comprising of three double bedrooms, reception area, kitchen, bathroom and balcony off the master bedroom. The grounds are always kept immaculately clean and well presented with brick BBQ's in each corner of the communal area. Current EPC rating D. Available now. Fees Apply.

www.borthwicks.co.uk



CHALICO WALK
APARTMENTS AND PENTHOUSES

**BRENTFORD
LOCK WEST**

Waterside living in a vibrant community

LAUNCHING EARLY 2017

Following the success of Phase One at Brentford Lock West, we are pleased to announce the forthcoming launch of Chalico Walk, a mix of one, two and three bedroom apartments and penthouses in a waterside location.

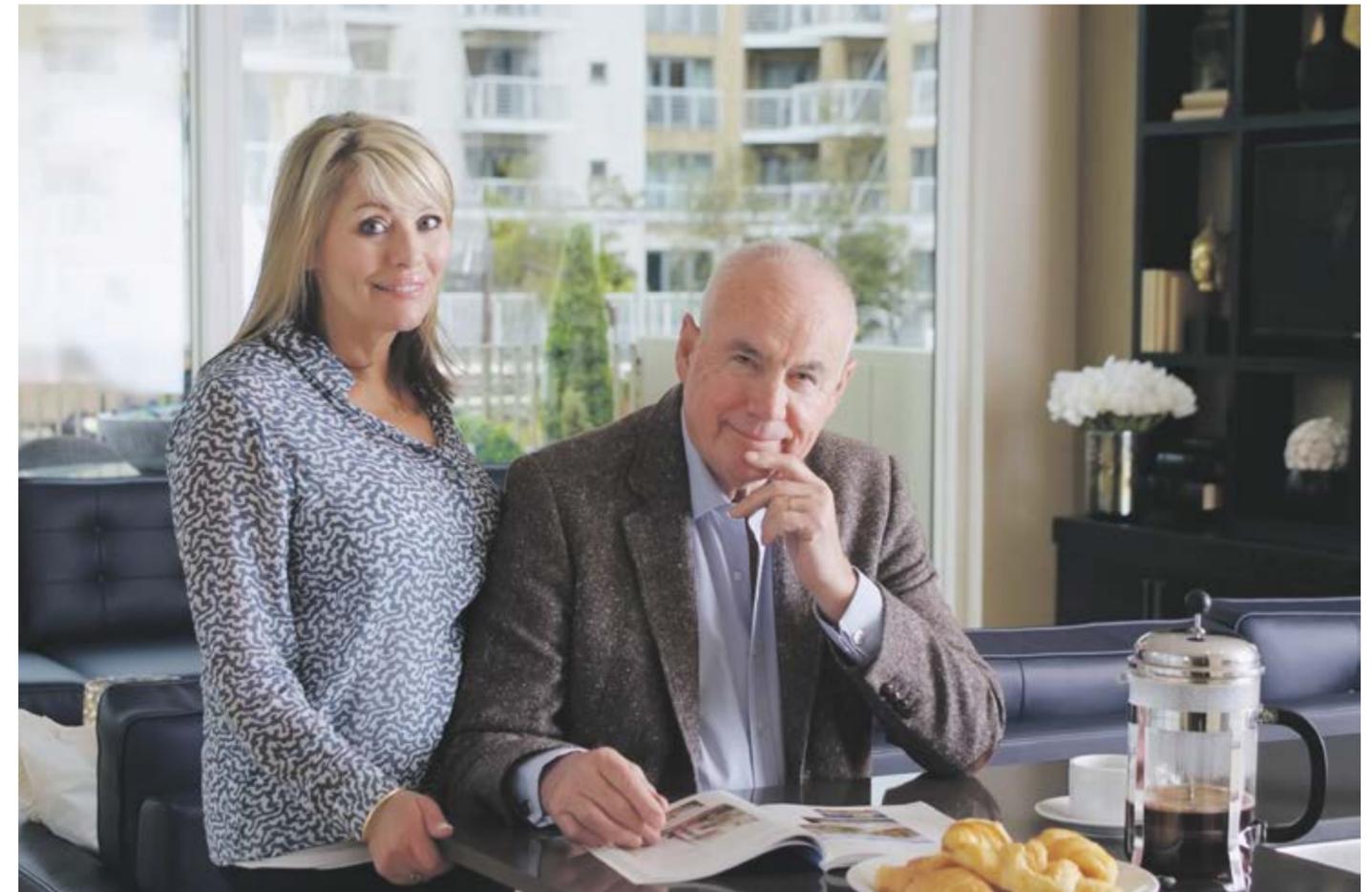
REGISTER YOUR INTEREST NOW

brentfordlockwest.co.uk
sales@brentfordlockwest.co.uk
or call Stubbings Property Marketing on
0203 504 6403

**WATERSIDE
PLACES**



Images of phase one and local area.



WATERSIDE LIVING AT ITS BEST

As phase two at the award winning Brentford Lock West prepares to launch, one couple, who purchased on phase one, tell us why Brentford held such a draw

With the second phase of Brentford Lock West due to be released for sale in early 2017, we reflect on the development's first phase and all that these stunning homes have to offer their new residents.

Wendy Fenemore and her husband were one of the first to purchase on the first phase at Brentford Lock West and are now enjoying life in their new home. The couple, who previously lived in Chiswick were looking to downsize, but were keen to stay local. After coming across the development, they were delighted to discover that it ticked all their boxes.

Talking of their purchase, Wendy said:

"We have lived in the area for a number of years and in this time we have seen Brentford really advance and evolve into a great place to live – I love the energy here and the real sense of community that the town seems to have.

"We had been planning to downsize for a while but we didn't want to compromise. On our wish list alongside well-proportioned rooms, a good location and outside space was a water view, which is what first attracted us to this development. While we were keen to find an apartment with the living ac-

commodation all on one level, we also wanted to enjoy a sense of light and space, which is exactly what the apartments at Brentford Lock West have to offer. Having looked at a number of the plots we opted for a spacious ground floor three bedroom apartment, which enjoys a large private terrace, which looks out directly onto the water.

"I love the arc deco styling of the apartments here and the homes don't disappoint internally either. The specification within the apartments is stunning and they have really paid close attention to detail to ensure that the homes offer that wow factor, while meeting all the practicalities of day to day living. What's more, the green and community features that are being delivered here offer some real benefits. Elements such as the roof top allotments are a fantastic addition and with all of the works that have been done to widen the canal towpath and encourage the use of the water, we are really enjoying becoming part of this exciting new community."

The second phase of the award winning development by Waterside Places will comprise 157 one, two and three-bedroom apartments and four-bedroom townhouses. Chalico, a waterfront building of 45 one, two and three-bedroom apartments will make up the first release of homes and enjoy an enviable

position, overlooking Brentford's Grand Union Canal.

The second phase of homes at Brentford Lock West have been designed by award winning architects Mæ, who have designed the homes to offer a new architectural perspective while complementing the initial phase, which has now sold out.

Those interested in securing a home on phase two at Brentford Lock West are being encouraged to register their interest now to ensure they are the first to hear when the homes are released for sale in 2017.

Situated along the banks of the Grand Union Canal, Brentford Lock West forms part of a significant regeneration project to breathe new life into Brentford through the anticipated delivery of in excess of 500 new homes. Close to local shops, leisure facilities, beautiful parks and waterside walkways, the scheme has been carefully designed to maximise the water frontage whilst offering stylish and unique homes, community spaces and commercial buildings in a new desirable West London destination.

For more information please call the Brentford Lock West sales team at Stubbings Property Marketing on 0203 504 6403 or visit www.brentfordlockwest.co.uk

PROPERTY



MARKETING SUITE & SHOW APARTMENT NOW OPEN



- Central location on Chiswick High Road
- A short walk to two London underground stations
 - Superior specification
- Conveniently located for Chiswick Business Park
 - Private landscaped gardens
- Most apartments with balconies and terraces

Book your appointment today on 0203 733 5892.
Studio, 1, 2 & 3 bedroom apartments. Prices from £420,000.



Travel Times by Tube



Sales & Marketing Suite and Show Apartment
500 Chiswick High Road, Chiswick, London W4 5RG
For more details call 0203 733 0840

www.redrow.co.uk/500chiswickhighroad



Journey times and distances are approximate. Sources: TfL.gov.uk, nationalrail.co.uk, Google maps. Computer generated images are indicative only.

Looking to advertise with us? email advertising@chiswickherald.co.uk or call 020 3623 0567

PROPERTY



EXCEPTIONAL PROPERTIES FOR SALE AND TO LET IN CHISWICK

To find out how we can help you please contact us

KnightFrank.co.uk/chiswick
chiswick@knightfrank.com
020 8022 3792

KnightFrank.co.uk/chiswicklettings
chiswicklettings@knightfrank.com
020 8022 2182

All potential tenants should be advised that, as well as rent, an administration fee of £276 will apply when renting a property. Please ask us for more information about other fees that may apply or visit KnightFrank.co.uk/tenantcharges



FOR SALE

Duke Road, Chiswick W4
4 bedrooms, 2 bathrooms, reception room, kitchen/diner, garden, period terrace house. EPC: D. Freehold. Guide price: £1,450,000.



FOR SALE

Bromyard Avenue, Acton W3
4 bedrooms, 3 bathrooms, 2 receptions, garden balcony, parking, terraced house. EPC: B. Leasehold. Guide price: £1,400,000.



FOR SALE

Hamlet Gardens, Hammersmith W6
3 bedrooms, 3 bathrooms, 2 reception rooms, kitchen, balcony, mansion block apartment. EPC: E. Share of freehold. Guide price: £1,280,000.



FOR SALE

Oakbrook, Hammersmith W6
2 bedrooms, 2 bathrooms, open plan reception, balcony, Grade II listed conversion apartment. Share of freehold. Guide price: £1,099,000.



FOR SALE

Thornton Avenue, Chiswick W4
2 bedrooms, 1 bathroom, reception room, kitchen, terrace, apartment, moments from tube. EPC: D. Share of freehold. Guide price: £699,000.



TO LET

Grove Park Gardens, Chiswick W4
3 bedrooms, 2 bathrooms, reception, terrace allocated parking, maisonette. EPC: E. Unfurnished. Guide price: £3,445 per month



TO LET

Crankbrook Road, Chiswick W4
3 bedrooms, 2 bathroom, reception, studio, kitchen/diner, garden, terraced house. EPC: D. Unfurnished. Guide price: £3,466 per month



TO LET

Popes Lane, Ealing W5
4 bedrooms, 2 bathrooms, 2 reception rooms, garage, garden, parking, detached house. EPC: D. Unfurnished. Guide price: £3,198 per month



TO LET

Dukes Avenue, Chiswick W4
1 bedroom, 1 bathroom, reception, kitchen/diner, second floor apartment. EPC: C. Unfurnished. Guide price: £1,852 per month



TO LET

Hope House, Stamford Brook W4
1 bedroom, 1 bathroom, open plan kitchen/reception room, small patio, apartment. EPC: C. Unfurnished. Guide price: £1,950 per month

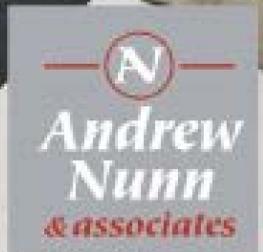
Looking to advertise with us? email advertising@chiswickherald.co.uk or call 020 3623 0567

Stylish

Living

St Marys Grove, W4

A stunning refurbishment of this family home located in one of Grove Park's popular residential roads close to excellent state and private schooling, Chiswick mainline station and the River Thames. The property has been meticulously refurbished to an exacting standard and now offers 2446 sqft of well balanced and flexible family accommodation. Hall, drawing room, cloakroom, utility room and kitchen/family room leading out to mature south facing garden. Five/ six double bedrooms, four bathrooms (including beautiful master suite of bedroom, dressing area and shower room) . Side access leading to most private walled rear garden.



Contact Andrew Nunn & Associates
020 8 995 1500
sales@andrewnunnassociates.co.uk



Photo courtesy of Porsche UK

For those not satisfied with bronze, silver or gold. The new Cayenne Platinum Edition.

Go beyond the ordinary. With specifications including 20-inch RS Design wheels, Porsche Dynamic Light System (PDLS), BOSE® Surround Sound System, online navigation, Connect Plus, sports seats with carbon-fibre® and much more besides. A car designed for all hearts – and engineered to conquer the road. The Cayenne Platinum Edition from 201,134 GBP (incl. VAT).

Discover more at porsche.co.uk/ebike



PORSCHE
Porsche Centre West London
Great West Road
Chiswick
London W4 4LZ
0208 742 2000
info@porsche-westlondon.co.uk
www.porsche-westlondon.co.uk

Official fuel economy figures for the Cayenne Diesel Platinum Edition in mpg 35.2 – 37.7 (18 – 16), extra urban 40.5 – 47.1 (10.2 – 6.8), combined 41.5 – 42.6 (8.8 – 6.6) CO₂ emissions 179 – 173 g/km. The mpg and CO₂ figures quoted are derived from official EU-regulated tests, are provided for comparability purposes and may not reflect your actual driving experience.

ARTS, ENTERTAINMENT & WHAT'S ON

RYAN GOSLING EMMA STONE

LA LA LAND

FROM THE DIRECTOR OF WHIPLASH



13th - 26th January
Box Office:
020 8232 1010
 Open 7 days a week 1pm to 9pm

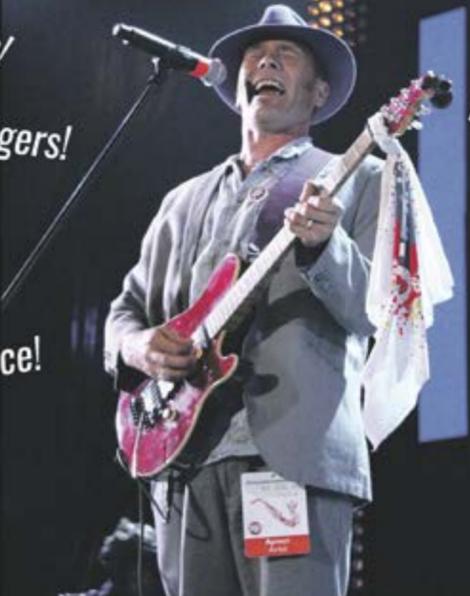


Looking to advertise with us? email advertising@chiswickherald.co.uk or call 020 3623 0567

ARTS, ENTERTAINMENT & WHAT'S ON

Crawdaddy Club Richmond

THE FRIENDLIEST MUSIC VENUE IN TOWN



Will Johns & Friends

Emma Wilson!
 Jasmine Rodgers!
 Pat West!
 Malcolm Bruce!
 Tim West!

Guy Pratt!
 Nick Van Vlaenedren!
 Ian Mc Hugh!
 Josh Roots!

www.willjohns.com

FRIDAY 20 January

Richmond Athletic Ground • Twickenham Rd • TW9 2SF
 Bar till midnight. Plentiful free parking. £11 adv. £13 otd. Doors: 8:00 pm
 Tickets & info: www.crawdaddyclubrichmond.com T: 07879 473848




Looking to advertise with us? email advertising@chiswickherald.co.uk or call 020 3623 0567

ARTS, ENTERTAINMENT & WHAT'S ON

Songs from Cornwall to make a splash as composers present their works

Special guest on the bill is Swiss pianist Christoph Braun, who began learning the piano at the age of eight. There is a Cornish flavour to the next concert at Holy Innocents church in Hammersmith, when the Composers Present group – celebrating its 10th anniversary this year – will perform.



Swiss pianist Christoph Braun

The composers who belong to the club live or work in Hammersmith & Fulham, with Andrew Wells presenting several of his Cornish songs, joined by Ros Keating and Shelley Smith from the Chiswick Baroque a cappella group.

Andrew, who lives in Stamford Brook, works as a rehearsal accompanist to the Petros Singers (the Hammersmith-based chamber choir), the Hogarth Singers (a Chiswick choir) and the Fulham & Hammersmith Choral Society.

Other members of Composers Present whose

work is being showcased are: Julian Dawes (Clarinet sonatina, Always of My Heart); Celia Harper (Water Music for solo violin, featuring David Juritz, and The River of Life); and John Carmichael (Short Cuts).

Special guest on the afternoon's bill is Swiss pianist Christoph Braun, who began learning the piano at the age of eight, studying under Margrit Rederer in Zurich.

He has produced three CDs of improvised music, and will perform London Pictures at the concert.

"I believe the art of improvising can be compared with the ability to speak freely," explained Christoph. "When I prepare for a

concert, I reflect on different themes, motifs, harmonies, melodies and characters as well as the order of the pieces.

"What happens next is purely extemporaneous and cannot be repeated. I try to arouse emotions in myself and in my audience; the aim is to evoke images, stories and films in listeners' minds."

Refreshments are available in the half hour before the performance and during the interval, and tickets are £12 (£10 concs). Under 16s free. The concert takes place at Holy Innocents church in Paddenswick Road – near Ravenscourt Park tube – on Sunday January 29 at 4pm.

Talk at Chiswick Pier on the Heritage of the Thames

Putney to Chiswick - charting the heritage of the world's most historic watercourse, a talk by Simon Inglis, author of Played in London on Tuesday 24th January at the Chiswick Pier House

Everyone knows that the University Boat Race starts at Putney and ends at Chiswick. But why? And what effect has this quirk of sporting history had upon the Surrey and Middlesex banks of the Thames between these two famous points? In this illustrated lecture, author and historian Simon Inglis – editor of the English Heritage series, Played in Britain – takes us on a lively tour of the boathouses, bridges, pubs, embankments and landmarks that line the course, intertwining architecture with sporting, social and urban history, with a bit of Michael Jackson and AP Herbert thrown in for good measure.

In return, Simon will demand a definitive answer to that most elusive of questions - where exactly are the Chiswick Steps?

Signed copies of Simon Inglis's latest book, Played in London, will be on sale at the event at a special discount price.

Doors open at 7pm and the illustrated talk will start at 7.30pm. Tickets are £3, or free to members of the Chiswick Pier Trust. Refreshments and signed copies of the book will be available to purchase.

For further information on the Pier and how to get there, contact the Chiswick Pier Trust 020 8742 2713, follow us on Twitter @ChiswickPier or visit www.chiswickpier.org.uk.

'May Morris: A Daughter's Story' - lecture by Alan Crawford

Thursday 26th January 7.00pm at St Nicholas Church

On Thursday January 26 at 7.00pm the Friends of St Nicholas Church present a lecture by Alan Crawford on 'May Morris: A Daughter's Story'. Alan Crawford is one of the foremost Arts & Crafts scholars in the UK. He writes:

'May Morris was a skilful embroiderer and jeweller and she lived for much of her life beside the river in Hammersmith, first with her parents at Kelmscott House on Hammersmith Mall, and then at 8 Hammersmith Terrace, alongside a whole galaxy of Arts and Crafts designers.

It is often said that May was overshadowed by her more famous father, William Morris, as if they were rivals in reputation. This lecture is written in a different spirit, and will explore the deep love and dependence between them.'

The lecture is free to Friends of St Nicholas Church. Entrance for others is £7 (£5 concessions). Doors open at 6.30pm when refreshments will be available.

AIR POLLUTION TRAFFIC & OUR HEALTH

..... PUBLIC MEETING

Air Quality Brentford* invites you to hear from the experts:

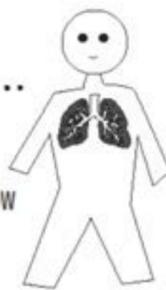
Professor Frank Kelly
Professor of Environmental Health at King's College, London

Caroline Russell
London Assembly Member
Spokesperson for Transport, Green Party

Ruth Cadbury
MP for Brentford & Isleworth

Tuesday 17 January 2017
7.30pm - 9.30pm

Brentford Free Church, Boston Manor Road TW8 8DW
(next door to Brentford School for Girls)
Everyone welcome, free admission



*Air Quality Brentford is a voluntary group of local Brentford residents helping to improve air quality. Email us: airqualitybrentford@hotmail.com, facebook: Air Quality Brentford, twitter: @agbrentford

JUST FOR FUN

CROSSWORD

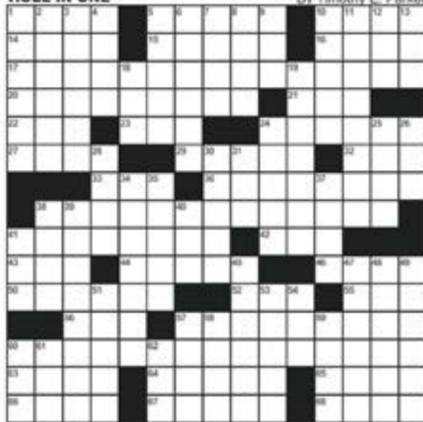
ACROSS

- 1) Shower alternative
- 5) Identify a caller
- 10) "Clueless" catchphrase
- 14) Largest continent
- 15) Refute with evidence
- 16) Nevada gambling mecca
- 17) Kit and caboodle
- 20) Keyboard neighbors
- 21) Jersey reply
- 22) Dada artist Jean
- 23) Had a conference
- 24) Main arteries
- 27) Fledgling's place
- 29) Make legislation
- 32) Maria (coffee liqueur)
- 33) Volcanic emission
- 36) To the full extent
- 38) They may let out some steam
- 41) Became overcast
- 42) Color that makes one stop
- 43) Yodeler's perch
- 44) Slightest amount
- 46) Big event for baby
- 50) Way to be jealous or interested
- 52) Org. for attorneys
- 55) Dir. opposite WSW
- 56) ... step further
- 57) It's blank for a bluff
- 60) Reason to watch what one eats
- 63) Hodgepodge
- 64) Not yet used, as a match
- 65) "I'd be happy to!"
- 66) Beam with pride
- 67) Lima and green
- 68) Drove 90 (instead of 55)

DOWN

- 1) The Caped Crusader
- 2) On terra firma
- 3) Traffic jams
- 4) Hcm's partners
- 5) Overused theme
- 6) Make a meaningful connection
- 7) Slumbering
- 8) Utter a few choice words
- 9) Ordinal suffix
- 10) Shady retreat
- 11) Abalone eater
- 12) Hotel relative
- 13) Poor visibility cause
- 18) Skirt bottom
- 19) Expressive
- 24) Person in a cast
- 25) Is sick
- 26) Make a statement
- 28) Fish holder
- 30) Requirements
- 31) Nelson Mandela's org.
- 34) Thin varnish
- 35) Treat for a bear
- 37) Wines for beef
- 38) Masculine one
- 39) Pianist's challenge
- 40) Place for sheep
- 41) North or South state abbr.
- 45) Provide lodging for
- 47) Rip to shreds
- 48) Concert hall cry
- 49) Deprived of coats?
- 51) Opposite of "in every way"
- 53) Surpasses
- 54) Museum display
- 57) Type of combread
- 58) Highly spiced stew
- 59) Come clean (with "up")
- 60) Take the lion's share
- 61) Beastie Boys album "Communication"
- 62) Wheel center

HOLE IN ONE

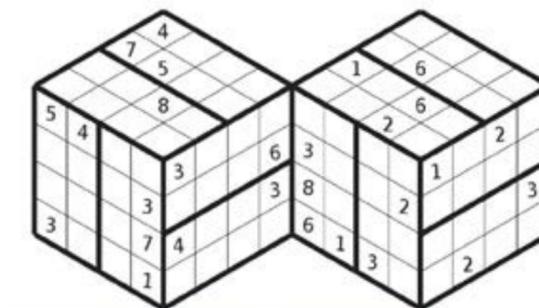
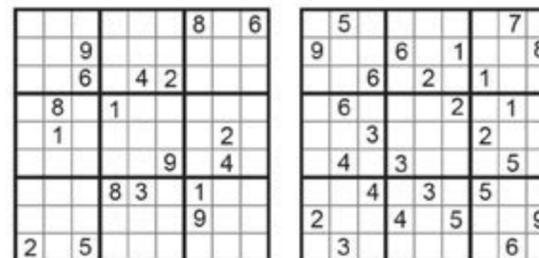


By Timothy E. Parker

For Solution visit chiswickherald.co.uk/crossword

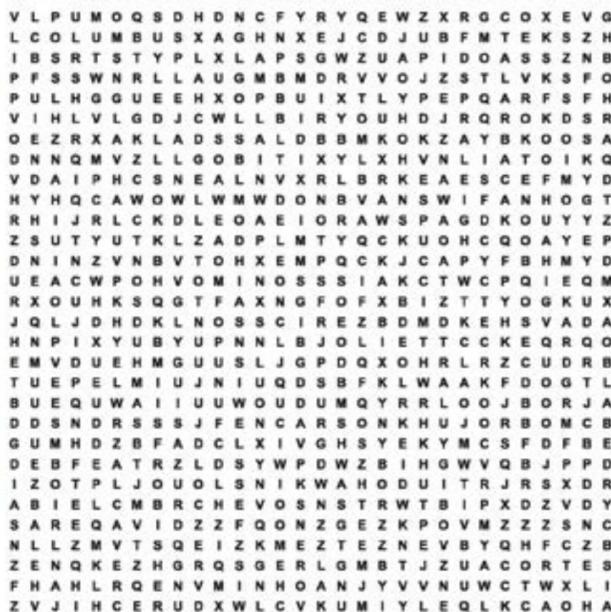
SUDOKU

The grid is divided into nine blocks, each containing nine squares. The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.



WORD SEARCH

FAMOUS EXPLORERS



FIND THESE FAMOUS EXPLORERS

- | | | | | | |
|----------|---------|-----------|-----------|----------|----------|
| COLTER | POWELL | HAWKINS | JOLIET | MAGELLAN | CABRILLO |
| CARSON | BRIDGER | CABRAL | DELEON | BOONE | CROCKETT |
| ERICSSON | COOK | CHAMPLAIN | COLUMBUS | DAGAMA | |
| DRAKE | LEWIS | CABOT | RALEIGH | DIAS | |
| CARTIER | CLARK | LASALLE | FROBISHER | DESOTO | |
| VESPUCCI | POLO | HUDSON | CORTES | DEBALBOA | |

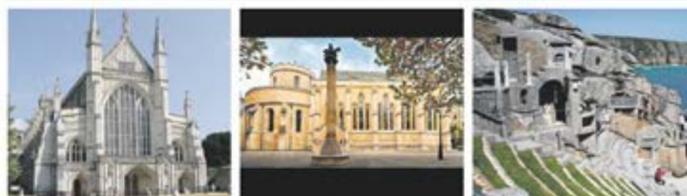
FAMOUS FACES - GUESS WHO?

(solutions below)



WORLD PLACES - GUESS WHERE?

(solutions below)



the GUNNERSBURG
chiswick
10% OFF ALL FOOD
WITH THIS VOUCHER
590 Chiswick High Road
Call 020 8742 7466

TOP HAT CLEANERS
Chiswick 020 8995 9813
FAMOUS FACES SOLUTIONS
Daily Parties, Taylor Swift, Madonna
WORLD PLACES SOLUTIONS
Westminster Cathedral, Temple Church London, Meash Theatre

TRADES

WINDOWS

DOORS & CONSERVATORIES

UPVc | BI FOLD DOORS | TIMBER FRAMES



UNBEATABLE PRICES

NO OBLIGATION QUOTE | WORK GUARANTEED

TEL RICHARD ON 07748 967 824

PAINTER & DECORATOR

OVER 30 YEARS EXPERIENCE

Substantial Chiswick client base
TIDY & PROFESSIONAL

Call Gary on 020 3623 0567

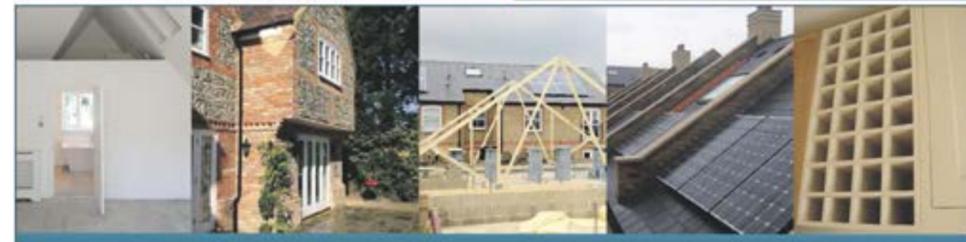
LOCKSMITH

NO CALL OUT CHARGE

24 HOUR SERVICE

EMERGENCY KEY CUTTING

Expert Locksmith
Call 07977 432 111



Bespoke design, individual finish

Rose Line Construction Ltd undertakes most aspects of the building process. We pride ourselves on understanding our clients and working hand-in-hand with our partners to produce the best results in new builds, refurbishments and all types of building conversions.

Rose Line has many years experience in the building sector gained within the most desirable parts of London.



ROSE LINE CONSTRUCTION LTD
LOFT CONVERSIONS-REFURBISHMENTS-EXTENSIONS
0208 893 83 89
www.roselineld.com

KEW PLASTERING SERVICES

ALL ASPECTS OF PLASTERING WORK UNDERTAKEN - FREE NO OBLIGATION QUOTES

CLEAN, QUICK AND RELIABLE - CALL 07748 982 917

WANT TO ADVERTISIE YOUR SERVICES ON THESE PAGES?
CALL 020 3623 0567 or email advertising@chiswickherald.co.uk

Got a news story, event or notice? email newsdesk@chiswickherald.co.uk or call 020 3623 0567

Business Services

• **ACF**
Business finance. Contact ACF for a free no-obligation quote on selling your trade invoice today: **07800 862499 / 0208 987 0429** (evening calls or weekends welcome) info@appliedcorporatetechnology.co.uk

• **P DONOVAN LTD BUILDERS**
Local building company with over 25 years experience in the trade.
P.Donovan Ltd, 2 Evelyn Rd, W4. 0208 994- 4917 donovan438@btinternet.com www.pdonovanltd.co.uk

BOOK KEEPER AVAILABLE

All general book keeping. Proficient with Sage and Quick Books excel etc. **£20 per hour. 07748 982 917**

Cleaning Services

• **FLOWER MAID**
Based in West London's Chiswick offering a wide range of (regular and one-off cleaning services) including:
• house cleaning
• spring cleaning
• tenancy cleaning
• builders cleaning
• carpet and window cleaning
www.flowermaid.co.uk 020 7117 6217

• **DOMESTIC CLEANERS**
All aspects of domestic cleaning undertaken. Hourly and day rates. **07748 982 917**

MITE KILLERS

Mite Killers Ltd will provide you with the most comprehensive cleaning service carried out by fully trained, insured and experienced experts.
07736 901 444 info@mitekillers.co.uk www.mitekillers.co.uk

Construction & Building Services

• **RICHARD WILLIAMS - BUILDER**
Loft conversions, extensions, kitchens, basement refurbishment and construction Based in Kew - **07748 967 824**

W&M BUILDING AND DECORATING

We are a building and decorating company that offer a comprehensive building service for everybody.
07899650348 telephone/fax: **020 8833 7087** info@wmbuilding.co.uk www.wmbuilding.co.uk

CONCEPT BESPOKE INTERIORS

Concept House, 33 Colville Road, London, W3 8BL
t. 0208 994 4118 0208 994 9989 www.concept-bespoke-interiors.co.uk

BEST BUILDERS FAUCONBERG

Court, Fauconberg Road, London, W4 3JQ **020 8987 2773**

LEVELINE BUILDERS

5 Devonshire Road, London, W4 2EU **020 8992 2909**

• **ART PROPERTY RENOVATIONS**
Grove Park Studios, 188-192 Sutt, Chiswick, London, W4 3HR **0844 656 0982**

TAW ENGINEERING LTD

38 Sutton Court Road, London, W4 4NJ **020 8995 5438**

MARKSTONE CONSTRUCTION UK LTD

Unit 6 Greenock Road, London, W3 8DU **020 8740 8060**

Damp Proofing/ Treatment

• **DAMP PROOFING AND BASEMENT WATER PROOFING**
Damp Proofing, Rising Damp, Basement Water-proofing, Condensation Control, Woodworm Treatments and Property Preservation. For an inspection, assessment and estimate call Richard **07748 967 824**

Dry Cleaners

• **HALINAS TAILORING & DRY CLEANERS**
Alterations & Repairs, dry cleaning, Relining, Zip replacement, Curtains & Ventian blinds, fitting room, shoe repairs. 188B Acton Lane, Chiswick, W4 5DL **020 8995 8725 halinkosa89@googlemail.com**

IL GIARDINO

Garden Design and maintenance. General garden work. **CALL ENRICO 020 8578 2424 / 07803 211 935**

URBANSAPING UK

Garden Design, landscaping and maintenance. Yorks Yard, 12A Sutton Lane North, Chiswick, London, W4 4LD **office@urbanscapinguk.com 020 8995 5777**

THE PRESS GANG DRY CLEANERS IN CHISWICK

3-4 Fromows Corner, London, Greater London W4 4HA **020 8742 3244**

THE AMERICAN DRY CLEANING COMPANY

5 Grove Park Rd, London, Greater London W4 3RS **020 8742 3333**

TOP HAT DRY CLEANERS

Opened in 1968 and remain a family run business to this day
20 Devonshire Road, Chiswick W4 2HD **www.tophatchiswick.co.uk 020 8995 9813**

RA ELECTRICAL SERVICES

Domestic & Commercial Installations. Bespoke Installations & Design Additions & Alternations. Maintenance Data & Internet HD. Wireless Music Systems.
07725181907 raeservices@live.co.uk

STEVE BISHOP ELECTRICAL

90 Mallinson Road, London SW11 1BN **020 7924 1421 07866 724718 steve@swbishop.co.uk www.swbishop.co.uk**

HENNESSY ELECTRICAL SERVICES

Full domestic Electrical registered. General repairs. **07951 956 047**

IAK ELECTRICIANS & PLUMBERS

www.iakelectricians.co.uk 07849 059999

NURSE ELECTRICIANS

36 Weymouth Avenue, London, W5 4SB **020 8567 6163**

• **T C S ELECTRICALS**
145 Bentworth Road, London, W12 7AB **07713 417 427**

Gardening Services

• **AREEN DESIGN SERVICES LTD**
147 Chiswick High Road, London, W4 2DT **020 8994 9296**

• **CHANGE THAT ROOM**
478 Chiswick High Road, London, W4 5TT **020 8994 9993**

THE SAFFA GARDENER

Call Craig: **07737 216660 thesaffagardener@hotmail.com**

THE CHISWICK GARDENER

30 Hartington Court Hartington R, London, W4 3TT **07771 998777**

ABOVE THE EARTH LTD

37 Valetta Road, London, W3 7TQ **0800 2792156**

Thames Landscaping

Projects range from a basic lawn, to the full garden design and construction.
John@Thameslandscaping.co.uk 07958 615 461

Estate Agents & Property Management

ASPIRE PROPERTY MANAGEMENT

We have a broad portfolio of properties across Surrey and Middlesex with landlords in Chiswick, Kew and Hampton.
07748 982 917

Graphic Design

WEST 4 MEDIA

Design, Development & all things Web.
07748962693 info@west4media.co.uk www.west4media.co.uk

GRAPHIC DESIGNER - PRINT & WEB

Freelance graphic designer. From £35 per piece of artwork - includes unlimited amendments until you are happy. £10 amendment thereafter.
pwgraphics@live.co.uk

Interior Design

CONCEPT BESPOKE INTERIORS

Concept House, 33 Colville Road, London, W3 8BL **0208 994 4118 0208 994 9989 www.concept-bespoke-interiors.co.uk**

• **HELEN REED DESIGNS**
478 Chiswick High Road, London, W4 5TT **020 8994 9993**

AREEN DESIGN SERVICES LTD

147 Chiswick High Road, London, W4 2DT **020 8994 9296**

• **CHANGE THAT ROOM**
478 Chiswick High Road, London, W4 5TT **020 8994 9993**

MCPARTLIN PLASTERING

Ciaran McPartlin, 104 Avalon Road, Ealing, London W13 0BW **020 8998-3455 07958 465303 ciaran@mcpartlin-plastering.co.uk**

WEST LONDON PLASTERING

3 Devonshire Mews W4 2HA **07953 533 329**

WILLIAM NICKERSON ARCHITECTURAL & INTERIOR DESIGN

9 Goldhawk Mews, London, W12 8PA **020 8749 7900**

Painters & Decorators

BULGER WICKS DECORATING

Based in W4 **020 8994 4455**

JCK PAINTING AND DECORATING

Chiswick **07868738743**

AG Interiors

020 8994 6664

JTW CONTRACTORS - Painting contractors London

The Lightbox, Unit 1.20, 111 Power Road, London, W4 5PY **020 7940 4790**

C P SCOTT DECORATING & PROPERTY MAINTENANCE

020 87474073

YOUR LOCAL PAINTER & DECORATOR

Isleworth 15 The Maltings, Spring Grove Kew Bridge, London, W4 3NH **020 8560 3701**

CHISWICK PAINTER AND DECORATOR

Chiswick **07748 982 917**

SCOTT ACKROYD PAINTER & DECORATOR

Interior & Exterior **020 87471278 07779 738396 ackroyd.scott@googlemail.com**

Plastering Services

KEW PLASTERING SERVICES

All aspects of plastering. We have worked on listed buildings. No obligation quotes. **Call Richard on 07748 967 824**

REDDY EDDY SPECIALIST PLASTERING AND RE-MOULDING.

Interior and exterior. **020 8560 6782**

MCPARTLIN PLASTERING

Ciaran McPartlin, 104 Avalon Road, Ealing, London W13 0BW **020 8998-3455 07958 465303 ciaran@mcpartlin-plastering.co.uk**

WEST LONDON PLASTERING

3 Devonshire Mews W4 2HA **07953 533 329**

LONDON TOP PLASTERING

07852 216416

CS Interiors

020 8813 0459

SURFACE SOLUTIONS PLASTERING

In Plastering and Related Building Services. Flat 16 The Towers, Lower Mortlake Road, Richmond, TW9 2JR **07989 429882**

• **C P C UK LTD PLASTERING**
020 8568 8787

TOP-NOTCH PLASTERING

16 Ravenscourt Road, Hammersmith, W6 0UG **07769 586 116**

E N PLASTERING

Upper Richmond Road West, London, W14 7NX **0870 7653943**

Plumbing & Heating

PLUMBER AT YOUR RESCUE

11a Chiswick High Road, London, W4 4PU **020 8842 0814**

MY PLUMBER

Grove Park Studios, 188-192 Sutton Court Road, London, W4 3HR **020 8996 2930**

W4 Plumber

18 Stile Hall Gardens, London, W4 3BU **020 3348 8096**

MY PLUMBER LTD

3 Brentford Business Park, Commerce Road, Brentford, TW8 8LG **Telephone 020 3078 5920**

CHISWICK PLUMBING AND HEATING

54 Wellesley Road, Chiswick, W4 4AD **0203 051 6052**

CHISWICK PLUMBERS

566 Chiswick High Road, W4 5YA **0203 051 6052**

• **MECHANICAL & ROOFING SERVICES LTD**
8 Greenock Road, London, W3 8DU **020 8896 3483**

THE LONDON PROPERTY REPAIRS CO

The Barley Mow Centre, 10 Barley Mow Passage, Chiswick, W4 4PH **0844 800 5775**

CHISWICK PLUMBING

64 Southfield Road, London, W4 1BD **020 8994 016**

J RP SKINNER

2 Winston Walk, London, W4 5SN **020 89954135**

MAGICAL PLUMBER

Flat 19 Abinger Court, 36 Gordon Road, LONDON, W5 2AF **07835083119**

Tiling Services

SPOT ON TILERS

10 Barley Mow Passage, London, W4 4PH **020 89876099**

ZAIN IN STONE LTD

130 Hammersmith Road, London, W6 7JP **020 8846 9635**

A1 TILER

Upper Richmond Road West, London, SW14 7NX **0870 7653943**

PW TILING SERVICES

Servicing Brentford, Chiswick, Kew and Richmond **07748 982 917**

Tuition

HARRIET ROBERTS VOCAL COACHING IN CHISWICK

Classes are running on Mondays after school at Strand on The Green School from 3:30 - 4:30 for 8 weeks for pupils of Strand £10 per lesson but the whole course must be booked in advance £80.00 Harriet also welcomes adults and non-Strand pupils for private lessons £25.00 for 45 mins.
hkrmusic@googlemail.com 07796990745

DRUM TUITION

£35 per hour, £20 per half hour. Basics to advanced. **drumw4@gmail.com 07748 982 917**

Roofing

ROOFING THE WRIGHT WAY

07714745395 /02035653423 roofingthewrightway@yahoo.co.uk

MCDONALD ROOFING

020 8896 1117 020 8896 1118
Fax: **020 8896 1119 enquiries@mcDonald-roofing.co.uk**

RESTORATION WINDOWS & CONSERVATORIES

Unit 7 Roslin Square, London, W3 8DH **020 87421122**

RANKCOURT ROOFING CONTRACTORS

56a Kewbridge Road, TW8 0EW **020 8568 4588**

P & J ROOFING & BUILDING CONTRACTORS LTD

35 Colville Road, W3 8BL **020 8993 7700**

CASTLE ROOFING & BUILDING SERVICES

146-148 Sheen Road, Richmond, TW9 1UU **020 8940 0923**

APOLLO ROOFING

Flat 8 Manor House, Manor Vale, Brentford, TW8 9JB **020 8896 3789**

GREENE ROOFING

67 Greyhound Road, London, W6 8NH **020 7381 2950**

Windows

WILLIAMS WINDOW FITTERS AND CONSERVATORIES

Based in Chiswick **07748 967 824**

TIMBER SASH WINDOWS

12 Wood close, Chiswick, W4 1AR **020 8563 1265**

SASH WINDOW SPECIALISTS

1 Castlebar Road, LONDON, W5 2DL **07957 699 056**

WOOD WINDOWS RESTORATION LTD

Arch A, The Ham, Brentford, TW8 8EX **020 8587 1477**

SPORT

QPR SIGN LUALUA ON LOAN

QPR have completed the loan signing of Brighton & Hove Albion attacker Kazenga LuaLua. The 26 year-old Congolese winger has put pen to paper on a loan deal until the end of the season.

Ian Holloway welcomed the arrival of his first signing since returning to QPR as manager, commenting: "To get someone of Kazenga's ability in is just what we need at this time.

"I think he gives us something we're missing. He's got pace; he can beat his man; and he has experience of playing at this level. This is a good loan deal for us and a fantastic opportunity for me to work with someone I really rate highly."

LuaLua, who has seen his game-time restricted to just six appearances this season owing to a minor knee surgery which sidelined him for six weeks, is relishing the opportunity of pulling on the R's jersey.

"I'm very excited to be here. I'm looking forward to getting out on the pitch and helping QPR push on in the second half of the season. I'm here to help the team and enjoy my football.

"The manager has made it clear what he wants from me. He's a good manager and once he showed his interest in me, the first thing on my mind was to get the deal done. I just want to come in, prove my worth and hopefully please the fans with my performances."



WEST HAM MAKE A THIRD BID WORTH £12M FOR BRENTFORD STRIKER SCOTT HOGAN



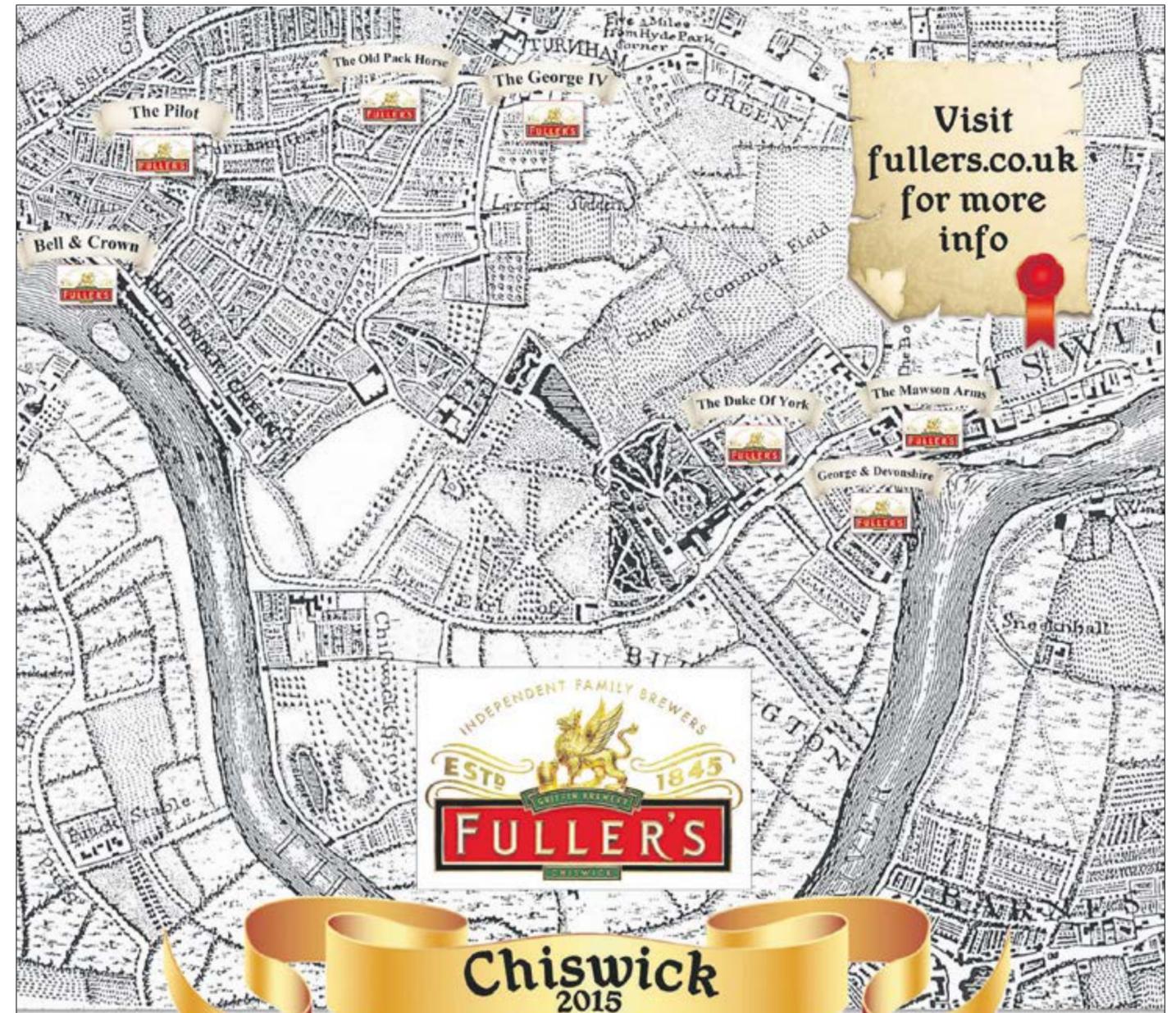
West Ham have made a third bid for Brentford striker Scott Hogan, according to Sky Sports.

The Hammers had a second offer of £10m for the 24-year-old turned down on 5 January and the latest bid is believed to be worth up to £12m. The Championship club value Hogan at £15m and talks are on-going.

Hogan has 18 months left on his current contract at Brentford and is willing to leave in January in order to secure Premier League football.

The 24-year-old is valued at around £15m by the Sky Bet Championship club and Sky sources revealed on Monday that Bundesliga side RB Leipzig were also interested in signing him.

Hogan, who joined Brentford from Rochdale in a £750,000 deal in 2014, has scored 14 goals in 26 appearances this season. Rochdale have a sell-on clause of 30 per cent as part of the deal that took him to Griffin Park.



Like our pubs? Then visit Chiswick's best kept secret The Fuller's Brewery Tour

SPORT

BRENTFORD SIGN BRAZIL WORLD CUP WINNER GARRINCHA'S GRANDSON



Championship side Brentford have signed the grandson of Brazilian World Cup winner Garrincha for their B team.

Swedish youth international Henke Johansson, a winger, has signed a two-and-a-half-year deal at Griffin Park.

The 18-year-old turned down a new deal with Halmstads in his homeland to make the move and transfers for an undisclosed fee.

Brentford head of football operations Robert Rowan said: "I am delighted we have added Henrik to our group.

"He's had a good couple of years in Sweden at club and international level, which initially brought him to our attention.

"We invited him to train with us in December for a few days where he really impressed the technical staff. Henrik is a wide attacker who is intelligent in possession, quick, direct and a good finisher.

"There are areas that the staff and Henrik will need to work on in order for him to further his development and they will plan that with him in the coming weeks."

Johansson will hope he can go on to enjoy something reminiscent of the success his grandfather had during his playing career.

Winning 50 caps for Brazil, he was part of the team which won the World Cup in Sweden in 1958 then retained it four years later in Chile.

LONDON DAMP TREATMENT

Damp Proofing & Basement Waterproofing

t: 020 3623 0567 or 07748 967 924